

# 194

YHA Grinton Lodge

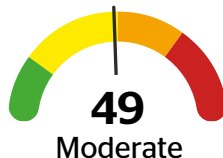
# Fremington Edge and Reeth

**Riverside and moorland walk**

**Distance:** 7.9 miles (12.7km)

**Ascent:** 391m (1,283ft)

**Time:** Allow 4h to 6h 30m



**Map:** OS Explorer 1:25k (OL30) Yorkshire Dales – Northern & Central areas

**Start/Finish:** OS Locate SE O47 975 [what3words ///series.unfilled.caravan](https://www.what3words.com/series/unfilled/caravan)

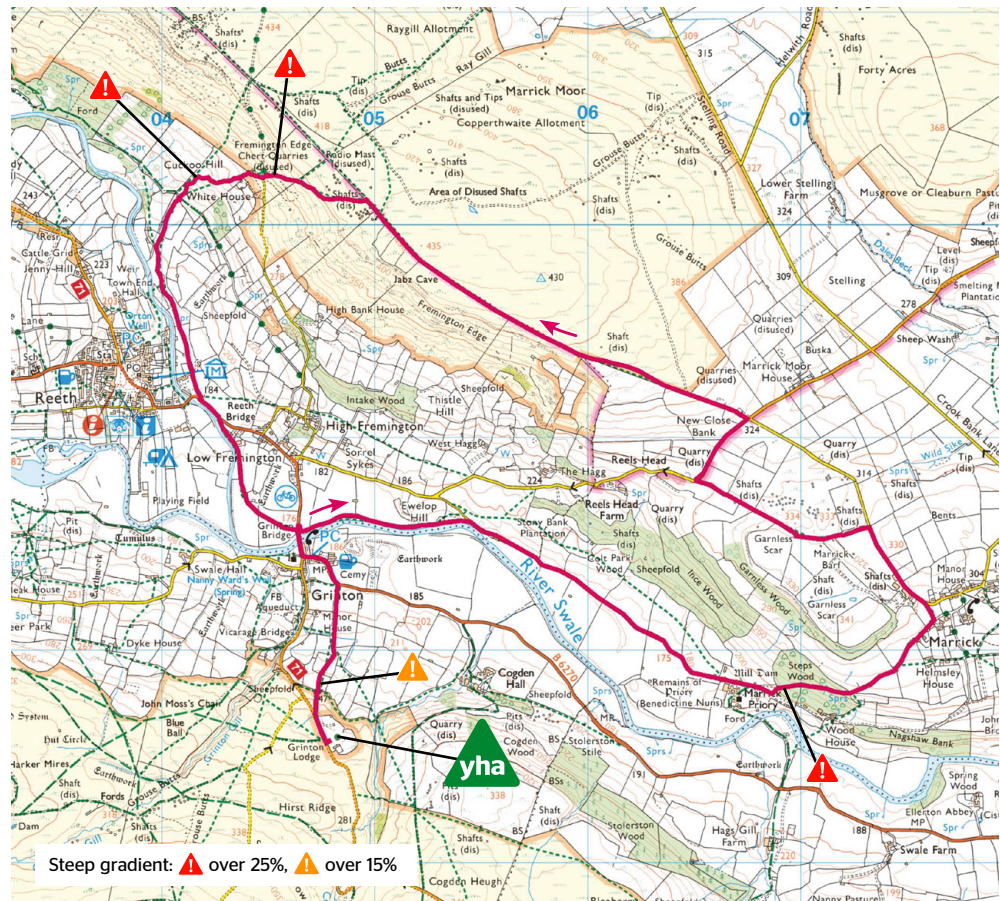
A varied walk with pasture, riverside path and moorland top. From the hostel head to the road and turn right, take the first footpath on the right and follow this downhill through several fields and stiles to the B6270. Turn left, follow the pavement into Grinton and turn right over the bridge. Turn right onto the riverside path, continue onto a minor road and pass Marrick Priory. Turn left and uphill through Steps Wood to Marrick village. Turn left at the first road junction and bear left at the next. Pass farm buildings and take the right of way on the left following alongside a wall and across fields. At the road turn right. At the junction near New Close Bank take the track on the left and follow the path above Fremington Edge. As the path begins to descend pass mining remains and take the steep descent on the left and carefully pass an old quarry. Continue down Cuckoo Hill, bear left to head alongside Arkle Beck to Reeth Bridge. Take the path on the right which leads back to Grinton Bridge, then retrace the route back to the hostel.

## Hazards

Caution on the roads without footpaths. Disused mine shafts on Fremington Edge. The moor section is exposed to winds and storms with limited shelter. In winter conditions winter clothing and footwear will be required. The descent from Fremington Edge follows close to steep drops at an old quarry. Some sections could be slippery after rain. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation.

## Accessibility

There are stiles and steps on the route. Gates are wider than one metre and paths are less than one metre wide in places. Many good paths, tracks and roads. Some rough ground with ruts or stones greater than 10cm. Indistinct paths across pasture in places. Steep slope descent coming down from Fremington Edge. Path down to the beck at Reeth is easy to miss, but Reeth is clearly in sight.



## Points of interest

A pretty route alongside a river and beck, through woods and across open moorland. Marrick Priory (no public access). Fremington Edge provides views over Swaledale and beyond. Reeth (a short detour away) is a small market town with a museum, National Park centre, art gallery and shops.

Scan or click to view this route on the OS Maps App – also a route profile and GPX

## Facilities

Public toilets and pub at Grinton. Toilets, pubs, cafés and shops in Reeth.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

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Thank you for choosing to walk from our hostel.  
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

### Before you go:

- Check the local weather forecast ([metoffice.gov.uk](http://metoffice.gov.uk)).
- Check the tide times for coastal routes ([tidetimes.org.uk](http://tidetimes.org.uk)).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) ([relayuk.bt.com/emergencysms](http://relayuk.bt.com/emergencysms)).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated ([yha.org.uk/route-card](http://yha.org.uk/route-card)).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit [adventuresmart.uk](http://adventuresmart.uk)

For more walks or information on route grading and timings go to [yha.org.uk/walks](http://yha.org.uk/walks)

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)



Scan or click to shop  
for OS maps online  
[osmaps.com/yha](http://osmaps.com/yha)

Share your walks



## What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

## Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

## You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

## In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.