

# 113

YHA Ennerdale

# Red Pike, High Stile and High Crag

Scan or click to view this route on the OS Maps App – also a route profile and GPX

## Mountain walk

**Distance:** 7.6 miles (12.2km) **Ascent:** 843m (2,766ft) **Time:** Allow 5h to 7h 30m

**Map:** OS Explorer 1:25k (OL04) English Lakes – North-western area

**Start/Finish:** OS Locate NY 142 140 **what3words** ///voltages.pirates.user



A great high level traverse with stunning views. From the hostel turn right onto the forest road and follow it to a gate. Pass through the gate, follow the path on the left and uphill in the gap between the trees. Cross a stream and follow a cairned path, steeply at first, to the summit of Red Pike. Leave the summit, descend in southerly direction and carefully navigate to a cairned path and ascend a short rocky climb to the summit of High Stile. Follow the path along the ridge above Comb Crag, taking care to avoid steep drops on your left, and continue to the summit of High Crag. Descend loose scree to a stepped path down, then cross the top of Seat to Scarth Gap. Look for an indistinct path on the right marked by a cairn – if you reach the fence line then you've gone too far. Follow this path which becomes increasingly clear as you head downhill. Bear right to traverse the hill and descend through forest to join the forest road. Turn right and follow the road back to the hostel.

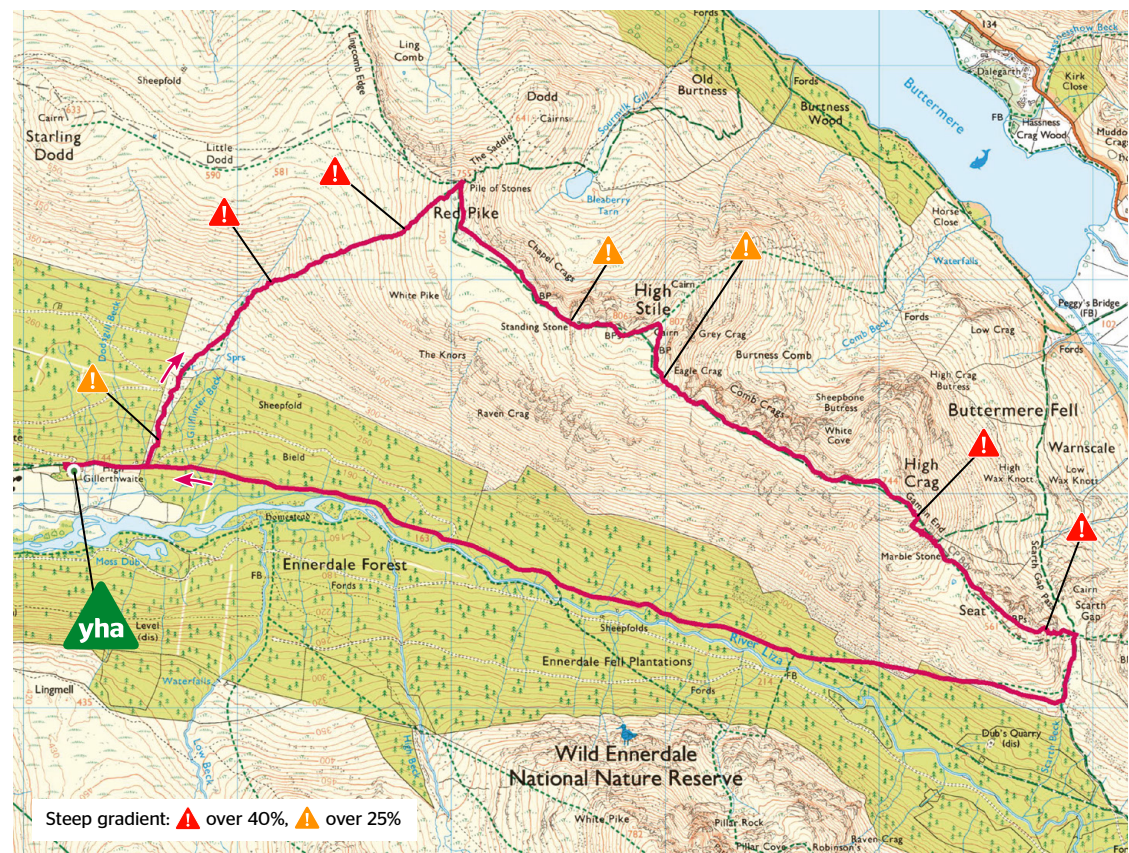
## Hazards

This is a high-level mountain route so proper preparation and equipment is necessary. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation. In winter conditions the route will become slippery and dangerous, especially when covered in snow and ice – mountaineering skills and equipment may be required. Steep, rocky descent off High Crag. Steep drops along the ridge from Red Pike to Scarth Gap which is exposed to winds and storms with limited shelter. Stream crossings which may be difficult after heavy rain. Take care to find the correct path from Scarth Gap.

## Accessibility

This is a physical mountain route with stiles and narrow, steep and rocky paths – hands may be required in places. Good navigation required in places.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



## Points of interest

Stunning views throughout the route, especially from the summit ridge, including views out to sea.

## Facilities

There are no facilities on the route. Toilets and water available at YHA.

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Route: Matt Overd, Simon Ainley, Simon Thomas, and Simon Lightowler



Thank you for choosing to walk from our hostel.  
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

### Before you go:

- Check the local weather forecast ([mwis.org.uk](http://mwis.org.uk)).
- Check the tide times for coastal routes ([tidetimes.org.uk](http://tidetimes.org.uk)).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) ([relayuk.bt.com/emergencysms](http://relayuk.bt.com/emergencysms)).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated ([yha.org.uk/route-card](http://yha.org.uk/route-card)).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit [adventuresmart.uk](http://adventuresmart.uk)

For more walks or information on route grading and timings go to [yha.org.uk/walks](http://yha.org.uk/walks)

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)



Scan or click to shop  
for OS maps online  
[osmaps.com/yha](http://osmaps.com/yha)

Share your walks



## What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

## Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

## You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

## In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.