

### **Coast walk**

# **Distance:** 2.1 miles (3.4km) **Ascent:** 73m (240ft) **Time:** Allow 1h to 1h 30m

Easy

no steps. Some rough ground with ruts or stones exceeding 10cm. Occasional loud

bangs from MOD Manorbier, check when

publications/manorbier-firing-flying-notice

Straightforward navigation using roads and

well marked paths and tracks. Take care

diverting around the blocked right of way

The route includes long sections of paved

Unpaved (flat)

 $\rightarrow 2.1$ 

Mud

road, grass and sections of rough ground.

Grass

firing here: www.gov.uk/government/

Navigation

after Hill Farm.

Terrain

Paved

200

Ascent (m)

0 miles

Unpaved (uneven)

Map: OS Explorer 1:25k (OL36) South Pembrokeshire / De Sir Benfro Start/Finish: OS Locate SS 080 976 what3words ///botanists.ordeals.spirit

A scenic walk perfect for a stroll or a trip to the beach. From the hostel turn right, then right at Manorbier Camp entrance, left along the perimeter fence, left at the corner and follow the fence towards the coast. Go through the gate and follow the Coast Path to another gate next to a stone wall. For Presipe Beach pass through the gate and take the steps on the left. To continue the route turn right before the gate, follow the footpath through Hill Farm and turn right onto the track. The right of way to Manorbier Camp is blocked so continue ahead and follow the path through a meadow and head around to the right, to reach the road. Turn right towards Manorbier camp and retrace your steps to the hostel.

#### Hazards

Caution on the road sections, some without footpaths. Take care on the sea cliffs, some exposed sections. Keep out of the MOD danger area. Animals in fields near Hill Farm.

### Accessibility

There are stiles on the route and gates and paths less than one metre wide. There are

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

Manorbier/ Sports 'vha Maenorbŷr Ground Wales Coast Patt Hill Farm Doors Skrinkle Manorbie Haven Camp Conigar Pit Crown copyright and databas ute: Matt Overd & Anita Lock Sandy Hole fort Steep gradient: A over 12.5%, A over 10% Old Castle Head

Scan or click to view this route on the OS Maps App – also a route profile and GPX

### Points of interest (see map)

**1** MOD Manorbier has an interesting history, **2** Stunning views along the coast path, **3** Steps to Presipe Beach.

## Facilities

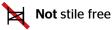
No facilities on the route. Food, drink and toilets available at the YHA. Pub a short detour from the route in Manorbier village.

No seats on route

Not wheelchair accessible

**Not** a touch free route

Not pushchair accessible





### Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

### Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- For further information on how to stay safe visit adventuresmart.uk

**In case of emergency** call 999 (or text 999 if pre-registered) and use OS Locate or what3words to provide a detailed description of your location.

### For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop for OS maps online osmaps.com/yha



# **Countryside Code**

### **Respect everyone**

- Be considerate to those living in, working in and enjoying the countryside.
- Leave gates and property as you find them.
- Do not block access to gateways or driveways when parking.
- Be nice, say hello, share the space.
- Follow local signs and keep to marked paths unless wider access is available.

### Hazards

- Take extra care and stay alert where a right of way crosses a railway line.
- When walking on a road without a pavement keep to the right-hand side, so that you can see oncoming traffic. Keep close to the side of the road, and walk in single file if necessary. It may be safer to cross the road well before a sharp right-hand bend so that oncoming traffic has a better chance of seeing you. Cross back after the bend.
- Give wild animals, livestock and horses plenty of space.

### **Protect the environment**

- Take your litter home leave no trace of your visit.
- Do not light fires and only have BBQs where signs say you can.
- Always keep dogs under control and in sight.
- Dog poo bag it and bin it any public waste bin will do.
- Care for nature do not cause damage or disturbance.

### **Enjoy the outdoors**

- Check your route and local conditions.
- Plan your adventure know what to expect and what you can do.
- Enjoy your visit, have fun, make a memory.

## What to wear

- Comfortable clothing suitable for the conditions.
- Use several layers, so you can add and remove clothing to regulate your temperature.
- Extra warm clothes in case it gets colder.
- Hat, gloves and scarf.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning comfy socks.
- Comfortable well fitting trainers, walking shoes or boots.

### Kit

- Map and compass.
- Water, lunch and snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Torch and spare batteries.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

### You might also want to take

- Picnic blanket.
- Waterproof baseball cap, if you wear glasses.
- Walking poles.
- Tissues and hand sanitiser.