Scan or click to view this route on the OS Maps App — also a route profile and GPX

Mountain walk

Distance: 6.5 miles (10.5km) **Ascent:** 865m (2,838ft)

Time: Allow 4h 45m to 7h

Map: OS Explorer 1:25k (OL17) Snowdon / Yr Wyddfa

Start/Finish: OS Locate SH 647 556 what3words ///wage.rebel.mason



This is a challenging route for experienced walkers through stunning mountain scenery. From the hostel turn right and take the stile immediately on the right. Follow the track through a gate and then onto the hill where it is indistinct in places. After passing a small lake the path steepens and heads through outcrops to the rocky Glyder Fawr approach. From the summit follow the very rocky path and cairns down to the bwlch/col and then up past the cantilever stone to Glyder Fach. Shortly after leaving the summit bear right to avoid the gully and stay on the Cambrian Way. Continue above the edge until a small cairn highlights a path dropping to the left – turn right at this point to reach the Miner's Track. The path is not always clear and passes through grass and marshy sections. Descend towards trees near Pen-y-Gwryd Hotel. Turn right alongside the road, pass the junction, and turn right to follow the path alongside the A4086 to Pen-y-Pass and to the hostel.

Hazards

This is a high-level mountain route so proper preparation and equipment is necessary. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation. In winter conditions the route will become slippery and dangerous, especially when covered in snow and ice — mountaineering skills and equipment will be required. The Glyders are very exposed to winds and storms with no shelter. Take care on the path across and between the summits of Glyder Fawr and Glyder Fach, it is indistinct in places with a steep drop alongside. Careful navigation required from Glyder Fach to the Miner's Track. After rain the Miner's Track is likely to be waterlogged in places. Caution required on the road section at Pen-y-Gwryd.

Accessibility

This is a physical route with narrow, steep and rocky paths — hands may be required in places. There are stiles but they should not trouble anyone who is able to complete this route.

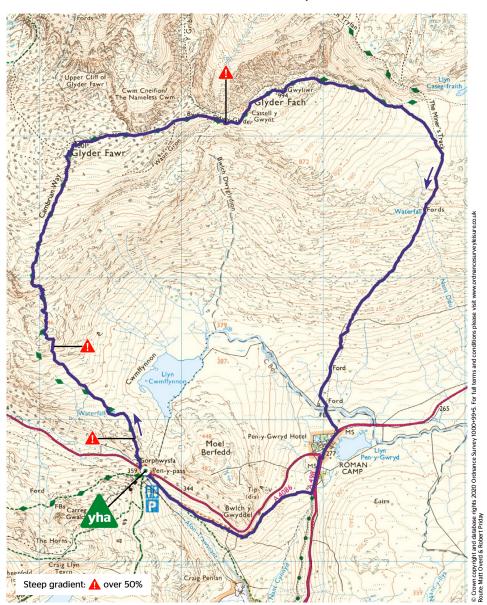
Points of interest

Excellent views at many points in various directions.

Facilities

No public toilets on the route. Toilets, food and drink available at the YHA and Pen-y-Gwryd Hotel.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.





Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks — an easy, moderate, and more challenging option. They have all been graded — the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (mwis.org.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- · Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps
 Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop for OS maps online osmaps.com/yha



What to wear

- · Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- · Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- · Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- · Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- · Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- · Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting.
 Use an emergency shelter or find a sheltered location.