



Suitable for vegetarians

Wegan optional

Suitable for vegans

**f** Gluten free

Our ingredients: We source our ingredients with care, using British produce

wherever possible. Read more at <a href="https://www.ncg.uk/food-drink">yha.org.uk/food-drink</a>
<a href="https://www.ncg.uk/food-drink">Nutrition:</a> As a guide, adults need around 2000 kcal day.

**Allergens:** if you have any allergies please speak to a member of our team and they will be happy to advise you if an item from our menu meets your requirements.