



YHA Coverack Porthoustock and St Keverne (diverted)

Coast path and countryside walk

Distance: 8.2 miles (13.2km) **Ascent:** 340m (1,115ft)

Time: Allow 3h 45m to 6h 15m

Map: OS Explorer 1:25k (103) The Lizard

Start/Finish: OS Locate SW 782 181 **what3words** ///daffodils.hiker.wished

A great walk along the South West Coast Path, through picturesque woods and across fields. From the hostel go down the steps, turn left onto the road and head downhill. After the first bend take the footpath on the left and turn left to the seafront road. Turn left to pass above the beach. As the B3294 bends to the left take the road straight ahead. Follow the Coast Path signposted to Lowland Point. Shortly after Lowland Point the path is diverted (until June 2023). If the path is open continue to Rosenithon and turn right at the road. If diverted turn left, signposted St. Keverne, and head steeply uphill to Treglohan. Bear right to the road and continue to Trythance. The right of way to the right is not reachable, continue along the road and take the shortcut across a field. At the cross roads turn right and either follow the road and bear right at the junction, or head through the Roskilly pond orchard and woodland and turn right onto the road. Re-join the Coast Path in Rosenithon and continue along the road. Take the shortcut on the left across the field and turn right at the road junction to Porthoustock. Visit the beach, return to the road and follow the Coast Path uphill on the road. As the road bends to the right continue ahead. At the road near Trenoweth Mill turn left then take the footpath on the right and follow through the woods. Follow footpath signs and tracks worn through fields to St Keverne. Pass through the church yard and cross the square diagonally to Trelyn Road. Follow the road until

it bends to the right then join the footpath signposted to Coverack. Turn right onto the road at Trevalsoe, then take the footpath through woodland. Pass through the yard at Boscarnon Farm and follow the track between the buildings. As the track bends to the right join the footpath across fields and through woods, then head downhill towards Coverack. At the road turn right and retrace your steps to the hostel.

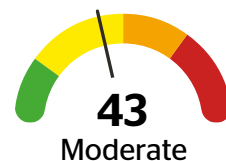
Hazards

Caution on the road sections, the lanes are narrow and without pavements. Active quarry on the closed section of Coast Path, if the path is open then stick to the rights of way and look out for warnings as explosives are used in the area. Tricky stiles in places. Parts of the route are very exposed to the weather. Some avoidable path erosion in places with small drops to the sea.

Accessibility

There are stiles on the route and gates and paths less than one metre wide. Some stiles are tricky to cross. Steep sections, especially at the beginning of the diversion. The ground is uneven, rocky and muddy in places. From Coverack to Lowland Point is especially wet and boggy with deep puddles to avoid and stepping stones in places. The inland paths are generally good and well sign posted with obvious tracks or previously walked lines across fields.

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.



Scan or click to view this route on the OS Maps App – also a route profile and GPX



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Route: YHA Coverack & Mait Over

Points of interest

The route is within the Cornwall Area of Outstanding Natural Beauty, South Coast Western area. Coverack village is a historic fishing village with beautiful thatched cottages, harbour and beach. The coast is stunning and seals can sometimes be seen from Lowland Point. Porthoustock hamlet has a working fishing beach and quarry and is dominated by a disused stone storage silo. St Keverne is a lovely village with more shops than the surrounding villages and hamlets. The Roskilly's farm, producer of Roskilly's ice-cream, is open to look around and sample some of their flavours. The detour provides an opportunity to walk through the Roskilly pond orchard and woodland.

Facilities

There are toilets in Coverack, Porthoustock and St Keverne. Shops, pubs and cafés in St Keverne and Coverack. Food, drink and ice-creams at Roskilly's open farm a short detour from the route.



Thank you for choosing to walk from our hostel.
We hope you have a great time.

Walking in the national landscapes of England and Wales is part of YHA's heritage. With hostels on National Trails, in National Parks and Areas of Outstanding Natural Beauty, YHA plays a unique role in the nation's walking community.

To make it easy for everyone to enjoy walking from YHA hostels, we have curated three walks – an easy, moderate, and more challenging option. They have all been graded – the higher the grade, the more challenging the route.

Before you go:

- Check the local weather forecast (metoffice.gov.uk).
- Check the tide times for coastal routes (tidetimes.org.uk).
- Get the right clothing, footwear and kit for the route and weather.
- Ensure you have enough time to complete the route before dark.
- Download the OS Locate and what3words apps to your phone.
- Contact 999 by SMS text (must pre register by texting 'register' to 999) (relayuk.bt.com/emergencysms).
- Plan your walk by completing the YHA route notification card it helps Emergency Services if you get into difficulties or fail to return from your walk when anticipated (yha.org.uk/route-card).
- Ensure your entire group have the fitness and skills to complete the route.
- For further information on how to stay safe visit adventuresmart.uk

For more walks or information on route grading and timings go to yha.org.uk/walks

If you encounter problems with this route contact walking@yha.org.uk



Scan or click to shop
for OS maps online
osmaps.com/yha

Share your walks



What to wear

- Base layer and mid layer.
- Walking trousers.
- Warm jacket(s).
- Take extra layer(s).
- Hat, gloves and neck gaiter.
- Sun hat, sun cream and sunglasses.
- Waterproof jacket and trousers.
- Cushioning walking socks.
- Walking shoes or boots.

Kit

- Map, compass and GPS device or OS Map app on your phone.
- Water, lunch and high energy snacks.
- Charged mobile phone and portable charger.
- First aid kit.
- Head torch, spare batteries.
- Watch.
- Whistle and survival bag.
- Rucksack, with waterproof cover or a dry bag or plastic bag inside.
- Medicines or toiletries you would usually use.

You might also want to take

- Spare socks, hat, gloves.
- Balaclava.
- Leg gaiters.
- Waterproof baseball cap (handy if you wear glasses).
- Walking poles.

- Bivi bag or group shelter.
- Spare food and hot drink.
- Duct tape (handy for fixing things).
- Penknife or multitool.
- Tissues and hand sanitiser.
- Plastic bags to take away your rubbish or dog poo.

In case of emergency

- Call 999 (or text 999 if pre-registered) and ask for the Police.
- Use OS Locate or what3words to provide a detailed description of your location.
- If you need to attract attention shout or give six blasts on a whistle at regular intervals. In low light flash your torch six times at regular intervals.
- If you can send someone for help, they need to know your location (grid reference), number of people in the group and the nature of the emergency.
- Help could be some time coming so whilst waiting make the casualty comfortable.
- Keep the casualty warm and dry using spare clothing. Use coats or rucksacks to insulate them from the ground.
- Remember the rest of the group could be getting cold whilst waiting. Use an emergency shelter or find a sheltered location.