O14 Pyha Truleigh Hill (Fulking Escarpment)

Scan or click to view this route on the OS Maps App – also a route profile and GPX

Hill top walk

Distance: 1.7 miles (2.7km) Ascent: 69m (226ft)

Time: Allow 45m to 1h 15m



Map: OS Explorer 1:25k (OL11) Brighton & Hove

Start/Finish: OS Locate TQ 220 105 what3words ///rags.allies.switched

A short route that takes advantage of the hostel's elevated position, providing stunning views, but without the climb. From the hostel turn left along the South Downs Way and follow the wide chalk and flint track as far as the first gate, just after the National Trust sign for Fulking Escarpment. Enjoy the views then retrace your steps back to the hostel — there is more uphill on the return journey than the outward one.

Hazards

Caution as there is vehicle access on parts of the track. Watch out for cyclists.

Accessibility

There are no stiles, gates or steps on the route. The track has rough stones and where there are ruts the track is wide enough to navigate around them. The route is suitable for off-road pushchairs and some off-road wheelchairs.

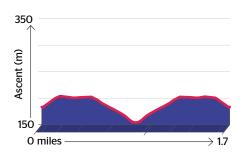
Navigation

Straightforward navigation, following a well laid track and returning the same way.

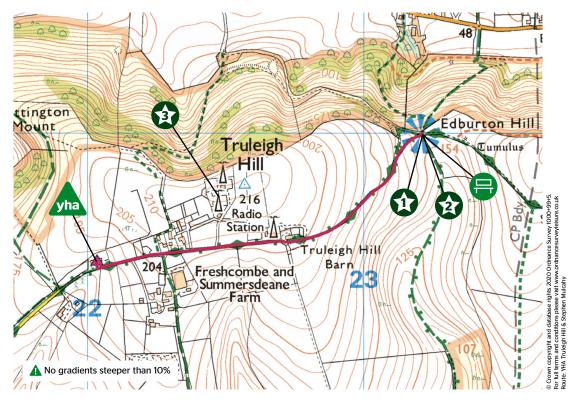
Terrain

Mainly chalk and flint rough track. Uneven in places due to tractor use and rain runoff.

Unpaved (uneven)



This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.





Points of interest (see map)

Extensive views south to Brighton, Hove, Shoreham and off-shore windfarms. **1** Edburton Hill with views of the Weald and North Downs. **2** Prehistoric burial mound. **3** Aerials are on the site of a Cold War Early Warning Radar Station built in 1952 and decommissioned in 1958.





Facilities

Food, drink and toilets available at the YHA. No facilities on the route.



One bench at viewpoint (see map)



Accessible for some



Touch free route



Off-road pushchair accessible



Stile free



Thank you for choosing to walk from our hostel. We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks — an easy, moderate, and more challenging option. They have all been graded — the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- For further information on how to stay safe visit adventuresmart.uk

In case of emergency call 999 (or text 999 if pre-registered) and use OS Locate or what3words to provide a detailed description of your location.

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop for OS maps online osmaps.com/yha



Countryside Code

Respect everyone

- Be considerate to those living in, working in and enjoying the countryside.
- Leave gates and property as you find them.
- Do not block access to gateways or driveways when parking.
- Be nice, say hello, share the space.
- Follow local signs and keep to marked paths unless wider access is available.

Hazards

- Take extra care and stay alert where a right of way crosses a railway line.
- When walking on a road without a
 pavement keep to the right-hand side,
 so that you can see oncoming traffic.
 Keep close to the side of the road, and
 walk in single file if necessary. It may
 be safer to cross the road well before a
 sharp right-hand bend so that oncoming
 traffic has a better chance of seeing you.
 Cross back after the bend.
- Give wild animals, livestock and horses plenty of space.

Protect the environment

- Take your litter home leave no trace of your visit.
- Do not light fires and only have BBQs where signs say you can.
- Always keep dogs under control and in sight.
- Dog poo bag it and bin it any public waste bin will do.
- Care for nature do not cause damage or disturbance.

Enjoy the outdoors

- · Check your route and local conditions.
- Plan your adventure know what to expect and what you can do.
- Enjoy your visit, have fun, make a memory.

What to wear

- Comfortable clothing suitable for the conditions.
- Use several layers, so you can add and remove clothing to regulate your temperature.
- · Extra warm clothes in case it gets colder.
- Hat, gloves and scarf.
- · Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning comfy socks.
- Comfortable well fitting trainers, walking shoes or boots.

Kit

- Map and compass.
- Water, lunch and snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Torch and spare batteries.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Picnic blanket.
- Waterproof baseball cap, if you wear glasses.
- Walking poles.
- Tissues and hand sanitiser.