

Coast and countryside walk

Distance: 11.5 miles (18.5km) **Ascent:** 349m (1,145ft)

Time: Allow 5h to 8h 30m

Map: OS Explorer 1:25k (OL27) North York Moors — Eastern area Start/Finish: OS Locate TA 026 907 what3words ///buddy.money.spike

A stunning walk along the coast and back along the old railway line. From the hostel bear left, cross the busy A165 onto a service road. Go through the gate and follow the path to the Coast Path. Turn left and follow the Coast Path to Hayburn Wyke. Turn right before the bridge across Hayburn Beck and down to the beach for the waterfall. Retrace your steps to the Coast Path and take the path inland to the Hayburn Wyke Inn. Join the Cinder Track, turn left and continue onto Lancaster Way in Scalby. Turn left onto Field Close Lane, right onto Station Road, left onto Chichester Close and bear right onto a footpath. Cross the beck and Newby Farm Road — twice. After the second time bear left, follow alongside the golf course and onto Hillcrest Avenue. Turn left onto Hillcrest Grove, right onto High Mill Drive and cross over Burniston Road and the grass to the footpath. Turn left, cross the bridge, then cross the A165 back to the hostel.

Moderate

Hazards

Caution when crossing roads, some are busy. Take care on the cliff section. Short section of rocky ground on the Coast Path after Salt Pans. Watch out for cyclists on the Cinder Track.

Accessibility

There are no stiles on the route. There are steps on the route and gates and paths less than one metre wide. The route includes sections of uneven terrain.

Points of interest

The view from the Coast Path is stunning and Hayburn Wyke waterfall is particularly picturesque. Great views from Long Nab. The Cinder Track is a pretty route through woodlands and countryside.

Facilities

No public toilets on the route. Nothing until the pub at Hayburn Wyke. Pubs a short detour in Cloughton. Pubs and a shop a short detour in Burniston. Toilets, pubs and food and drink a short detour in Scalby.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

Scan or click to view this route on the OS Maps App — also a route profile and GPX





Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks — an easy, moderate, and more challenging option. They have all been graded — the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- · Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop for OS maps online osmaps.com/yha



What to wear

- · Base layer and mid layer.
- Walking trousers.
- · Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- · Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- · Cushioning walking socks.
- · Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- · Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- · Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- · Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting.
 Use an emergency shelter or find a sheltered location.