



Outdoor activities resources

Time: 25 minutes | cost: £ | location: outdoors



Discovery treasure hunt

Discover nature by heading out on a treasure hunt. How many items will you find?

You will learn

To value the outdoors

Enjoy being outside, feel comfortable in nature, and feel connected to the natural environment.

Before you begin

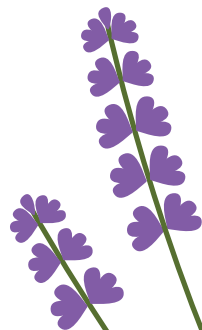
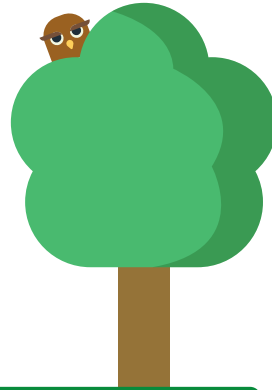
- Choose an appropriate outdoor area such as a nature reserve, woodland area, riverside, canal, or park. If you're going to meet there (rather than at your usual meeting place), make sure parents and carers know exactly where you'll be, and what time to drop off and collect everyone.
- You'll probably need extra adult help for this activity.
- Create a selection of treasure hunts by writing out items to find on squares or scraps of paper. We've included some suggestions below, but you could get everyone involved in setting the treasures to discover.

You will need:

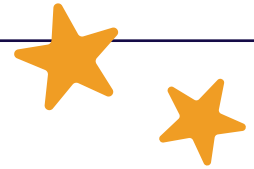
- pens or pencils
- treasure hunt card
- scrap paper
- camera or phone (optional)

Things to find on your treasure hunt

- a cloud that looks like something
- something you've never seen before
- the most interesting and the most boring rock
- the most stick like stick
- your favourite leaf
- something mysterious
- something that shouldn't be here
- something really, really important
- the best smelling thing
- something that plays a tune
- two things which are opposite
- something shaped like something else



Discover the great outdoors



- 1 Everyone should gather at the agreed place.
- 2 An adult should explain any specific safety arrangements for the activity. For example, does the place you're using have any hazards people need to be aware of? Are there boundaries on how far people can go? Where will the grown ups be?
- 3 Everyone should split into pairs or small groups.
- 4 The person leading the activity should give each pair a treasure hunt card and ask them to find the item written on it.
- 5 Pairs should record the item they've found by remembering its description, drawing it, writing down what it looks like, or taking a picture.
- 6 Once a pair has recorded the item, they should tell someone about the item (or show them their drawing, writing, or photo) and explain why it matches the card.
- 7 Pairs should repeat steps four to six until the group has found all items on the treasure hunt. You could set a time limit to find as many items as possible or finish the activity once one pair has found all the items.

Reflection

Time	Activity
5 minutes	This activity helps everyone focus on what is around them and connect with the outdoors. Everyone should tell the group about some of the items they've found. Why did people choose a certain item for a treasure hunt card? Were there other items they could have chosen? Is anyone surprised by the items the other pairs chose for the same cards?

Change the level of challenge

Start by asking the group to find just one or two of the items, then gradually add more.

