

# 259

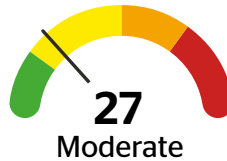
**YHA Wasdale Hall** [Book your stay now](#)

# Nether Wasdale

## Countryside walk

**Distance:** 3.6 miles (5.8km) **Ascent:** 78m (256ft)

**Time:** Allow 1h 30m to 2h 30m



**Map:** OS Explorer 1:25k (OL6) English Lakes – South-western area

**Start/Finish:** OS Locate NY 144 044 **what3words** ///rails.assorted.scatters

This walk strolls through the former estate of Wasdale Hall and the stunning Lake District countryside. From the hostel cross the lawn to the lakeside and turn right. Follow the waterside path around Low Wood and turn left to cross a small bridge. Take the path ahead and across fields to a farm road.

Turn right, head through Eastwaite Farm and continue to the road. Turn right, cross Cinderdale Bridge and continue on the road ahead. At the T junction turn left if you wish to visit Nether Wasdale, then return to this point. Otherwise take the bridleway ahead and to the right, beside the stream. Pass Mill Place, bear right to Scale and turn right to Scale Bridge. Turn left onto another bridleway, follow this past Ashness How and bear right at the fork – as indicated by a sign and yellow dots on rocks. Continue to a corner in the wall and a gate. Go through the gate and follow the path to the road. Turn left and shortly after turn right through a small gate into the hostel grounds and back to the hostel.

## Hazards

Caution on the road sections without pavements. Take care near the water. May be livestock in fields.

## Accessibility

There are stiles and steps on the route and gates and paths less than one metre wide. The terrain is a mixture of tarmac, grass and gravel path and includes some rough paths with ruts or stones exceeding 10cm.

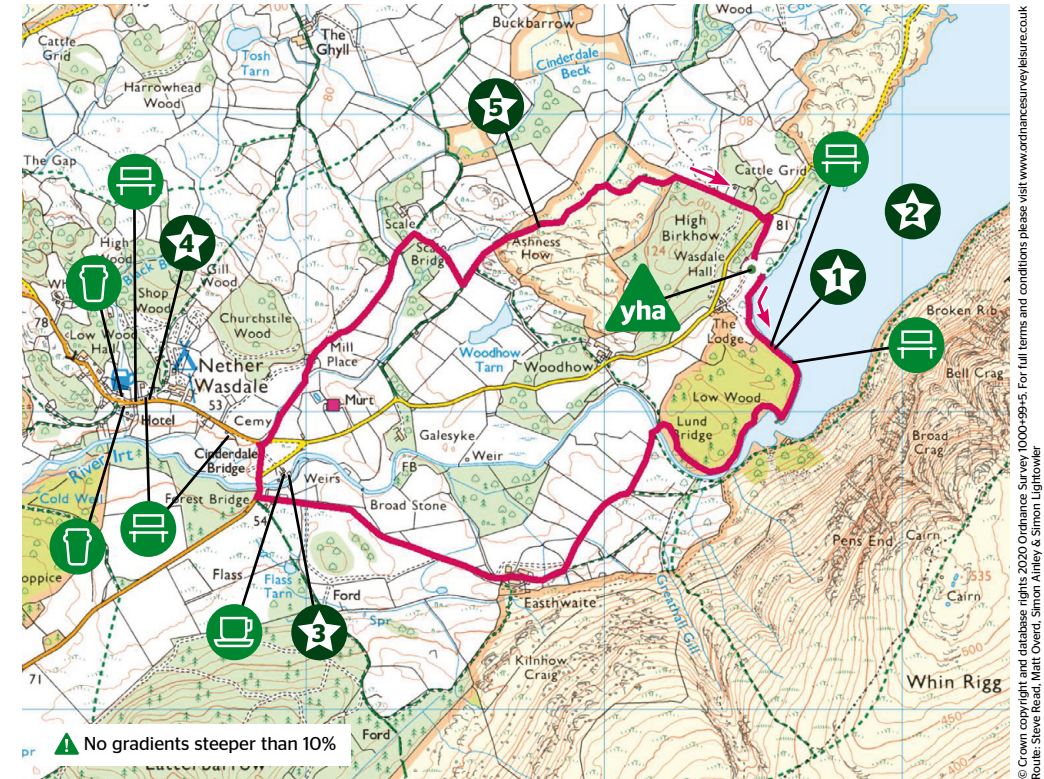
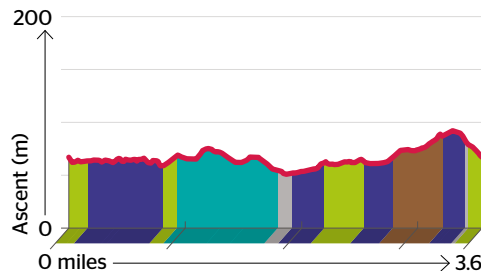
## Navigation

Following obvious paths and roads or trodden rights of way through fields. Rights of way are well signposted.

## Terrain

Mostly good paths with some tarmac roads and grass paths through fields. Uneven in places with some rocks and tree roots.

- Grass
- Unpaved (uneven)
- Unpaved (flat)
- Paved
- Muddy



## ★ Points of interest (see map)

A gentle route through this stunning landscape. **1** Iconic views to Great Gable. **2** Wast Water is England's deepest lake. **3** Sawmill Café is in an old mill with some original workings visible. **4** Maypole built to celebrate the golden jubilee of Queen Victoria. **5** Views of the slopes of Buckbarrow.

## 🚻 Facilities (see map)

Café near Cinderdale Bridge. Pubs 500m from the route along the road in Nether Wasdale.

## 🪑 Seats on route (see map)

**Not wheelchair accessible**

**Not a touch free route**

**Not pushchair accessible**

**Not stile free**

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

© Crown copyright and database rights 2020 Ordnance Survey 100005945. For full terms and conditions please visit www.ordnancesurvey.co.uk Route: Steve Read, Matt Overd, Simon Almey & Simon Lightowler



Thank you for choosing to walk from our hostel.  
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

### Before you go:

- Check the local weather forecast ([metoffice.gov.uk](http://metoffice.gov.uk)).
- Check the tide times for coastal routes ([tidetimes.org.uk](http://tidetimes.org.uk)).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) ([relayuk.bt.com/emergencysms](http://relayuk.bt.com/emergencysms)).
- For further information on how to stay safe visit [adventuresmart.uk](http://adventuresmart.uk)

**In case of emergency** call 999 (or text 999 if pre-registered) and use OS Locate or what3words to provide a detailed description of your location.

**For more walks or information on route grading and timings go to [yha.org.uk/walks](http://yha.org.uk/walks)**

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)



Scan or click to shop  
for OS maps online  
[osmaps.com/yha](http://osmaps.com/yha)

Share your walks



## Countryside Code

### Respect everyone

- Be considerate to those living in, working in and enjoying the countryside.
- Leave gates and property as you find them.
- Do not block access to gateways or driveways when parking.
- Be nice, say hello, share the space.
- Follow local signs and keep to marked paths unless wider access is available.

### Hazards

- Take extra care and stay alert where a right of way crosses a railway line.
- When walking on a road without a pavement keep to the right-hand side, so that you can see oncoming traffic. Keep close to the side of the road, and walk in single file if necessary. It may be safer to cross the road well before a sharp right-hand bend so that oncoming traffic has a better chance of seeing you. Cross back after the bend.
- Give wild animals, livestock and horses plenty of space.

### Protect the environment

- Take your litter home – leave no trace of your visit.
- Do not light fires and only have BBQs where signs say you can.
- Always keep dogs under control and in sight.
- Dog poo – bag it and bin it – any public waste bin will do.
- Care for nature – do not cause damage or disturbance.

### Enjoy the outdoors

- Check your route and local conditions.
- Plan your adventure – know what to expect and what you can do.
- Enjoy your visit, have fun, make a memory.

## What to wear

- Comfortable clothing suitable for the conditions.
- Use several layers, so you can add and remove clothing to regulate your temperature.
- Extra warm clothes in case it gets colder.
- Hat, gloves and scarf.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning comfy socks.
- Comfortable well fitting trainers, walking shoes or boots.

## Kit

- Map and compass.
- Water, lunch and snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Torch and spare batteries.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

## You might also want to take

- Picnic blanket.
- Waterproof baseball cap, if you wear glasses.
- Walking poles.
- Tissues and hand sanitiser.