

050

YHA Manorbier

Penally, Tenby, St Florence and Lydstep

Coast, town and village walk

Distance: 12.6 miles (20.3km) **Ascent:** 460m (1,509ft)

Time: Allow 5h 45m to 9h 30m

Map: OS Explorer 1:25k (OL36) South Pembrokeshire / De Sir Benfro

Start/Finish: OS Locate SS 080 976 **what3words** ///botanists.ordeals.spirit

A lovely long coastal walk to Tenby returning inland. From the hostel turn left, follow the track to the Coast Path. Turn left, left at the top of the steps, right at the holiday park and continue to the firing range. Turn left, under the railway bridge, right onto the A4139, left opposite the station, turn right, pass the Church and right onto School Lane. Cross the A4139 and the railway and turn immediately left. After the golf club bear right to the town centre. Emerge onto Battery Road, continue to the sharp bend and take the path ahead. Pass the play park and bear left onto Esplanade, follow the seafront and town roads around to the harbour. Leave onto Crackwell Street, right onto High Street to Norton, left onto St John's Hill and right onto Heywood Lane to Broadwell Hayes. Turn left onto Serpentine Road, take the cut through on the right. Cross Scotsborough View, take the footpath ahead through woodland, bear left to the B4318. Turn right, right onto the footpath after the bridge and across fields to Glebe Farm. Turn right onto the B4318 to a footpath on the left and cross fields to Fiddlers Lane. Turn left towards the village,

bear right by the pub and along High Street. Pass the village store, turn left and continue onto Eastern Lane, take the footpath on the left and follow paths across fields to Lydstep. Turn right onto the main road, then next left and follow the track to the holiday camp. Retrace your steps to the hostel.

Hazards

Caution on the road sections, some without footpaths. Take care on the sea cliffs, some exposed sections. Keep out of the MOD danger area. Cross the railway line carefully.

Accessibility

There are steps and stiles on the route and gates and paths less than one metre wide, some rough ground with ruts or stones exceeding 10cm. From Tenby requires careful navigation and paths may be overgrown or boggy in places. Retracing along the coast is easier to navigate, 10 miles to the harbour and back. A bus from Tenby to Lydstep reduces the walk to 5.3 miles if heading straight to the bus stop, or 6.6 miles if via the harbour.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



Points of interest

Beautiful coastal scenery. Tenby is a picturesque walled town with great sea views, harbour and beaches. Lovely villages and churches of Penally, Gumfreston and St Florence.

Facilities

Pubs in Penally, Tenby, St Florence and Lydstep. Shops in Tenby and village store in St Florence. Toilets at the train station in Penally and Battery Road car park, Castle Beach, Upper Frog Street and Marsh Road car park in Tenby.

Scan or click to view this route on the OS Maps App – also a route profile and GPX

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Route: Matt Ovard & Ludwik Michalek



Thank you for choosing to walk from our hostel.
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop
for OS maps online
osmaps.com/yha

Share your walks



What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.