

# 192

## YHA Castleton Losehill Hall [Book your stay now](#)

# Woodlands Valley and Vale of Edale

Scan or click to view this route on the OS Maps App – also a route profile and GPX

### Ridge and countryside walk

**Distance:** 13.6 miles (21.8km)

**Ascent:** 876m (2,874ft)

**Time:** Allow 7h 15m to 11h 30m



**Map:** OS Explorer 1:25k (OL01) Peak District – Dark Peak area

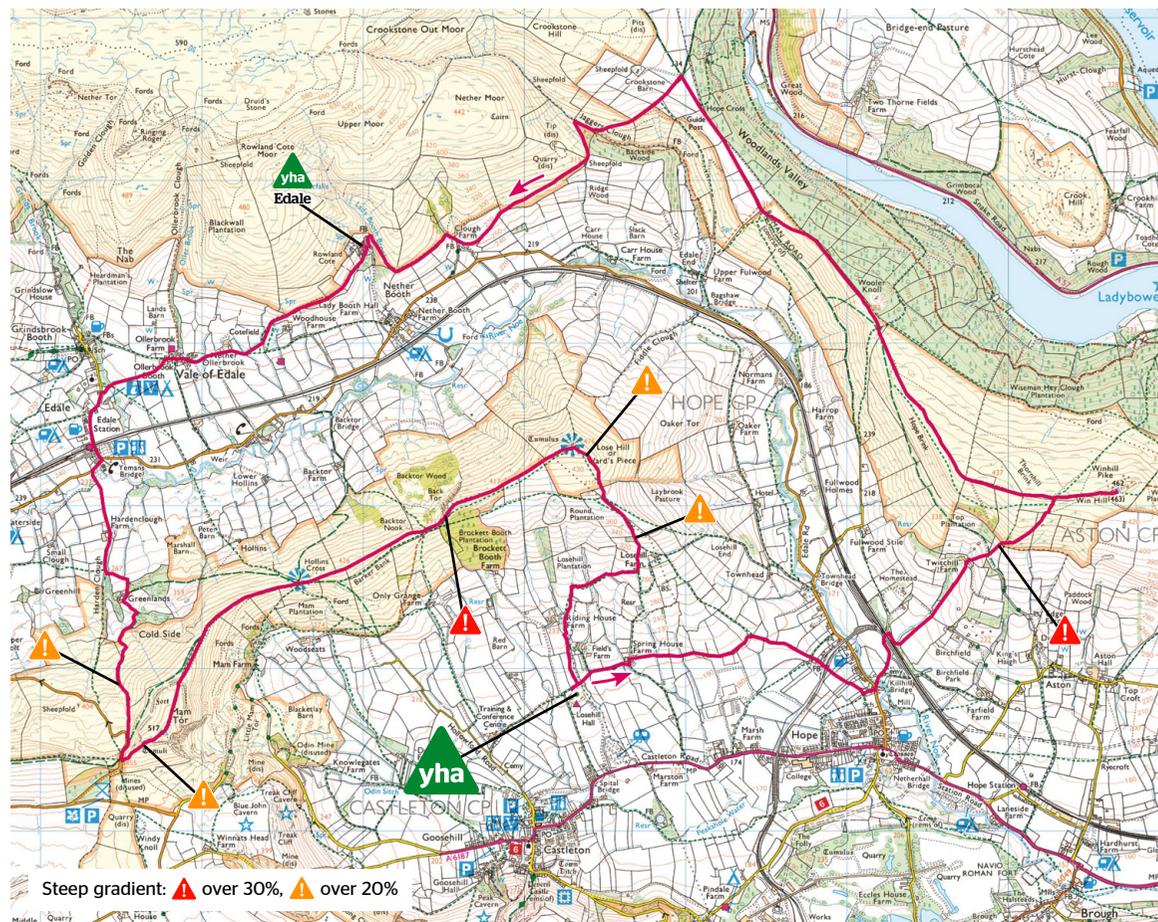
**Start/Finish:** OS Locate SK 153 838 [what3words](#) ///relax.poets.tender

A demanding walk with breath-taking views. From the hostel head to the top of the carpark and through the gate to the left of the Mews building. Turn right onto the track, sharp left at Spring House Farm, then right past the stables. Continue along the path and turn towards Hope. Cross the railway line, turn left and cross Edale Road onto Bowden Lane. Head under the railway bridge, turn right and follow the track around to the left. Pass Twitchill Farm, continue uphill to the ridge, then turn right to the trig point on Win Hill. Return along the ridge and pass Hope Brink, Wooler Knoll and Hope Cross. At the path junction turn left to Jaggers Clough and follow the track around the trees. Continue through Clough Farm and to the YHA Edale hostel. Pass the main building, cross the carpark and take the footpath to Edale Village. At the road turn left, pass under the railway bridge, turn tight then take the track on the left at the Hardenclough Farm National Trust sign. Pass the farm, follow the track past Greenlands and take the obvious path uphill. At the road stay on the high footpath, turn left up the steps and continue to the Mam Tor trig point. Stay on the ridge to Hollins Cross and Lose Hill. Follow the path downhill and when then paving slabs end continue ahead onto a grass path. Bear right before Losehill Farm, take the path on the right and pass Riding House Farm. Continue to the track and turn right back to the hostel.

### Hazards

Watch out for traffic on the short road sections, some with no pavements. Steep and rocky paths in places. May be livestock in fields.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



### Accessibility

There are stiles and steps on the route and gates and paths less than one metre wide. Many good tracks and paths, some grass paths and patches of mud after rain. Some steep, rough and uneven ground with deep ruts or large stones.

### Points of interest

This is a stunning route passing three trigs points and with fantastic views over Ladybower Reservoir, Kinder Scout and across the Peak District. Church and visitor centre in Edale.

### Facilities

Public toilets, pubs and café in Edale.

© Crown copyright and database rights 2020 Ordnance Survey 100019935. For full terms and conditions please visit [www.ordnancesurvey.co.uk](#)  
Route: YHA Castleton, Matt Overd & Gemma Smith



Thank you for choosing to walk from our hostel.  
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

### Before you go:

- Check the local weather forecast ([mwis.org.uk](http://mwis.org.uk)).
- Check the tide times for coastal routes ([tidetimes.org.uk](http://tidetimes.org.uk)).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) ([relayuk.bt.com/emergencysms](http://relayuk.bt.com/emergencysms)).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated ([yha.org.uk/route-card](http://yha.org.uk/route-card)).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit [adventuresmart.uk](http://adventuresmart.uk)

For more walks or information on route grading and timings go to [yha.org.uk/walks](http://yha.org.uk/walks)

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)



Scan or click to shop  
for OS maps online  
[osmaps.com/yha](http://osmaps.com/yha)

Share your walks



## What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

## Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

## You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

## In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.