

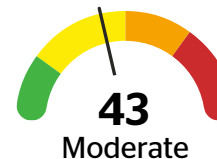


YHA Truleigh Hill Devils Dyke

Scan or click to view this route on the OS Maps App – also a route profile and GPX

Hill top, valley and village walk

Distance: 7.4 miles (11.9km) **Ascent:** 394m (1,293ft) **Time:** Allow 3h 45m to 5h 45m



Map: OS Explorer 1:25k (OL11) Brighton & Hove

Start/Finish: OS Locate TQ 220 105 **what3words** ///rags.allies.switched

A walk with stunning views out to sea and inland. From the hostel turn left along the South Downs Way. After Fulking Hill take the left fork to reach the Devils Dyke pub which can be seen ahead. At the commemorative stone seat by the viewpoint take the footpath heading downhill, cross a stile and begin the long and steep descent to Poynings. At the road turn right for the pub and church. The return route is through the car repair garage yard and into a field. After a short stretch of woodland pass through a gate onto National Trust land. The route veers right onto a wide grassy track along the base of the Devil's Dyke valley. The path gets steeper until you meet the road. Turn left, then right to follow the South Downs Way back to the hostel.

Hazards

Caution on the road in Poynings, no pavement in places. Steep paths down to Poynings which may be slippery in wet weather.

Accessibility

There are stiles and steps on the route and gates and paths less than one metre wide. The route as far as the Devils Dyke pub is a stony and grass path and suitable for all terrain pushchairs and some off road wheelchairs. The route down to Poynings is narrow, uneven and steep with numerous steps.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



Points of interest

Extensive views of the Weald and North Downs to the north, and Brighton, Shoreham and the English Channel to the south. Devils Dyke summit is the site of an Iron Age hillfort. Devil's Dyke is a dry valley, the legend is that the Devil dug it to drown the parishioners of the Weald! 14th century church at Poynings.

Facilities

Food, drink and toilets available at the YHA. No shops or toilets on the route. Pubs at Devils Dyke and Poynings.

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Route: YHA Truleigh Hill & Stephen Mulcahy



Thank you for choosing to walk from our hostel.
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop
for OS maps online
osmaps.com/yha

Share your walks



What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.