

031 YHA Helmsley Rievaulx Moor

Forest, moor and countryside walk

Distance: 14 miles (22.6km) **Ascent:** 618m (2,028ft)

Time: Allow 6h 15m to 10h

Map: OS Explorer 1:25k (OL26) North York Moor – Western Area

Start/Finish: OS Locate SE 615 840 **what3words** ///rebounder.nimbly.single

A great walk through forest to Rievaulx Moor and back past Rievaulx Abbey. From the hostel turn left onto Carlton Lane, left onto Canons Garth Lane, right onto Church Street and continue onto High Street. Pass a little white bridge and just after take the narrow path on the right. Follow alongside the stream, cross it, continue to a broad track and turn left. Follow the track through the forest along Beck Dale. The right of way through the trees is not easily walkable so continue on the track and bear right to Collier Hag Wood. Move away from the stream by taking a short steep ascent on the right and continue to a forest road near High Baxton's Farm. Take the narrow path leading in a north-westerly direction, which may be difficult to locate. Continue down into a small valley to cross the stream and then climb a narrow path, which may be muddy and overgrown in places, to reach another forest track and turn right. Follow the track to a junction on the edge of the forest, turn left, immediately right, then left onto the open Rievaulx Moor. Head through a small section of trees and at the track junction turn right. Follow the track around to the left and turn left onto another track alongside the forest. Continue through the forest, pass Newgate Bank car park and turn right onto the B1257. Continue for 500m on the road and take the small path through trees on the left. Head downhill to Fair Hill Farm, turn left onto a track and follow it to the road at Shaken Bridge. Turn right, cross

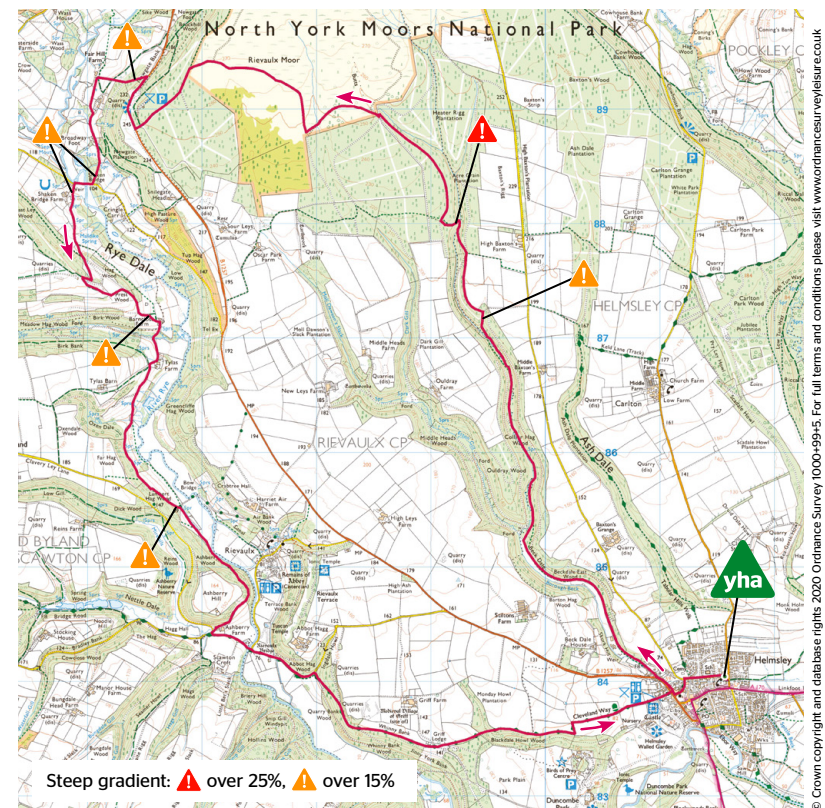
the river and take the track on the left. Continue to Hag Wood where the track turns sharp right, then take the right of way on the left, which may be difficult to locate, and across fields to Prest Wood. Join a track at Barnclose Farm, follow past Tylas Farm and through Lambert Hag Wood. Bear right onto a footpath through Ashberry Wood and continue to the road at Ashberry Farm. Turn left onto the road, which is also the Cleveland Way. Cross the river – Rievaulx Abbey is on the left. Continue along the road to Abbot Hag Wood, take the path on the right and follow the Cleveland Way along Whinny Bank, pass Blackdale Howl Wood and head into Helmsley. Turn right onto Church Street and retrace the route to the hostel.

Hazards

There is a 500m road section at Newgate bank, there are verges to get off the roadway, but they are not suitable to walk along. Take care on other road sections, some without pavements. In the forest sections careful navigation is required and the terrain is steep, muddy and slippery in places. The forest will be more slippery after rain. Watch out for forestry work and be prepared to make diversions if necessary. Rievaulx Moor is exposed to winds and storms with limited shelter and watch out for shooting warnings. In winter conditions winter clothing and footwear will be required.



Scan or click to view this route on the OS Maps App – also a route profile and GPX



Accessibility

There are stiles on the route and paths less than one metre wide. Large stretches of rough, uneven ground with steep, muddy and slippery paths in places.

Points of interest

This is a pretty route following streams and through forests and moorland. View point at Newgate Bank, Rievaulx Abbey with a visitor centre, Rievaulx Bridge and lots to explore in Helmsley including the shops, Church and Castle.

Facilities

Pubs, cafés, shops and toilets in Helmsley. Café and toilet at the Rievaulx Abbey visitor centre.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

© Crown copyright and database rights 2020 Ordnance Survey 100019945. For full terms and conditions please visit www.ordnancesurvey.co.uk
Route: Matt Overd & Simon Lightowler



Thank you for choosing to walk from our hostel.
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop
for OS maps online
osmaps.com/yha

Share your walks



What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.