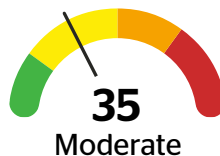


041 YHA Helvellyn Lanty's Tarn

Mountain valley and riverside walk

Distance: 3.4 miles (5.5km) **Ascent:** 248m (814ft)

Time: Allow 1h 45m to 2h 45m



Map: OS Explorer 1:25k (OL05) English Lakes – North-eastern area

Start/Finish: OS Locate NY 365 173 **what3words** ///albatross.thinks.interacts

A lovely route around Glenridding to a picturesque tarn. From the hostel turn left and follow the road uphill, then follow Helvellyn / Red Tarn signs. Cross the beck via the footbridge and turn left down Glenridding. When the path is blocked by wall remnants go left to a lower path. Go through a farm gate and down the track until you spot a footbridge to the right. Cross the bridge and follow signs for the footpath. Continue until a seat just north of the tarn. Take the steep footpath to the left of the seat, turn left to follow Glenridding Beck upstream. At the track go left until a sign for Greenside Road and follow this back to the hostel.

Hazards

Take care walking on Greenside Road as it is narrow in places with limited room for traffic to pass.

Accessibility

The route has no stiles, but has many gates less than one metre wide, including kissing gates. There are some sections of track and road, but the majority of the route is uneven with large stones and rocks.

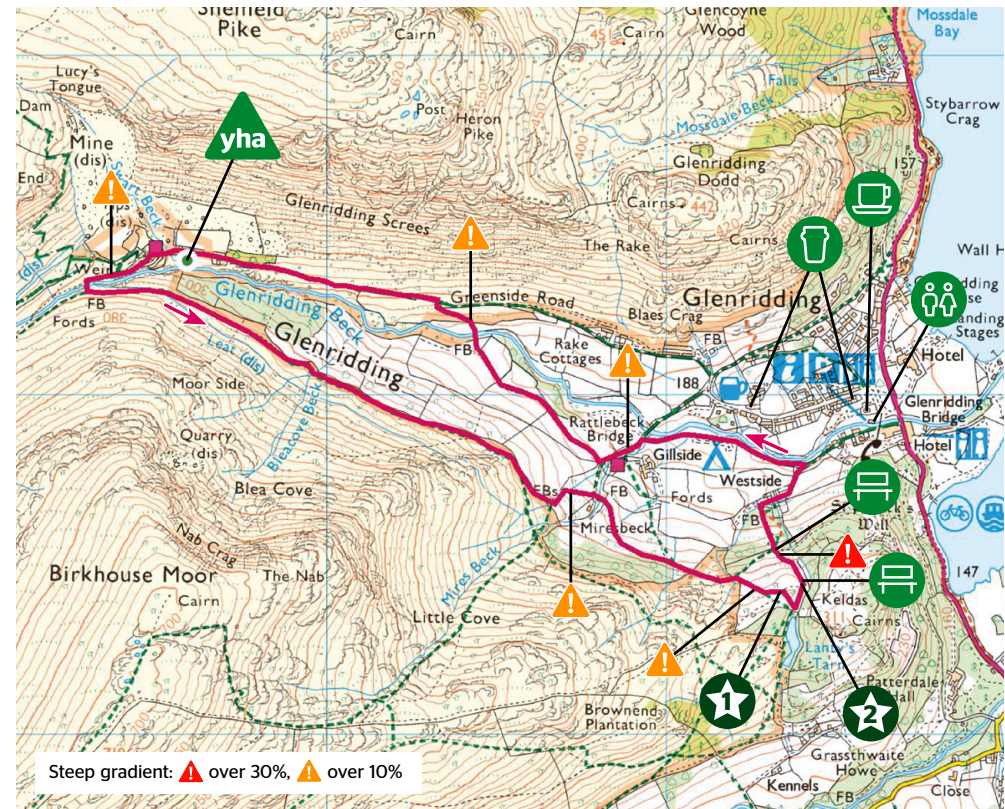
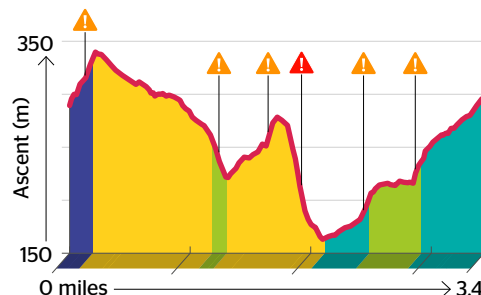
Navigation

Take care not to miss the footbridge after coming through the farm gate. The rest of the route simple to follow with signs and sight of the path ahead.

Terrain

Terrain is a mixture of track, road and a short grass section, but the majority is stoney paths.

- Unpaved (uneven)
- Rocky
- Grass
- Unpaved (flat)



★ Points of interest (see map)

1 Viewpoint for Lanty's Tarn. **2** Viewpoint for Ullswater from seat near Lanty's Tarn.

🚫🚫🚫 No facilities on the route

Food, drink and toilets available at the YHA. Pubs, food, drink and toilets available a short detour from the route in Glenridding village.

🪑 Seats near Lanty's Tarn (see map)

~~🚫~~ **Not wheelchair accessible**

~~🚫~~ **Not a touch free route**

~~🚫~~ **Not pushchair accessible**

~~🚫~~ **Stile free**

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



Thank you for choosing to walk from our hostel.
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emercysms).
- For further information on how to stay safe visit adventuresmart.uk

In case of emergency call 999 (or text 999 if pre-registered) and use OS Locate or what3words to provide a detailed description of your location.

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop
for OS maps online
osmaps.com/yha

Share your walks



Countryside Code

Respect everyone

- Be considerate to those living in, working in and enjoying the countryside.
- Leave gates and property as you find them.
- Do not block access to gateways or driveways when parking.
- Be nice, say hello, share the space.
- Follow local signs and keep to marked paths unless wider access is available.

Hazards

- Take extra care and stay alert where a right of way crosses a railway line.
- When walking on a road without a pavement keep to the right-hand side, so that you can see oncoming traffic. Keep close to the side of the road, and walk in single file if necessary. It may be safer to cross the road well before a sharp right-hand bend so that oncoming traffic has a better chance of seeing you. Cross back after the bend.
- Give wild animals, livestock and horses plenty of space.

Protect the environment

- Take your litter home – leave no trace of your visit.
- Do not light fires and only have BBQs where signs say you can.
- Always keep dogs under control and in sight.
- Dog poo – bag it and bin it – any public waste bin will do.
- Care for nature – do not cause damage or disturbance.

Enjoy the outdoors

- Check your route and local conditions.
- Plan your adventure – know what to expect and what you can do.
- Enjoy your visit, have fun, make a memory.

What to wear

- Comfortable clothing suitable for the conditions.
- Use several layers, so you can add and remove clothing to regulate your temperature.
- Extra warm clothes in case it gets colder.
- Hat, gloves and scarf.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning comfy socks.
- Comfortable well fitting trainers, walking shoes or boots.

Kit

- Map and compass.
- Water, lunch and snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Torch and spare batteries.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Picnic blanket.
- Waterproof baseball cap, if you wear glasses.
- Walking poles.
- Tissues and hand sanitiser.