

# 016

YHA Dufton [Book your stay now](#)

# Flakebridge Wood

## Countryside and woodland walk

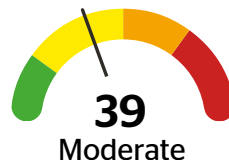
**Distance:** 7.1 miles (11.5km) **Ascent:** 219m (719ft)

**Time:** Allow 3h 15m to 5h 15m

**Map:** OS Explorer 1:25k (OL19) Howgill Fells & Upper Eden Valley

**Start/Finish:** OS Locate NY 688 250 [what3words](#) ///cassettes.bricks.forge

A lovely walk including a stretch on Alfred Wainwright's A Pennine Journey through rolling pasture with views of imposing fells. From the hostel turn left, then left to join A Pennine Journey and follow it over Dufton Gill. Turn left through the woods past Nook Fold. Cross the Gill, turn right, turn right back over the Gill and turn left. Continue to the road at Redbanks Bridge and cross to the left into a field. Join a farm track, pass alongside farm buildings and continue through fields to cross Keisley Beck near Castle Hill. Head through Flakebridge Wood to Black Hill, turn right then bear left and pass Hungriggs. To visit the town and facilities of Appleby-in-Westmorland turn left along Hungriggs Lane and under the A66. Otherwise turn right to leave A Pennine Journey and follow rights of way through fields to Lime Lane. At the road go straight ahead and take the footpath on the right, signposted Brampton, through Croft Ends Farm. Cross fields to the road, turn left and head into Brampton. Pass the pub, take the footpath on the right across fields and cross Brampton Beck. Continue to a track and turn right, then left onto Wood Lane. Continue to cross Dufton Gill and retrace the route back to the hostel.



## Hazards

Caution on the roads without footpaths. There may be horses, sheep and cattle on the route. Exposed tree roots in places.

## Accessibility

There are stiles and steps on the route and gates and paths less than one metre wide. Many good paths and tracks, some rough ground with ruts or stones greater than 10cm and rights of way across fields and pasture. May be overgrown in places.

## Points of interest

This is a lovely walk across pasture and meadows with stunning views of the Pennines and towards the Lake District. Dufton Ghyll and Flakebridge Woods are lovely. Appleby-in-Westmorland market town is a short detour away.

## Facilities

Toilets, pub and café in Dufton. Pub, toilets and café a short detour away near Appleby-in-Westmorland station (1km) and more in the town (1.5km).

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

Scan or click to view this route on the OS Maps App – also a route profile and GPX





Thank you for choosing to walk from our hostel.  
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

### Before you go:

- Check the local weather forecast ([metoffice.gov.uk](http://metoffice.gov.uk)).
- Check the tide times for coastal routes ([tidetimes.org.uk](http://tidetimes.org.uk)).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) ([relayuk.bt.com/emergencysms](http://relayuk.bt.com/emergencysms)).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated ([yha.org.uk/route-card](http://yha.org.uk/route-card)).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit [adventuresmart.uk](http://adventuresmart.uk)

For more walks or information on route grading and timings go to [yha.org.uk/walks](http://yha.org.uk/walks)

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)



Scan or click to shop  
for OS maps online  
[osmaps.com/yha](http://osmaps.com/yha)

Share your walks



## What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

## Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

## You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

## In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.