



YHA St Davids

Coast Path to St Davids City

Coast and city walk

Distance: 11.2 miles (18km) **Ascent:** 524m (1,719ft)

Time: Allow 5h 45m to 9h 15m

Map: OS Explorer 1:25k (OL35) North Pembrokeshire / Gogledd Sir Benfro

Start/Finish: OS Locate SM 739 277 **what3words** ///piglets.whirlpool.reeling



A stunning coast walk to Britain's smallest city, St Davids. Take the path behind the hostel to the gate and turn left. Take the next left and pass cottages on the way to the campsite. At the road turn right to Whitesands Bay, bear left and join the Coast Path in the far corner of the carpark. Follow the Coast Path past Ynys Dinas and around the headland to Porth Clais. From here the route heads inland, past the caravan park, to St Davids. Enter St Davids with houses on the left, turn left onto Pen-Y-Garn, then right onto Bryn Road. Take the path on the left beside the public toilets and turn left onto Stryd Fawr/High Street. Continue onto Goat Street, then Pit Street and ahead onto Feidr Treginnis. Bear right following the sign to St Justinian. After about 600m take the footpath on the right across fields. Follow a series of tracks and small roads back to the hostel.

Hazards

Take care on the Coast Path, particularly in windy conditions, some paths are close to the cliff edge. Caution on the road sections, some without footpaths – especially the short section after leaving St Davids.

Accessibility

There are steps and stiles on the route, gates are wider than one metre except for one kissing gate. Paths are less than a metre wide in places and include sections of rough ground with ruts or stones greater than 10cm.

Points of interest

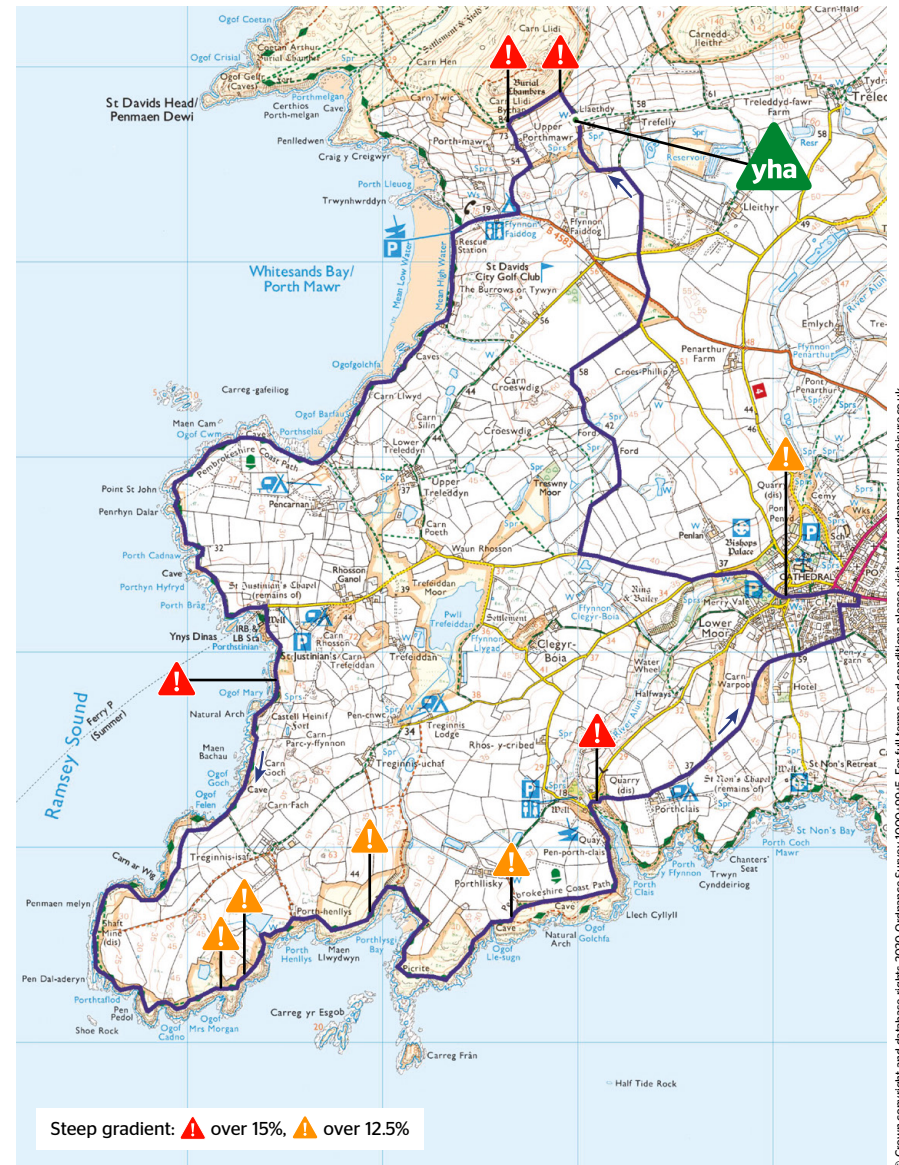
Great coastal views including of Ramsey Island which has a ferry link from Ynys Dinas. St Justinian's Chapel remains and RNLI lifeboat at Ynys Dinas. Lovely harbour view at Porth Clais. St Davids Cathedral and city.

Facilities

Toilets and café at Whitesands Bay car park. Toilets, café and water refill point at Porth Clais. Toilets and a choice of pubs, cafés and shops in St Davids.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

Scan or click to view this route on the OS Maps App – also a route profile and GPX



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Route: Matt Overd & Robert Priday



Thank you for choosing to walk from our hostel.
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop
for OS maps online
osmaps.com/yha

Share your walks



What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.