

YHA Hathersage 250 Eastern Edges and Longshaw Estate

Challenging

Scan or click to view this route on the OS Maps App - also a route profile and GPX

Moor, edge and riverside walk

Distance: 13.5 miles (21.8km) Ascent: 517m (1.696ft) Time: Allow 6h 15m to 7h 15m (caution slow walkers, over 10h)

Map: OS Explorer 1:25k (OLO1) Peak District – Dark Peak area Start/Finish: OS Locate SK 227 814 what3words ///dame.boil.reflector

A great walk featuring popular gritstone edges of the Peak District and retuning through lowland meadows along the River Derwent. Turn left from the hostel and head into Hathersage. Turn right onto Station Road, then left onto Back Lane. Take the footpath signposted to the right, emerge onto Sheffield Road, turn left and take the footpath on the right. Follow the route uphill, which quickly becomes rutty and steep in places. Ascend to the left of Millstone Edge and continue past Mother Cap. Cross the A6187, pass the top of Padley Gorge, cross the B6521 and head through the National Trust's Longshaw Estate to the junction of the A625 and B6054. Take the track to White Edge Moor and continue over White Edge, which provides sweeping views. Turn right to Curbar Gap car park. Follow the path on the right of the car park and bear right to pass above Curbar Edge and on to Froggatt Edge. Follow the path down through Hay Wood and bear left to emerge at Grindleford. Follow the Derwent back to Hathersage, leave the footpath onto Castleton Road and turn right under the railway bridge back to the hostel.

Hazards

Caution on the road sections and when crossing roads. Care needed on steep descending ground which can be muddy in places after prolonged

rain. Stay well clear of steep cliff edges and drops. In winter, the route will become more hazardous, especially if covered in snow and ice, and will require winter clothing and footwear.

Accessibility

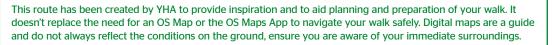
There are stiles, gates and paths less than one metre wide on route, steps exceeding 10cm and rough, uneven paths with ruts and stones exceeding 10cm. There is an accessible path and facilities at the National Trust Longshaw Estate.

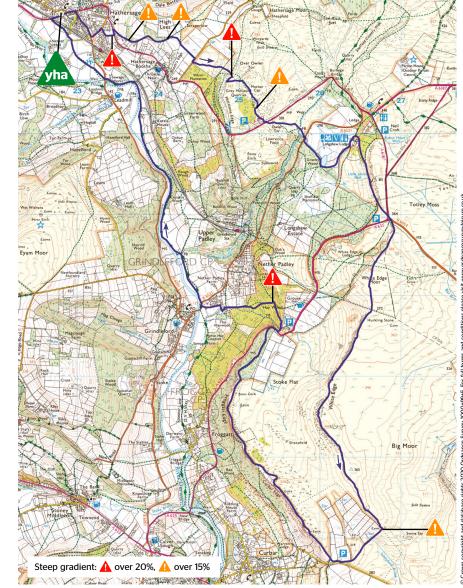
Points of interest

Sweeping views of the Peak District. Climbers found at crags along the route. Distinctive unused round millstones in situ where they were carved. Padley Gorge, the Longshaw Estate, diverse birdlife including curlew, dipper, wagtail and summer migrants.

Facilities

Mobile catering units regularly at car parks on A6187 and at Curbar Gap selling drinks, refreshments and ice creams. Two cafés in Grindleford and several pubs a short detour from the route, on the A625, in either direction on the B6521 at Grindleford and at Leadmill a short detour on the B6001 near Hathersage.







Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop for OS maps online osmaps.com/yha



What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered)
 and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.