

Scan or click to view this route on the OS Maps App — also a route profile and GPX

### Remote moorland walk

**Distance:** 15.6 miles (25.2km) **Ascent:** 784m (2,572ft) **Time:** Allow 8h to 9h 15m (caution slow walkers, may

Challenging

require over 13h)

Map: OS Explorer 1:25k (OL41) Forest of Bowland & Ribblesdale

Start/Finish: OS Locate SD 711 523 what3words ///remove.middle.scorpions

A long and challenging route through remote moorland. From the hostel turn right, then left at the war memorial. At the finger post on the left take the path uphill and across fields. Pass Shav House and follow the track to Croasdale House. Navigate carefully here, stay on the right bank of the stream and then follow yellow topped marker posts to reach the Hornby Road track. Follow the track for an uphill slog across the moor. After about three miles turn left to follow the field boundary and use this as a navigational handrail. Make slow progress across boggy ground on a faint path to reach the Trig point of Wolfhole Crag. Retrace your steps to a field boundary leading to the right and follow it across White Crag and down, steeply in places, to Whitendale, Cross the river and join the bridleway to Dunsop Head with more yellow topped markers to follow across the moor and navigate carefully around Wisket Hill. Leave the open access land past Burnside Cottage, navigate carefully through Laythams where the footpath goes through the grounds of the holiday cottages. Go around Parrock Head, turn right onto Wood House Lane into Slaidburn and to the hostel.

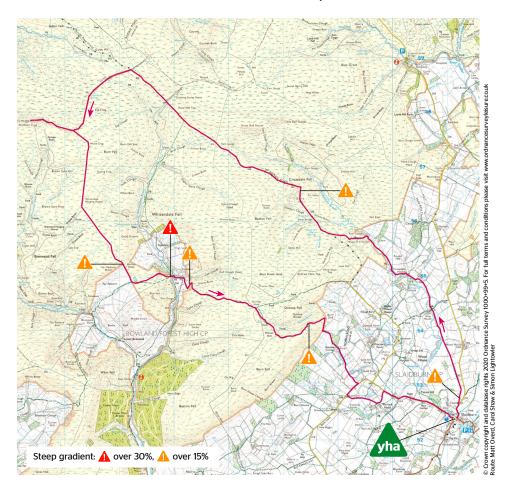
#### Hazards

This is an exposed route with sections across boggy moorland and some undefined paths - experienced navigators only. The route is remote and not well walked in places, you might not see another person all day. Mobile phone and internet signals are poor – download any digital maps you may rely on before you leave. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation. In winter conditions the route will become hazardous, especially if covered in snow and ice, and will require winter clothing and footwear. Caution on road sections without pavements. Cattle and sheep throughout. Numerous shooting butts which may make parts of the route inaccessible at times.

#### **Accessibility**

There are steps and stiles on the route and gates and paths less than one metre wide. Large sections of rough and boggy ground and undefined paths. The route can be reduced to about 12.5 miles by leaving Hornby Road near Hard Hill Top and following the path alongside Whitendale River to Whitendale.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



#### Points of interest

Brilliant isolation with no visible habitation for much of the route. Awesome views of the Lancashire Fells and Forest of Bowland. A variety of birdlife including hen harriers, peregrine falcons, gulls, oyster catchers, curlew, lapwing and chiffchaff. Look out for one of the Witches 400 tercets commemorating the 400th anniversary of the Lancashire Witches Trials.

#### **Facilities**

No facilities on the route. Toilets, shops, food and drink are available in Slaidburn.



# Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks — an easy, moderate, and more challenging option. They have all been graded — the higher the grade, the more challenging the route.

## Before you go:

- Check the local weather forecast (mwis.org.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- · Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps
  Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop for OS maps online osmaps.com/yha



## What to wear

- · Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- · Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- · Cushioning walking socks.
- Walking shoes or boots.

## Kit

- Map, compass and GPS device or OS Map app on your phone.
- · Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

## You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- · Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- · Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

# In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting.
   Use an emergency shelter or find a sheltered location.