Scan or click to view this route on the OS Maps App — also a route profile and GPX

**Countryside walk** 

Distance: 2.2 miles (3.5km) Ascent: 84m (276ft)

Time: Allow 1h to 1h 45m



Map: OS Explorer 1:25k (OL35) North Pembrokeshire / Gogledd Sir Benfro Start/Finish: OS Locate SM 739 277 what3words ///piglets.whirlpool.reeling

A short walk around a hill with sea views. Head to the right of the single story hostel building and take the path. Cross the stile and follow the path straight ahead for just over 1km through gates and over stiles to a stony track near a farm. Turn left and uphill between high hedges to kissing gate. Continue straight on and up, bearing left as the path descends to a gate. Stay close to the fence through ferns and gorse. Pass (but do not take) a gate on the right and continue around the hill. Turn right at a fence to reach a pair of gates. Take the left gate down to a farm track. Continue along the track and take the stile on the right to return to the hostel.

#### Hazards

Care required crossing some of the stiles. Some uneven ground.

#### **Accessibility**

There are steps and stiles on the route, gates and paths less than one metre wide and sections of rough ground with ruts or stones greater than 10cm.

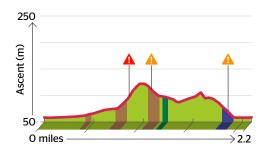
#### **Navigation**

Paths are easy to follow, mostly along the edges of fields. Some signage. Onward stiles and gates are visible across fields.

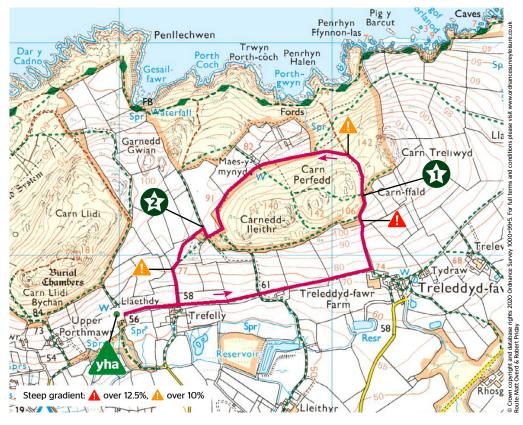
#### Terrain

Uneven and unpaved. Path predominantly grass with a few short stretches of mud and a short stony track.





This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.





## Points of interest (see map)

A lovely countryside walk with 1 paths up Carn Perfedd / Carneddlleithr for better views with a little extra effort and 2 a good sea view.







There are no facilities on the route.



No seats on route



Not wheelchair accessible



Not a touch free route



**Not** pushchair accessible



Not stile free



# Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks — an easy, moderate, and more challenging option. They have all been graded — the higher the grade, the more challenging the route.

# Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- For further information on how to stay safe visit adventuresmart.uk

**In case of emergency** call 999 (or text 999 if pre-registered) and use OS Locate or what3words to provide a detailed description of your location.

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop for OS maps online osmaps.com/yha



# **Countryside Code**

#### **Respect everyone**

- Be considerate to those living in, working in and enjoying the countryside.
- Leave gates and property as you find them.
- Do not block access to gateways or driveways when parking.
- Be nice, say hello, share the space.
- Follow local signs and keep to marked paths unless wider access is available.

#### **Hazards**

- Take extra care and stay alert where a right of way crosses a railway line.
- When walking on a road without a
  pavement keep to the right-hand side,
  so that you can see oncoming traffic.
  Keep close to the side of the road, and
  walk in single file if necessary. It may
  be safer to cross the road well before a
  sharp right-hand bend so that oncoming
  traffic has a better chance of seeing you.
  Cross back after the bend.
- Give wild animals, livestock and horses plenty of space.

#### **Protect the environment**

- Take your litter home leave no trace of your visit.
- Do not light fires and only have BBQs where signs say you can.
- Always keep dogs under control and in sight.
- Dog poo bag it and bin it any public waste bin will do.
- Care for nature do not cause damage or disturbance.

## **Enjoy the outdoors**

- · Check your route and local conditions.
- Plan your adventure know what to expect and what you can do.
- Enjoy your visit, have fun, make a memory.

# What to wear

- Comfortable clothing suitable for the conditions.
- Use several layers, so you can add and remove clothing to regulate your temperature.
- · Extra warm clothes in case it gets colder.
- Hat, gloves and scarf.
- · Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning comfy socks.
- Comfortable well fitting trainers, walking shoes or boots.

# Kit

- Map and compass.
- Water, lunch and snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Torch and spare batteries.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

#### You might also want to take

- Picnic blanket.
- Waterproof baseball cap, if you wear glasses.
- Walking poles.
- Tissues and hand sanitiser.