

# 103 YHA Broad Haven St Brides Haven

Scan or click to view this route on the OS Maps App – also a route profile and GPX

## Coast walk

**Distance:** 12.6 miles (20.4km) **Ascent:** 827m (2,713ft) **Time:** Allow 6h 30m to 10h 15m

**Map:** OS Explorer 1:25k (OL36) South Pembrokeshire / De Sir Benfro

**Start/Finish:** OS Locate SM 862 140 **what3words** ///marathon.warthog.thighs



A straightforward route along the stunning Pembrokeshire Coast Path. The return route is back along the Coast Path, so turn around when it suits you. From the hostel head across the car park and turn right to the coast. Turn left onto Haroldston Hill, which leads to Enfield Road, follow the promenade. Bear right onto Settlands Hill, right onto Walton Hill, which becomes Grove Place, and then right onto Point Road to pick up the coast path to Little Haven. Then continue to St Brides before returning the same way.

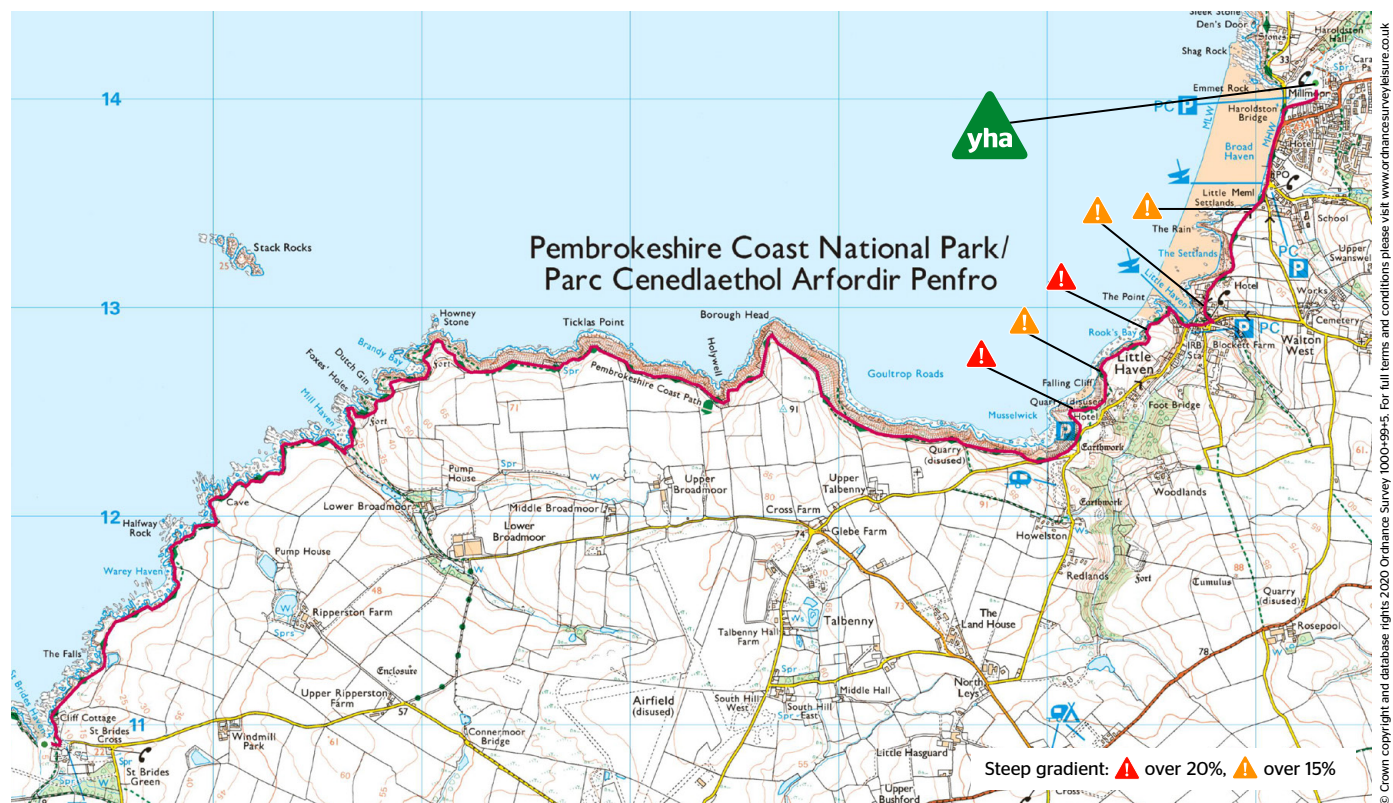
## Hazards

Caution required on the road sections. Take care on the exposed Coast Path. There are steps and steep slopes which could be slippery after rain. There is limited shelter from the elements. Do not walk this route in high winds. Caution if you choose to amend this route, many inland footpaths marked on the OS map are impassable or overgrown and many of the roads are dangerous to walk.

## Accessibility

There are no stiles on the route, there are steps, gates and paths less than one metre wide and long sections of rough ground with stone and ruts exceeding 10cm. Limited bus service runs from St Brides Cross to Broad Haven, check times before leaving.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



## Points of interest

Great sea views throughout and possible bathing beaches at Broad Haven, Little Haven and St Brides.

## Facilities

Toilets available in Broad Haven, Little Haven and St Brides. Shops, pubs and cafés in Broad Haven and Little Haven and at times a mobile catering unit at St Brides.

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Route: Matt Overd & Michael Carpenter



Thank you for choosing to walk from our hostel.  
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

### Before you go:

- Check the local weather forecast ([metoffice.gov.uk](http://metoffice.gov.uk)).
- Check the tide times for coastal routes ([tidetimes.org.uk](http://tidetimes.org.uk)).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) ([relayuk.bt.com/emergencysms](http://relayuk.bt.com/emergencysms)).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated ([yha.org.uk/route-card](http://yha.org.uk/route-card)).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit [adventuresmart.uk](http://adventuresmart.uk)

For more walks or information on route grading and timings go to [yha.org.uk/walks](http://yha.org.uk/walks)

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)



Scan or click to shop  
for OS maps online  
[osmaps.com/yha](http://osmaps.com/yha)

Share your walks



## What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

## Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

## You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

## In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.