

Distance: 13.8 miles (22.2km)

Ascent: 64m (210ft)

Time: Allow 5h 30m to 9h 30m

Start/Finish: OS Locate SE 589 528 **what3words** ///anyone.prom.craft



Facilities



Toilets at St George's Field car park, Rowntree Park, Nunnery Lane (come off the Walls at Micklegate Bar) and by Bootham Bar (short detour). Plenty of food and drink options in York, pubs, cafés and shop in Bishopthorpe. Pub in Acaster Malbis. Café in Rowntree Park.



Seats along the river, some along the footpaths and some on the city walls.

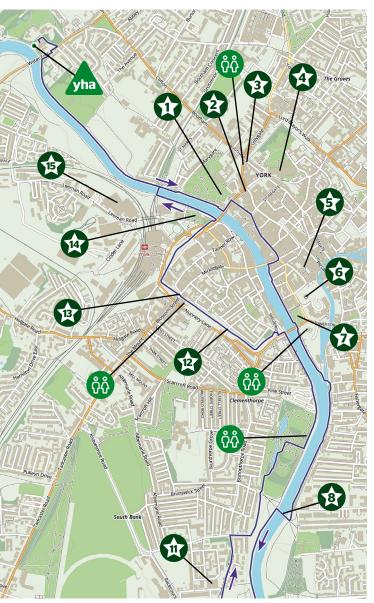


Not wheelchair accessible (steps)

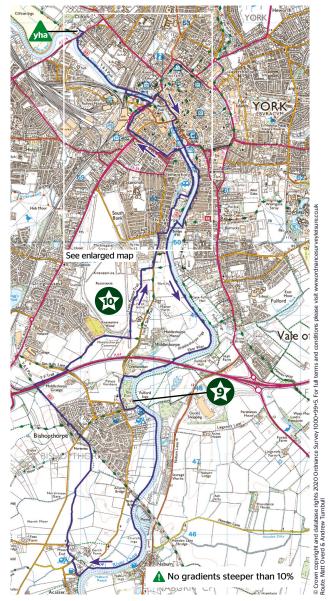


Not pushchair accessible (steps)

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



Scan or click to view this route on the OS Maps App — also a route profile and GPX





Thank you for choosing to walk from our hostel. We hope you have a great time.

Exploring the cities and towns of England and Wales is part of YHA's heritage. Our city hostels provide a base to wander through parks and streets and discover history, culture, sights and attractions.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks — of differing levels of difficulty. They have all been graded — the higher the grade, the more challenging the route.

Remember:

- Check the local weather forecast (metoffice.gov.uk).
- Wear the right clothing for the route and weather and shoes that you can easily walk in.
- Download the OS Locate and what3words apps to your phone.
- Be considerate in residential areas or places of work.
- Take care when crossing busy roads and look out for cyclists.
- Dispose of litter properly in bins.
- Dog poo bag it and bin it any public waste bin will do.
- Plan your adventure know what to expect and what you can do.

In case of emergency call 999 and use OS Locate or what3words to provide a detailed description of your location.

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk

Scan or click to shop for OS maps online osmaps.com/yha

Share your walks

(1) (1) (2) #YHAWalks

Route Summary

A great walk with river, retail, railway,

racecourse, Rowntree and ramparts! From the hostel driveway turn right and cross the road at the pedestrian crossing. Turn onto Government House Road and head downhill, beside the bridge, to the river. Turn left to walk alongside the river towards the city centre. Watch out for cyclists and take care next to the water. Do not walk this route if the river is flooded. Continue to the bridge with the five lions shield and head up the ramp. Turn right, cross the road and onto Lendal, continue to Coney Street, then Spurrier Gate and turn right onto Low Ousegate. Take the steps on the left before the bridge to the riverside. Follow the river then cross the Millennium Bridge. Turn left and continue along the river until the path meets Bishopthorpe Road. Turn left, then turn left onto Chantry Lane and back to the river. Turn right along the river until the path meets Acaster Lane. Turn left, turn right onto Hauling Lane, then take the footpath on the right and cross the caravan park. Turn right onto Darling Lane, left onto Cowper Lane and take the footpath on the right. Cross fields to a good track and turn left, joining the Trans Pennine Trail. Go under the bridge, head along Appleton Court and take the path along the old railway line. Pass under the A64, turn right, follow the path over Middlethorpe Common, turn left to pass alongside the racecourse and follow the path around to Bishopthorpe Road. Turn left, then turn right onto Reginald Grove, take the footpath to the green and turn left to Rowntree Park. Pass to the right of the lake, bear right and walk through the gardens to the river. Turn left to follow Terry Avenue and at the next bridge take the steps to Bishopgate Street. Cross the road, at Skeldergate join the city walls and follow them to Wellington Row. Head to the river, turn left, cross the footbridge next to Scarborough rail bridge. turn left and retrace the route to the hostel.

Accessibility

The route is a mixture of paved paths and road, rough tracks and grass paths through pasture — may be muddy in places, especially if the river has recently flooded. There are stiles on the route and gates and paths less than one metre wide. There are steps to reach the city walls, but these can be bypassed by remaining on the riverbank.



Points of interest (see map)

There is so much to see and do in York, this route highlights some of that but also takes you away from the crowds along the river. Views of the York skyline throughout the walk and evidence previous flooding.

- 1 Museum Gardens
- 2 Tourist Information Centre
- 3 Bootham Bar
- 4 York Minster
- 5 Jorvick Viking Centre
- 6 York Castle
- 7 Tower Gardens
- 8 Millennium Bridge
- 9 Bishopthorpe Palace Home of the Archbishop of York and St Andrew's Old Church
- 10 Racecourse
- 11 The old Terry's chocolate headquarters
- 12 Victoria Bar
- **13** Micklegate Bar
- 14 Memorial Gardens and York Rowing Club
- 15 National Railway Museum.