



YHA Langdon Beck

High Force and Cauldron Snout

Scan or click to view this route on the OS Maps App – also a route profile and GPX

Moor and river walk

Distance: 14.3 miles (23km) **Ascent:** 451m (1,480ft) **Time:** Allow 6h 30m to 10h 45m

Map: OS Explorer 1:25k (OL31) North Pennines and OS Explorer 1:25k (OL19) Howgill Fells & Upper Eden Valley

Start/Finish: OS Locate NY 860 304 **what3words** ///speaks.foot.lunch



A water lovers walk with a reservoir, riverside paths, weirs and stunning waterfalls. From the hostel turn left along the B6277, turn right onto the first track, cross Saur Hill Bridge and turn right along Harwood Beck. Pass Intake Farm and join the road at the bridge. Head uphill, bear left at the first junction and bear left at the second junction to the dam wall. Pass Cauldron Snout waterfall and follow the River Tees on the Pennine Way to Saur Hill Bridge. Retrace your steps to the hostel if stopping, otherwise cross the bridge, turn right and continue on the Pennine Way. Cross the river at the next bridge, pass Cronkley Farm and return to the river to pass High Force waterfall, cross back at the next bridge and turn left to the hotel. Take the footpath to the right of the hotel and cross fields to a road. Turn left, take the track on the left which heads behind a white cottage. Bear right at East Moor Riggs to join a track at Middle Moor Riggs. Follow tracks and paths through The Dale, past the school and through Laneside. Turn left to reach the B6277 and to the hostel.

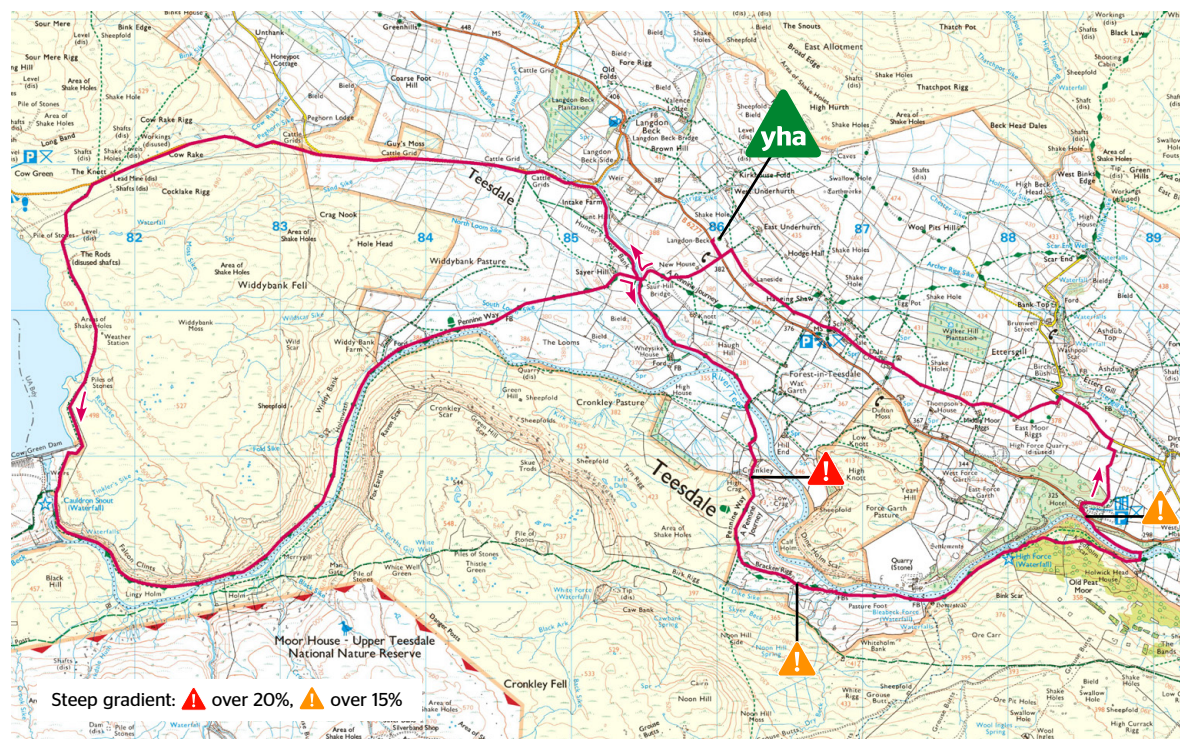
Hazards

Caution on the road sections without pavements. Take care on the slippery rock scramble at Cauldron Snout and other places. Be careful on riverside paths which are close to the water in places. Do not take this route if the rivers are flooded. Possible quarry blasting before High Force, if there is a continuous siren then keep clear. In winter the route may become hazardous, especially if covered in snow and ice, and may require winter clothing and footwear.

Accessibility

There are steps and stiles on the route, gates and paths less than one metre wide and sections of rough ground with ruts or stones greater than 10cm. Some rock scrambling and boulder hopping required in places. Can be walked over two days, the Cauldron Snout route is 8.6 miles (13.8km), the High Force route is 6.8 miles (10.9km).

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



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Route: Country Walking (adapted), David Willey & Myriam Wood

Points of interest

Great moorland scenery with the River Tees, Cow Green Reservoir and Cauldron Snout, High Force and Bleabek Force waterfalls. Remnants of mining near Cow Green Reservoir. Floriferous SSSI moorland and traditional hay meadows. Variety of moorland birds. Interesting rocks above and below Cauldron Snout waterfall.

Facilities

Water and toilets available at the YHA. Pub and public toilets at the High Force Hotel.



Thank you for choosing to walk from our hostel.
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (mwis.org.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop
for OS maps online
osmaps.com/yha

Share your walks



What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.