Scan to view this route on the OS Maps app

Country, field and lane walk

Distance: 4.4 miles (7.1 km) Ascent: 37m

Time: Allow 1h 45m to 2h 45m

Map: OS Explorer 1:25k (266) Wirral & Chester / Caer

Start/Finish: OS Locate SJ 451 721 What3Words ///routs.mock.chairing

A gentle walk taking in fields and country lanes. From the hostel driveway turn left onto Ince Lane, right along the main road and right onto Hassals lane. Follow the lane to Gowy Woodland Park. Take the path through the trees, head down the steps to the footbridge. Cross the footbridge (large steps on both sides). Follow the river bank under pylons, turn left and follow parallel to the pylons to a second bridge. Continue to a stile in the left corner which is not immediately visible. Follow a clear, signed, path to the road. Turn left along Picton Lane, left onto The Street, left onto the main road at Mickel Trafford and left onto Ince Lane back to the hostel.

#### Hazards

Caution required on the road section, no footpath alongside Picton Lane. Long section along main road, with footpath. Large steps of 50cm both sides of first footbridge. Animals in fields.

#### Accessibility

There are stiles and steps on the route and paths and gates less than one metre wide. The footpath on Ince Lane is narrowed



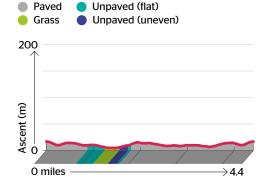
in places by vegetation and overhanging branches.

#### **Navigation**

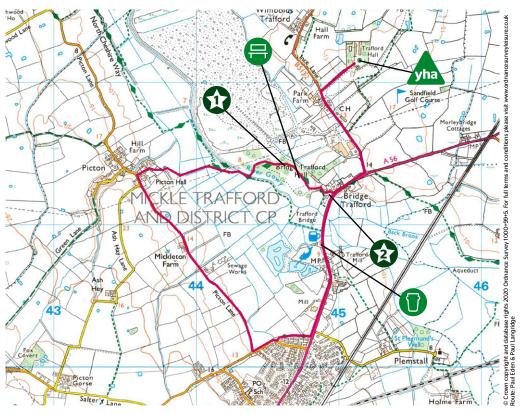
Take the OS map or download the OS map app to help navigate as some paths are not clear and not clearly sign posted.

#### Terrain

Mostly tarmac or payed, some paths in the park are unpaved but flat and long stretches of grass which is uneven in places and likely to be muddy after rain.



This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for a map or the OS Maps app to navigate your walk safely.





### Points of interest (see map)

1 Gowy Woodland Park 2 water pump in hedge to right of Neptunes.







Facilities (see map)

Food, drink and toilets available at the YHA. Pub on the main road by Trafford Bridge.



Seats in Gowy Park (see map)



Not wheelchair accessible



Not a touch free route



Not pushchair accessible



Stiles on route



# Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks — an easy, moderate, and more challenging option. They have all been graded — the higher the grade, the more challenging the route.

#### Before you go:

- Check the weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate or What Three Words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).

**In case of emergency** call 999 (or text 999 if pre-registered) and use OS Locate or What3words to provide a detailed description of your location.

For more information please go to www.yha.org.uk/walks

Share your walks at #yhawalks

If you encounter problems with this route contact walking@yha.org.uk



Scan to shop for OS maps online osmaps.com/yha

# **Countryside Code**

#### **Respect everyone**

- Be considerate to those living in, working in and enjoying the countryside.
- · Leave gates and property as you find them.
- Do not block access to gateways or driveways when parking.
- Be nice, say hello, share the space.
- Follow local signs and keep to marked paths unless wider access is available.

#### Hazards

- Take extra care and stay alert where a right of way crosses a railway line.
- When walking on a road without a pavement keep to the right-hand side, so that you can see oncoming traffic. Keep close to the side of the road, and walk in single file if necessary. It may be safer to cross the road well before a sharp right-hand bend so that oncoming traffic has a better chance of seeing you. Cross back after the bend.
- Give wild animals, livestock and horses plenty of space.

#### **Protect the environment**

- Take your litter home leave no trace of your visit.
- Do not light fires and only have BBQs where signs say you can.
- Always keep dogs under control and in sight.
- Dog poo bag it and bin it any public waste bin will do.
- Care for nature do not cause damage or disturbance.

#### **Enjoy the outdoors**

- Check your route and local conditions.
- Plan your adventure know what to expect and what you can do.
- Enjoy your visit, have fun, make a memory.

# What to wear

- Comfortable clothing suitable for the conditions.
- Use several layers, so you can add and remove clothing to regulate your temperature.
- · Extra warm clothes in case it gets colder.
- Hat, gloves and scarf.
- · Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- · Cushioning comfy socks.
- Comfortable well fitting trainers, walking shoes or boots.

# Kit

- Map and compass.
- · Water, lunch and snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Torch and spare batteries.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

#### You might also want to take

- Picnic blanket.
- Waterproof baseball cap, if you wear glasses.
- Walking poles.
- · Tissues and hand sanitiser.