



summer 21

The Journey

Easy rider

Hostels close to bus and train stations

Wye Valley

A river break on the England-Wales border

Let's go!

Four pages of kids' fun and games inside



Discover national treasures and hidden gems

**Rooms
from £29
per night
this season**

Be it the foot of the highest mountain, shore of the largest lake, the heart of National Parks or world-famous historic places, YHA offers doorstep access to the nation's most iconic landscapes and landmarks.

After a year to forget, let's make it a summer to remember. Come and explore.

yha.org.uk/breaks/summer-holidays

Stay at YHA The Sill at Hadrian's Wall

8

A new hostel

Read about YHA Chester Trafford Hall

12

COVID memories

Reflecting on our pandemic response

14

Wye Valley

We visit the birthplace of UK tourism

19

Let's go!

Four pull-out pages of fun and games for children

23

Family breaks

Why travelling with the kids makes sense

26

Easy rider

Nine of the best YHAs for car-free breaks

30

Outdoor swimming

How to make the most of wild swimming

34

Hostel guide

The definitive list of YHA hostels in England and Wales

39

Competition

Win Kora Outdoor baselayer sets

Hello

...and welcome to the summer 2021 issue of The Journey. The warmest time of the year is traditionally the most carefree, and with everything we've been through collectively since early 2020, it's a cheering thought that the months ahead are likely to hold fresh potential for exploration and adventure. New places, new discoveries, new acquaintances, and new memories.

In this issue, we cover several topics dear to our heart, looking to our post-pandemic future, spotlighting family travel, and suggesting nine great hostels that can be easily reached by public transport. In addition, you'll also find a Wye Valley feature, the usual news and reviews, and Let's go!, our special pull-out kids' section.

Above all, of course, summer is a time of optimism, and with life looking like returning to something approaching normal, we could all do with a bit of that. We hope you enjoy reading the issue, and finding inspiration for your future travels.



“I have two doctors, my left leg and my right.”

This timeless quote comes from George Macaulay Trevelyan, whose legacy with YHA was assured by virtue of his being the organisation's first president. The historian and author was instrumental in helping hostels to become a part of UK life. He had a fondness for spartan living - he was a Fellow of Trinity College, in Cambridge, but was once mistaken for a vagrant - and was similarly passionate about the joy of time spent in the hills, as evidenced by the line above. He would doubtless have been enthused by the range of different YHA options available to today's outdoor-lovers - which is as good an excuse as any to print this gorgeous photo of Snowdonia. Get your doctors moving.



Beresford



New to the network

YHA Chester Trafford Hall is our most recent opening



Positive news has often been felt in short supply over the past 18 months, so this summer we're delighted to be able to welcome a brand new hostel to the network: YHA Chester Trafford Hall. Set in a handsome neoclassical Georgian mansion - complete with stone dressings and a Grade II listing - it sits just over four miles from the historical Roman heart of Chester itself, in the little village of Wimbolds Trafford.

The hostel, which is owned by our partners The Regenda Group but operated by us here at YHA, has top-notch environmental credentials, being heated by 100% renewable energy and also playing host to a carbon-neutral annexe and an organic kitchen garden. Accommodation-wise it has 53 en suite rooms - all sleeping between two and five - and also has extensive group and meeting facilities.

"YHA Chester Trafford Hall's strategic location in the North West, at the gateway to Chester, will play a significant role in our aim to welcome 5 million people to stay with us over the next five years," says YHA Chief Executive James Blake. "It offers affordable accommodation for young people, families and schools. It's a great location for education residentials and corporate away days too." yha.org.uk/hostel/yha-chester-trafford-hall

Four great things to do from YHA Chester Trafford Hall

Chester Zoo

Considered one of the best of its kind, Chester Zoo has more than 20,000 animals and works closely with conservationists and scientists to safeguard endangered species.

Chester City Walls

The city's 2,000-year-old walls are the longest, oldest and most complete in Britain. Walk the full two-mile circuit to get a sense of their scale.

Wales Coastal Path

The start marker for the epic Wales Coastal Path - an 870-mile trail around the country's dramatic shoreline - is situated on the outskirts of Chester.

The River Dee Round

A 15-mile cycle route along traffic-free paths, the River Dee Round leads you out of the city and into the surrounding countryside, returning along the river.



Prince Philip, Duke of Edinburgh: 1921-2021

When Prince Philip, Duke of Edinburgh, passed away in April of this year, it gave us the chance to reflect on the life of a man who had made a significant impact on getting children to spend time outdoors. He began considering a project to support young people's development back in 1954 - seven years after marrying The Queen - and the first pilot scheme for the Duke of Edinburgh's Award was launched in 1956. It's tribute to the remarkable success of the venture that even during the difficulties of the past year, some 330,000 young people continued with their DofE activities.

The award scheme - which sees participants learning practical self-improvement skills, taking part in residentials, volunteering in the community and, perhaps most famously, setting off on small-group expeditions - has long had links with YHA. As an approved activity provider for the organisation, we host Gold residentials at a number of our hostels in England and Wales and, no less importantly, share and admire many of the same values that the DofE Award scheme promotes.

For the Duke himself, the Award was "what I like to describe as a 'do-it-yourself' growing-up kit", and in the 65 years since its founding the scheme has helped to transform the lives of millions of young

people, both here at home and around the world. In the UK alone, more than 3.1 million Awards have been achieved.

Back in 2013, we were lucky enough to welcome His Royal Highness, together with The Queen, to open YHA South Downs (the Duke is pictured above at the hostel opening). He died just two months short of his 100th birthday, and his legacy will be a fittingly long one.



AdobeStock/eurobanks

DofE annual statistics

- DofE participants spent **3,397,035 hours volunteering** to help others
- **72,577** disadvantaged young people began their DofE journey
- **27.6% of 14-year-olds** in the UK started a Bronze DofE programme

New outdoor films

Away from the multiplexes and big-budget studios, there's a vibrant community of filmmakers focusing on their passion: the outdoors. Cyclists, surfers, climbers and hillwalkers are all now documenting the stories they discover on their travels. Here are six of the best new short films about the British countryside.

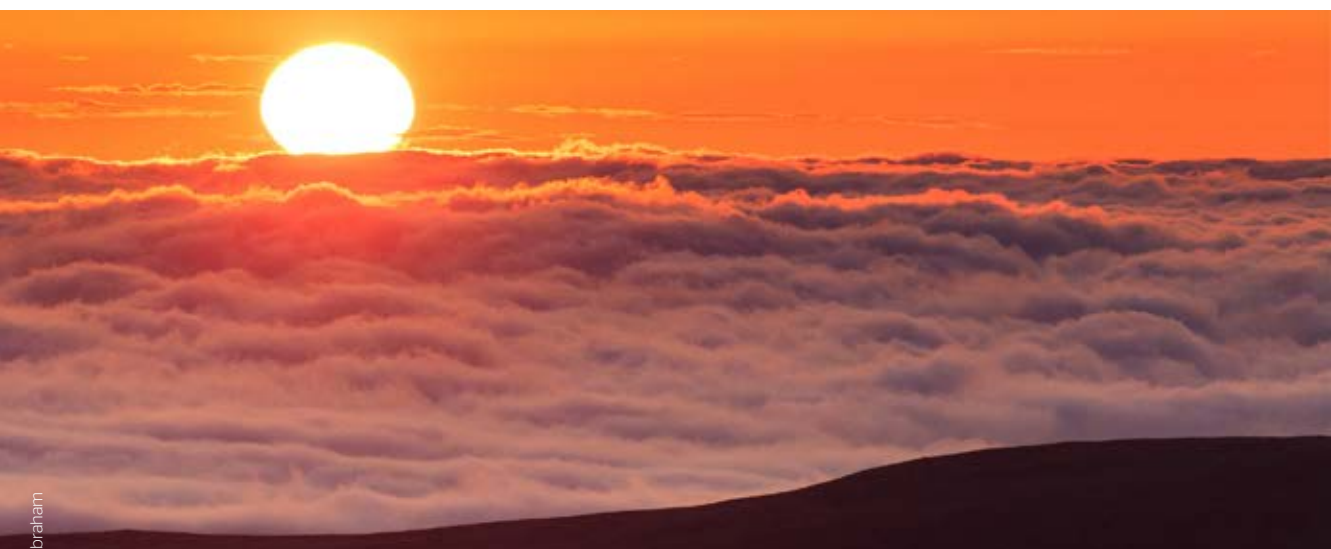
Life of a Mountain: A Year on Helvellyn

The final part of Terry Abraham's Life of a Mountain series - which focuses on different Lake District fells - centres on the mighty Helvellyn, the National Park's most visited peak. Terry, always behind the camera, mixes jaw-dropping landscape footage with interviews of those people who live by or visit the mountain, from farmers to artists. He also takes viewers on a low-level flypast via RAF plane. Buy prints exclusive to Cherrydidi cherrydidi.com/collections/terry-abraham. His new book Terry Abraham: Life on the Mountains is available now. **Watch the film on BBC iPlayer (60-minute edit).**

Trail Tales: Lead by Generations

A mountain biking film? Well, not really. Trail Tales: Lead by Generations, a seven-minute film sponsored by bike brand Orbea, follows a singletrack trail down the Yorkshire Dales and through the Old Smithy of Gunnerside, meeting Stephen Calvert, the sixth generation of his family to work there as a blacksmith. It's a beautiful and touching film that highlights the longstanding heritage of the area and its thrilling trails.

Find it on YouTube.



The Ripple Effect

At the start of the pandemic, Mike Guest found himself in an unusual setting: home. He's spent 20 years as a freelance photographer across the world, but *The Ripple Effect* is a five-minute film that follows a conversation with his friend and fellow surfer/photographer Nick Pumphrey about mental health, and the solace in surfing the sea - at dawn every day for a month. Moving, meaningful and relevant.

Find it on Vimeo.

Rarebit Ramble: Brompton Bikepacking, Wales

Proof that adventure doesn't need the perfect equipment. A group of friends pick up some Brompton fold-up bikes from Birmingham, jump on a train to mid-Wales and embark on a cross-country adventure to Carmarthen over three days. Less than four minutes long, this film from *Pannier* magazine is a fun and beautifully shot film of cycling, swims and mates.

Find it on YouTube.

The Corris Round

This award-winning short film follows 12-year-old Tom Gilbert who during the first lockdown was inspired to create his own version of the Lake District's famous Bob Graham Round ultra-route. Running out of his door from his home town in Corris, Wales, Tom linked up all the big mountains around his home. The film even features guest appearances from ultra athlete Nicky Spinks and Olympic medal winner John Disley. A heart-warming, inspiring film showing the passion of youngsters.

See it on YouTube.

Hydrotherapy

Hydrotherapy is a story of adaptation, strength and personal re-wilding set in the raw and beautiful landscapes of Snowdonia National Park. Laura Owen Sanderson has not only overcome a life-changing illness through wild swimming but has also found a greater connection to the natural world. It has led her to protect wild waters and wild spaces across the UK. Directed by Fin and Jack Davies. **Find it on YouTube.**



COVID stories

YHA's response in the first year of the pandemic, a people's perspective

The coronavirus pandemic has been devastating for our communities, beneficiaries, supporters and people. It has also deeply affected YHA's ability to generate income and deliver impact. It was YHA's 90th year, and easily one of its toughest. In response to the first year of the pandemic, YHA published COVID Stories, written as the year unfolded. It is full of stories of resilience and hope, of the contribution that YHA has made to society through a devastating year, and of belief in the future. The full publication can be found here: yha.org.uk/about-yha/impact, but here are a few key excerpts.

Planning was broken down into stages:

1. Closure

2. Repurposing

3. Reboot

4. Renew

Closure

The lockdown in March 2020 meant the entire network of 153 hostels had to close for recreational use. This was the first complete closure in YHA's history. Within a week, 92% of hostel teams and the majority of national office staff were furloughed. It was devastating, but YHA had

strong foundations to weather the crisis.

Developed in 2019, a new 10-year strategy called 'Adventure. For the first time and a lifetime'. set the direction of travel for YHA in the run-up to its centenary. It launched in April 2020, a month into the pandemic, with a conviction that its vision, mission and aims would only prove more urgent in the wake of the crisis.

Chief Executive James Blake said: "We were clear early on that our strategy is right, and that there's nothing about the pandemic that changes the overall strategy. It was about what we wanted to see in 10 years' time. And the impact that we would have on society and people. COVID-19 has made those priorities even more relevant."

Repurposing

A specialist reservations task force was set up to find ways to repurpose our hostels and answer how we could assist the national effort to support key workers, NHS staff and vulnerable people.

Across the organisation, we considered where the network could best support the needs of communities. Early on, we identified homeless people and women experiencing domestic abuse as people we could offer real support. YHA worked with a

domestic violence charity to provide crisis accommodation. The charity, which will remain anonymous for safety, run a variety of services for people – mainly women and their children – who are fleeing domestic violence.

A representative from the domestic violence charity said: “A lot of feedback from the women is really positive. They’re happy and they appreciate the space, the meals, the input, the support, the children can run around. The freedom aspect is really important for us because that’s exactly what they didn’t have.”

Reboot

“Reboot is, saying at its simplest form, how do we go from a closed network to reopen accommodation and activities, and having an impact again, in the safest possible way in the new climate,” said Associate Director of User Experience Jon Smith.

A framework for decision-making was developed along with a matrix of YHA accommodation options that we could safely open given various criteria that the Government might impose.

The Government indicated the hospitality sector was expected to reopen from 4th July. As a charity with a duty of care to our supporters, beneficiaries, staff and partners, the situation compelled YHA to progress with caution and careful consideration – guarding against financial and reputational loss.

On 17th July, we began a phased reopening of selected properties. To meet the requirement for social distancing, we were unable to open dorm rooms or social spaces such as self-catering kitchens – unique and fundamental features of the hostelling experience.

The COVID-19 flexibility guarantee was introduced to give bookers confidence that they wouldn’t be left out of pocket if Government restrictions related to COVID-19 prevented them from travelling or our accommodation became unavailable for any reason.

Renew

The Renew programme began in November 2020 and will run through 2021 and beyond. It is a programme of activity to enable YHA to recover from the pandemic in the best possible shape to deliver its mission and strategy in the years to come – the aim, to ensure YHA’s future prosperity.

The solid financial footing upon which YHA entered the pandemic meant YHA was shielded from having to offload capital assets at short notice. Through borrowing and rigorous financial management, YHA avoided the need for a fire sale.

YHA began 2020 on the back of another record-breaking year for impact and income. Following 10 years of investment in our hostel network, in 2019/20 we had our busiest 12 months. We passed the million-guest mark, as more people discovered our unique offer and quality, affordable accommodation.

YHA ended the financial year with a £40m drop in income. Through immediate and decisive action, we have done all we can to safeguard the charity for the future. This has included pausing capital investment, making cost savings where we can, applying for all available funding and grants, and broadening our income streams. Overall, this helped us save some £28m.

“
I think there is huge strength, huge resilience in YHA as an organisation and in just about everybody I meet in YHA. We will get through and we will find a new future, and we will take the crisis as an opportunity to reshape the organisation in a way that when we emerge will mean that we’re in better shape.”

Margaret Hart, Chair

The birthplace of British tourism?

A stay at YHA Wye Valley, in the borderlands of England and Wales, lets you follow in the footsteps of early visitors says Ben Lerwill.



A bit of advice about YHA Wye Valley. Don't book a stay if you want to be within walking distance of a shiny shopping mall. Steer well clear if you enjoy being surrounded by traffic, buildings, and bars. And don't even consider it if your idea of a good time is feeling the 24-hour thrum of humanity coursing around the four walls of your accommodation. If, however, you like the sound of somewhere set on a bushy green riverbank, reachable down a bumpy singletrack road that worms through the Herefordshire countryside, then it's your lucky day. Sit back and enjoy the birdsong.

The River Wye itself - a clear, chuckling waterway that rises in the Cambrian Mountains and winds its way down to the Severn Estuary - flows right past the hostel. Here, the whole feel of the valley and the river is one of space and serenity. Cliffs soar, woodlands sprawl, and herons keep vigil in the shallows. There's precious little about the view that tells you it's 2021 - in fact, if you listen really carefully, you'll hear the sound of Georgian-era tourists cooing at the scenery as they cruise downstream.

In the late 18th and early 19th centuries, you see, this portion of the Wye Valley was the place to be. Today billed as the birthplace of British tourism, it attracted poets, artists and all manner of other high society types, who flocked here to enjoy the bucolic river views, the market towns, and the historical ruins that still scatter the banks. The so-called Wye Tour, which saw visitors chartering boats to be rowed from Ross-on-Wye to Chepstow - usually over two days, and passing the site of today's hostel en route - was the most fashionable travel experience of its day. With the Napoleonic Wars raging in Europe, it was a time when continental trips were essentially impossible. So the Wye it was.

The catalyst for the region's popularity was a London cleric named Reverend William Gilpin, whose book *Observations On the River Wye* was an account of his visit here in 1770, in which he was conveyed along the route outlined above. The book is now considered to be the first travel guide published in Britain, and within a few



© Linda Wright



Adobestock/kromkrathog



© Drew Buckley



decades the upper classes were pouring here from around the country to sample the Wye Tour for themselves. At the height of its popularity, there were around 20 rival guidebooks in print and a whole fleet of boatmen waiting to row moneyed tourists down the river.

These days you do your own paddling. Of the advantages we have over visitors from 250 years ago – better food, more practical clothing, less reliance on powdered wigs – the most obvious is that travel these days is more democratic and, I imagine, more fun. No one’s going to charge you the earth or check your aristocratic credentials if you want to hire a canoe, as I find out when my partner and I do just that. “We want people to feel like they’re on their own adventure,” says Stuart Wyley, owner of Wye Canoes. “That’s what the river’s all about.”

It takes us four hours to make our watery way from Kerne Bridge to Symonds Yat, with transfers and equipment included in

the price. It’s a weekday, so the river is almost ours alone, and we paddle slowly under hills shaggy with woodland as swans drift on the current. When we pass the hostel, it’s half-hidden behind oaks and alders. As a way of unplugging from the rush of modern life, it’s pretty much as fine a way to spend the afternoon as I can think of.

For early tourists, the scenic highlight of the Wye Tour – one of many, it has to be said – was the view from the top of Symonds Yat, the huge limestone outcrop that stares across the valley. The historical highlight, meanwhile, was the crumbling ruin of Tintern Abbey, further downstream.

Both attractions remain more or less unmissable for modern-day visitors. From the summit of Symonds Yat, almost 400ft above a great loop in the river, we gaze across into Wales and ponder the countless others to have stood where we’re standing now. Wordsworth, Nelson, Coleridge and Turner all came here in the valley’s heyday (it’s a telling



quirk of the time that the visitors recorded are overwhelmingly male), with Turner also producing some now-celebrated paintings of the Tintern Abbey ruins.

Today, the abbey church is still an atmospheric, skeletal spectacle on the banks of the river. Built back in the late 1200s, then left to disrepair on the whim of Henry VIII, it was once a place of prayer for some 60 Cistercian monks. The remnants of their dormitories, cloisters and infirmaries are still in place too.

The abbey is also the setting-off point for a rewarding walk up into the hills, following the Offa's Dyke Path National Trail. The trail, which marks its 50th anniversary this year, criss-crosses the England-Wales border at regular intervals - much like the river itself - and traces the Wye Valley for more than 15 miles of its length. With another long-distance route, the Wye Valley Walk, also snaking close to the river, it gives countless opportunities for turning a hostel stay into a hiking break.

We walk up to various wooded viewpoints during our stay, all of which serve up deep panoramas and the sense of stumbling across somewhere that moves at a more measured pace to the rest of the UK. Those early tourists down from London no doubt thought the same. But then that's the Wye Valley for you - if you're after somewhere fizzing along at 90 miles per hour, you'll hate the place.

yha.org.uk/wye-valley

Don't forget!

Less than 10 miles from YHA Wye Valley is another superb hostel: YHA St Briavels Castle. Set in a Grade I-listed medieval castle - and reputedly one of the most haunted buildings in Britain - it's perfectly placed for exploring the area.

Blue sky thinking

Summer's for fun. So stay a new way.
Check out our accommodation range at

yha.org.uk/camping-and-cabins



Camping at YHA Patterdale



Cabin at YHA Canterbury



Tipi at YHA Hawkshead



Camping pods at YHA Borrowdale



Landpod at YHA Coniston Holly How

Let's go!

If you're near a river, pond or lake on a summer's day, you might be lucky enough to spot a dragonfly.



We love... dragonflies!

8
facts!

- 1 Male dragonflies have their own patch of water that they defend, by chasing off any rivals!
- 2 An adult dragonfly has the biggest eyes of any insect in the world. It can spot things up to 15 metres away.
- 3 They might look harmless, but dragonflies need to survive by gobbling up flies, midges, and anything else small enough for them to eat.
- 4 Dragonflies have been around for a lot longer than humans. Fossils of ancient dragonflies have been found from 325 million years ago!
- 5 Dragonfly or damselfly? Damselflies are smaller than dragonflies, but also have four wings. They like staying very close to the water. The common blue damselfly is often seen in summer.
- 6 There are about 30 different dragonfly species in Britain and Ireland - and about 7,000 in the world!
- 7 A dragonfly starts life as an egg, then becomes a wingless larva. When it finally grows to become an adult, its life only lasts one or two months.
- 8 The biggest dragonfly in Britain is the emperor dragonfly. End to end, it measures almost eight centimetres.

Our pull out section for children.



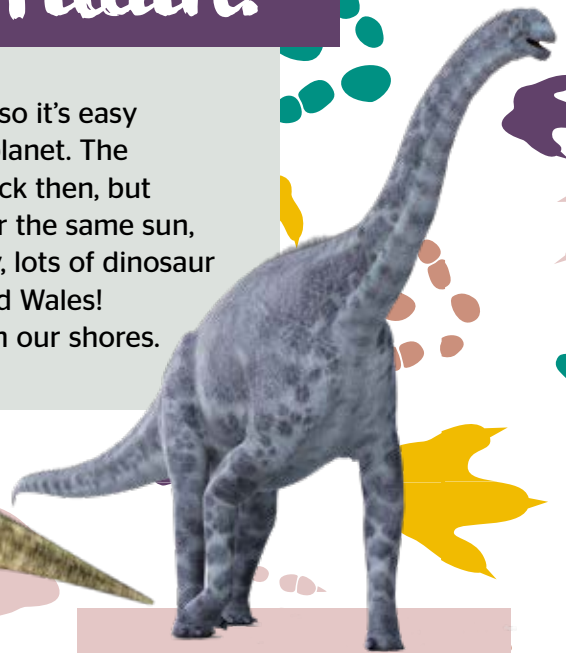
Dinosaurs in Britain!

Dinosaurs died out around 65 million years ago, so it's easy to forget that they once lived right here on our planet. The countryside would have looked very different back then, but these giant creatures walked, ate and slept under the same sun, moon and stars that we do. Even more excitingly, lots of dinosaur fossils have been found right here in England and Wales! Here are three of the species to be discovered on our shores.



Iguanodon

The iguanodon was ten metres long and weighed four tons. At the end of each of its hands was a large thumb spike for fighting any predators off. Its fossils have been found not just in England, but Belgium too! Its name is pronounced ig-WAH-no-don, which means 'iguana tooth'.



Cetiosaurus

This super-sized herbivore lived between 160 and 170 million years ago, and could grow up to 18 metres in length - that's almost one and a half times as long as a London bus! Its name is pronounced see-TEE-oh-saurus, which means 'whale lizard'.



Megalosaurus

This menacing meat-eater wasn't as big as a T-Rex, but it was still powerful enough to hunt down smaller, slower dinosaurs. It was also the very first dinosaur in the world to be given a name by scientists! Megalosaurus is pronounced MEG-a-lo-saurus, and means 'big lizard'.

Top tip! Stay at YHA Boggle Hole or YHA Sheringham to go fossil-hunting on the beach. You never know what you might find...

Bats, clubs and rackets

Match the Olympic sport to the correct description



This sport is played with clubs, a tee, and a small ball.



This sport is known as 'soccer' in the USA.



Riders do stunts on their bikes in this sport.



This sport isn't played on a field - it's played on sand!



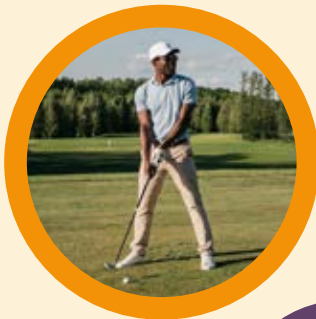
The bounciest sport in the world!



To score points in this sport, the ball has to go through a hoop.

You need special padded gloves for this sport.

In this sport, you use a racket to hit a shuttlecock.



Andy Murray and Serena Williams both play this sport.

You need to hold a big weight above your head in this sport.





Hostel jokes and puzzles!

Try these out on your family and friends...

? In your overnight bag you have four red socks and four blue socks. How many socks do you need to take out before you can be sure you have two of the same colour?
Three.

? Two mothers and two daughters had dinner at a hostel. Everyone had a burger, but only three burgers were eaten in total. How is this possible? They were a grandmother, a mother, and daughter.

Where did the dentist stay when she went on holiday? The tooth hostel!

Knock, knock. Who's there? Mikey.
Mikey who? Mikey doesn't work - can you let me in?

? Tom's parents went to stay at a hostel with their three sons - Snap, Crackle and who?
Tom!

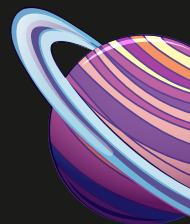
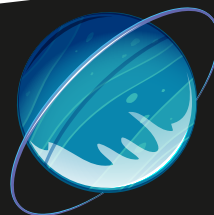


Adobestock/strichfigurende

Planet wordsearch

Can you find the names of these planets in the grid?

- Mercury
- Venus
- Earth
- Mars
- Jupiter
- Saturn
- Uranus
- Neptune



Adobestock/Galacticus



Summer hits

This is the year to take children out exploring

The clue is in the name: Youth Hostels Association. The proof is in the mission statement: 'to enrich the lives of all, especially young people, by providing brilliant hostel stays and experiences that improve physical health, mental wellbeing and life skills.'

Although our scope is broad, YHA is fundamentally designed for young people, whatever their circumstance, and this has been true throughout our 91-year history. Of course, this doesn't just mean school groups, community groups and young explorers - integral though all three groups are to the work we do. It also means families.

For family groups (and we're speaking from ample experience here), hostels are

quite simply fun places to be. Taking kids hostelling for the first time is a memorable experience, whether it's in the middle of a city, the heart of a National Park, or somewhere along the coast. Bunk beds become dens and the hostels themselves become little worlds to explore: the kitchens, the lounges, the bookshelves, the board games. Often, too, there are grounds to investigate, and new friends to be made. And all that's before we get to the business of making the most of whichever destination you happen to be staying in.

We have a couple of family travel stories here that are very different experiences - this summer, it's for the kids to make their own.



In the country: YHA New Forest

It's a sunny day in Burley, and there are ponies standing at the bus stop. This fact is so mind-blowing to my eight-year-old daughter - so alien to her notion of what animals should do - that her ice-cream is freely dripping down her hand. Even when I explain to her that yes, there are thousands of wild ponies in the New Forest and no, they won't actually be getting on the bus, I see her repeatedly looking back over her shoulder to check I'm not fibbing.

I've come to the New Forest with my two kids, Bethan and her older brother Joe. We're staying in a camping pod at YHA New Forest, and location-wise the hostel is a gem, being tucked away down a wooded lane in the heart of the National Park. The pod itself is a beehive-shaped, pine-clad hideaway set in the grounds and the kids go crazy for it. "This," they shout, seconds after throwing their bags then themselves onto the beds, "is the best den ever."

Fortunately, they're willing to pry themselves away to explore further afield. We've brought our bikes with us (although note there are also hire facilities in Burley, some 15 minutes' walk away), which means not only do the kids spend their evening hours buzzing up and down the unsealed lane that runs past the hostel, but that we're able to embark on a long, packed-lunch day-ride through the woods. Over 12 miles, we spot red deer and endless butterflies, pedal at changeable speeds with regular snack-stops, and generally clock up enough hours in the saddle to well and truly earn our evening pizza.

Hostel stays with kids don't need to be complicated, or have packed itineraries. Sometimes the simplest short breaks are the best ones. We round things off the next day by strolling down for ice-creams to Burley, where the Harry Potter-mad kids are thrilled to discover a couple of shops dedicated to the village's historical involvement in witchcraft. Wand-browsing over, we wander back along the lane to the hostel - one of us checking over her shoulder to make sure no ponies are hopping onboard the Number 35.

[Ben Lerwill](#)

In the city: YHA London Central

For children living outside the capital, their first trip to London is rarely forgotten. The noise, the people (so many people), the skyline. Buckingham Palace, the Science Museum, St Paul's Cathedral, Big Ben, the London Eye... all sights that they'll have seen countless times in books and films, coming to life. Right there in front of them.

My own first trip to London, on a National Express coach in the 1980s, had me nose-pressed to the window in amazement. I had never seen so much activity, so many skyscrapers. Suddenly, I was a very long way from my home in industrial Humberside. It was the Tower of London that made the biggest impression on me: wondering at the Crown Jewels, talking to a Beefeater, spotting the ravens, learning about the grizzly history of the Princes in the Tower and the fate of those condemned to Traitor's Gate.

So it was the Tower where I took my children on their first visit to London: Clara, then aged 9, and Elliot, then aged 4. I chose to stay in a family room at YHA London Central, from where we could easily get to Tower Bridge, the Tower of London and Borough Market (this last attraction was a surprisingly big hit). After exploring the Tower, we jumped on a Thames Clipper - a thrill for an adult, let alone two wide-eyed children - and sailed through London to Battersea Park where we could - and this was another treat - get on a red bus. The V&A was the first stop. Clara had always wanted to go, ever since we bought a lovely set of Clara Button books by Amy de la Haye. In them, Clara's namesake visits exhibits in the V&A, and we did the same.

Along with marmalade sandwiches and breadsticks, in our packs we carried books - not a practical thing to bring, perhaps, but they contained the references my children had. These included Paddington Bear (hence the marmalade sarnies), When We Were

Very Young by AA Milne (with the poem Buckingham Palace: "They're changing guard at Buckingham Palace/ Christopher Robin went down with Alice") and, for Clara, The Boy At The Back of the Class by Onjali Rauf, a story about a refugee that also culminates at Buckingham Palace, after an adventure on the London buses.

In all, we spent three days visiting sights, drinking bubble tea, and having picnics in the park. Busy though it sounds, the key was not fitting too much in. A year later, both children still talk about the Crown Jewels and the boat ride. Clara has made a list for the next visit: The Lion King West End Show, the Science Museum, and more marmalade sandwiches and bubble tea.

Daniel Neilson

Three children's books to inspire a trip to London

Katie in London

by James Mayhew (age 2-5)

Katie and her brother Jack get a special tour of London - from a Trafalgar Square lion!

Parrots Don't Live in the City! by Lucy Reynolds (age 2-6)

A beautifully crafted hide-and-seek picture book, designed to encourage children to pause and notice nature all around them.

Lonely Planet City Trails London (age 5-12)

A brilliant kids' guidebook to London's big sights and hidden secrets.

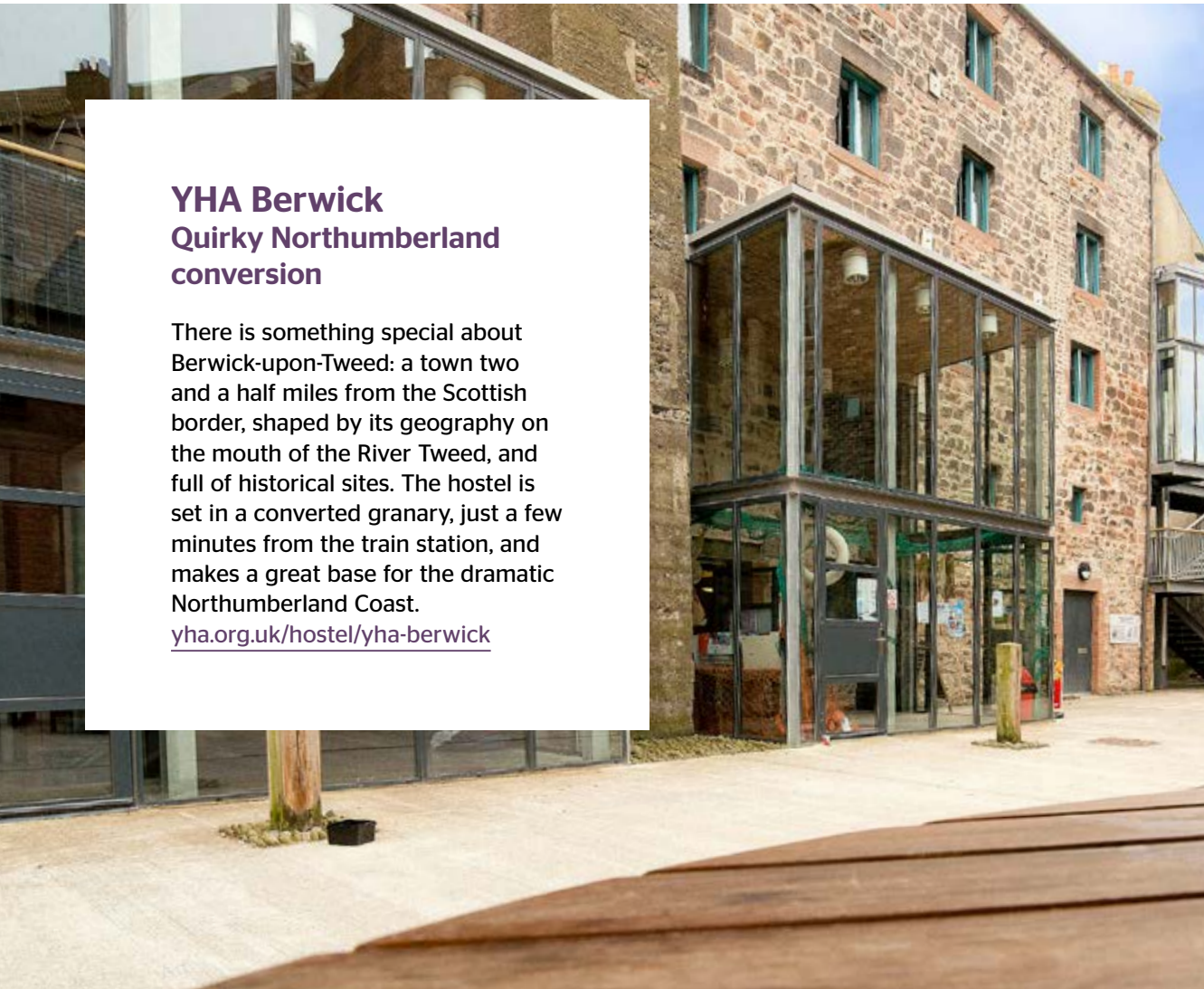
9 hostels easily reached by public transport

One of YHA's great selling points is the beautiful locations of its hostels. Some are remote, others in buzzing urban centres - but we like to think they're all in reach. A huge number of our lodgings sit close to train stations or bus stops, meaning that getting to your summer destination doesn't have to rely on use of a private vehicle. We've highlighted a handful of top options here.

YHA Berwick Quirky Northumberland conversion

There is something special about Berwick-upon-Tweed: a town two and a half miles from the Scottish border, shaped by its geography on the mouth of the River Tweed, and full of historical sites. The hostel is set in a converted granary, just a few minutes from the train station, and makes a great base for the dramatic Northumberland Coast.

yha.org.uk/hostel/yha-berwick





YHA Sheringham

Norfolk seaside charm

YHA Sheringham is only a 10-minute walk from the beach, and a mere five minutes from the train station and town centre. The ancient settlement of Sheringham sits on the North Norfolk coast and has the appealing motto of “the sea enriches, and the pine adorns”. Explore the gorgeous beaches and woodlands of the coast from this spacious hostel.

yha.org.uk/hostel/yha-sheringham

YHA Swanage

Family destination by the beach

In the year of the staycation, YHA Swanage will no doubt prove very popular. This sizeable Victorian villa is just a five-minute walk from an award-winning beach on Dorset’s Jurassic Coast and under 10 minutes from the train station. The hostel is recently refurbished, and has plenty of family sleeping options.

yha.org.uk/hostel/yha-swanage



YHA South Downs

Quintessential Sussex experience

YHA South Downs, located in an atmospheric old flint farmhouse, sits among the classic rolling downland of Sussex. It’s just a few miles outside of the historical town of Lewes – and a mere stroll from Southease train station. You’ll also find camping pods, bell tents, Landpods and campsite facilities available.

yha.org.uk/hostel/yha-south-downs

YHA Cheddar

Escape to the heart of the Mendips

The famous Cheddar Gorge is within walking distance of this converted Victorian house and annexe – set in the little town of Cheddar itself, which is served by Bus 668. The hostel is also an ideal location for an activity break in the Mendips, with plenty of cycle and walking routes passing nearby. Activities can be organised through the hostel with partners Mendip Outdoor Pursuits.

yha.org.uk/hostel/yha-cheddar





YHA Snowdon Pen-y-Pass

Mountain adventures on the doorstep

This hostel is set in one of Britain's most important climbing locations. In its former life as a hotel, it hosted some of the most famous names in Everest history, including George Mallory, who practised on Snowdon's Y Lliwedd face for the 1924 expedition. Walk out the door, and the mountains are right there. Various bus routes run right past the hostel.

yha.org.uk/hostel/yha-snowdon-pen-y-pass

YHA Liverpool Central

For the perfect city break

One of the funkiest hostels in the network, the new YHA Liverpool Central has as plum a city location as its name suggests, sitting a mere twist and shout away from the iconic Cavern Club, where The Beatles made their name. Adding to its city-break potential is the fact that Liverpool Lime Street Station sits less than 10 minutes' walk away.

yha.org.uk/hostel/yha-liverpool-central



YHA Cambridge

Smart spot for a city break

YHA Cambridge is just a three-minute walk from the train station, and a convenient base for making the most of this compact historical city. There's plenty to tempt you - try delving into the indie food and shopping scene around Mill Road, exploring the free-but-brilliant Cambridge University Museums, or punting along the Cam.

yha.org.uk/hostel/yha-cambridge

YHA London St Pancras

Capital exploration

As we discover on page 25, London is a brilliant place to take kids in the summer holidays. There are several hostels in the capital, all, needless to say, very accessible by public transport (heck, this one is even named after a train station). YHA London St Pancras is also within walking distance of dozens of big-hitting attractions.

yha.org.uk/hostel/yha-london-st-pancras



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Please call Karen, our Legacy and In Memory Manager, on [01629 700 990](tel:01629700990) or visit getinvolved.yha.org.uk/donate/gifts-in-wills



Reg Charity Number 306122



How to... go outdoor swimming



Outdoor swimming, you'll have heard, is officially a 'thing'. Along our beaches, riversides and lakeshores are enthusiasts, perhaps wetsuited, taking the plunge into the waters of Britain. It's hardly a new phenomenon, but its popularity has never been greater. And why? Because people are discovering that outdoor swimming is one of the most refreshing, soulful activities there is. We've enlisted the help of Kate Rew, founder of The Outdoor Swimming Society, for an introduction.

The Outdoor Swimming Society was founded in 2006 to 're-establish our connection with the open water.' Kate started it with an eye on championing the practice of swimming in rivers, lakes, lidos and seas; in short, to give people permission to swim again. "When we began... we really had to work to convince people swimming outdoors wasn't dirty, dangerous and illegal," she says. "Lots of people's grandmothers still did it - but it wasn't an active movement." It is now. The Outdoor Swimming Society is free to join and now has more than 145,000 members.

“
OSS members share a belief and an attitude, not a demographic. We embrace outdoor swimming's ability to slip us out of recognisable reality and into something better. We embrace swimming's ability to enlarge and celebrate the beauty of every day and enhance the landscape and people we meet within it.”

Kate Rew, author of
Wild Swim, Faber £14.99

Find more tips and information at
[outdoorswimmingsociety.com](https://www.outdoorswimmingsociety.com)

Tips for responsible outdoor swimming

- Leave no trace, taking all litter (yours and others) away with you.
- Be sensitive about numbers and the impacts on popular swim spots, and go elsewhere if it is busy.
- Be aware of fire risk and avoid starting a fire or causing damage with barbecues or cigarettes.
- Do not pick, uproot, damage or trample plants or trees, including waterweed which is important for invertebrates.
- Avoid removing rocks or disturbing land features, as invertebrates can live under these.
- Be sensitive to bank side vegetation and avoid damaging banks when entering or exiting the water.
- Avoid disturbing livestock or wildlife, including animals, birds, fish and invertebrates.
- Keep your distance from wildlife, particularly from nesting birds in spring and summer.
- Keep clear of areas important for fish breeding and spawning, such as gravel shoals and riffles, especially between autumn and spring.
- Be especially careful in areas designated to protect nature. Research the place you are visiting, for example look up Sites of Special Scientific Interest (SSSIs) and nature reserves, ask people or wildlife/conservation organisations familiar with the local area, or if possible the landowner or site manager, to see what the protections are and what particular care to take.
- Be bio secure - CHECK, CLEAN, DRY: check swim gear for organisms after swimming, clean it well, and dry gear before swimming again #spreadthewordnottheweed.

Tips for staying safe

1 Spot the dangers

Ask locals for advice, and read local warning and guidance signs before heading into water at a new spot. Find your exit point before entering the water.

2 Swim sober

Alcohol and drugs impair judgement, swimming ability and body temperature.

3 Swim with others

Consider taking someone with you when you go into water, especially if you've not swum alone before.

4 Increase your exposure to open water gradually

Enter the water slowly, getting used to the temperature.

5 Avoid jumping in

Check for depth and hazards, and get used to the water temperature.

6 Watch children at all times

Find a safe area for children to play in and watch them all the time.

7 Swim at lifeguarded beaches

If new to swimming outdoors or long distance swimming, stick to lifeguarded beaches and obey the flags. If you get into trouble, signal for help by raising an arm or leg.

8 Recognise the signs of drowning

People who are drowning are usually silent. Call for help - dial 112 or 999 and ask for the Coastguard, or Fire and Rescue at an inland location.

9 Learn how to spot a rip tide

If you get caught in a rip, stay calm. Swim parallel to the shore until free of the rip and then head for shore. If you can stand, wade, don't swim.

10 Remember the SAFE swimmers code

SPOT the dangers

ADVICE - follow safety advice and read signs

FRIEND - swim with others

EMERGENCY - call for help, recognise the signs of someone in trouble



Tried and tested

Four outdoor items put through their paces by The Journey team

KEEN Ridge Flex Mid WP

[keenfootwear.com](https://www.keenfootwear.com)

Now here's a serious pair of boots. Slip your feet into the new KEEN Ridge Flex WP and it feels like the beginnings of your own action-hero outfit. They're sturdy, strong and substantial - but they're also far more than just foot armour. The brand's KEEN.BELLOWS FLEX technology introduces a TPU accordion-like section onto the forefoot (in yellow on the photo), bringing more durability and versatility to an area that traditionally compresses during a hike. They're also treated with a water repellent and have chunky 5mm lugs underfoot. Avengers, assemble.

Ben Lerwill

- + Flexible forefoot
- + Waterproof and anti-odour technology
- + Available in mid and low styles (M/F)
- A tad pricey

Did you know?

All YHA members receive discounts at gear stores including Cotswold Outdoor, GO Outdoors, Snow+Rock, Runners Need and Cycle Surgery

yha.org.uk/membership/member-benefits





Lowe Alpine AirZone Active 22 rab.equipment/uk

The first rule of daypacks is that they should help you rather than hinder you. Step forward the new Lowe Alpine AirZone Active 22, which does the important things without fuss. The mesh back panel gives guaranteed ventilation space between back and pack, stretch pockets at the front and sides provide easy-to-grab storage, and the stashed rain cover is easy to slip on when the weather turns. Other perks include tip grippers for your poles, H2O compatibility for your water bladder, and an integrated whistle on the chest strap.

Louisa Williams

- + Highly practical
- + Available in five colours
- + Made from ripstop nylon
- None



Smartwool Sulawesi Mid Crew Socks smartwool.co.uk

These new Hike Light Mid Crew Socks take their job seriously. These days, that not only means comfort (with light underfoot cushioning for padding, Indestructawool™ technology for durability, and Virtually Seamless™ toes for minimal pressure, they certainly fit the bill there) but environmental responsibility. As such, these women-specific socks are made from a merino wool mix paired with recycled nylon, which has the added advantage of helping with breathability. As you'd hope from socks built for the outdoors, you feel the benefits from the moment they're on.

Francine Morgan

- + Designed for outdoor comfort
- + Great use of technology
- + Partly made from recycled nylon
- Stylish pattern often hidden by boots and trousers!



Kora Yardang Jersey

Yak. Those huge beasts that roam the Himalayas at high altitudes in sub-zero temperatures. And how do they survive these punishing conditions? Because their hollow wool is an exceptional insulator. This was noticed by kora founder Michael Kleinwort while staying with nomadic yak herders at 5000m altitude. He decided yak would make the perfect wool for active clothing. The Yardang Jersey is from kora's latest collection that blends merino and 30 per cent yak wool, and it's so beautifully soft I've barely taken it off. All the kora clothing I've tried has been exceptional quality.

Daniel Neilson

- + Incredibly soft and comfortable
- + Naturally odour resistant
- + Designed for active outdoor pursuits
- Nothing yet!

Hostel guide



Book now

Visit yha.org.uk

YHA All Stretton
YHA Alnwick

YHA Alston
YHA Alstonefield

YHA Ambleside
YHA Bath

YHA Beer
YHA Berwick

YHA Betws y Coed
YHA Beverley Friary

YHA Black Sail
YHA Blaxhall

YHA Boggle Hole
YHA Borrowdale

YHA Borth
YHA Boscastle Harbour

YHA Boswinger
YHA Brecon Beacons

YHA Brecon Beacons Danywenallt
YHA Bridges

YHA Brighton
YHA Bristol

YHA Broad Haven
YHA Buttermere

YHA Cambridge
YHA Canterbury

YHA Castleton Losehill Hall
YHA Cheddar

YHA Chester Trafford Hall
YHA Cholderton Stonehenge

YHA Clun Mill
YHA Coniston Coppermines

YHA Coniston Holly How
YHA Conwy

YHA Cotswolds
YHA Coverack

YHA Dalby Forest
YHA Dartmoor

YHA Dufton
YHA Eastbourne

YHA Edale
YHA Eden Project

YHA Edmundbyers
YHA Elmscott

YHA Ennerdale
YHA Eskdale

YHA Exford
YHA Eyam

YHA Gower

Meadow Green, Batch Valley, All Stretton, Shropshire, SY6 6JW
34 to 38 Green Batt, Alnwick, Northumberland, NE66 1TU

The Firs, Alston, Cumbria, CA9 3RW
Gypsy Lane, Alstonefield, nr Ashbourne, Derbyshire, DE6 2FZ

Waterhead, Ambleside, Cumbria, LA22 OEU
Bathwick Hill, Bath, BA2 6JZ

Bovey Combe, Beer, Seaton, Devon, EX12 3LL
Dewars Lane, Berwick Upon Tweed, Northumberland, TD15 1HJ

Swallow Falls Hotel, nr Betws-y-Coed, Conwy, LL24 ODW
Friar's Lane, Beverley, East Yorkshire, HU17 ODF

Black Sail Hut, Ennerdale, Cleator, Cumbria, CA23 3AX
The Old School House, Blaxhall, Woodbridge, Suffolk, IP12 2EA

Mill Beck, Fylingthorpe, Whitby, North Yorkshire, YO22 4UQ
Longthwaite, Borrowdale, Keswick, Cumbria, Lakes, CA12 5XE

Morlais, Borth, Ceredigion, SY24 5JS
Palace Stables, Boscastle, Cornwall, PL35 OHD

Boswinger, Gorran, St Austell, Cornwall, PL26 6LL
Libanus, Brecon, Powys, LD3 8NH

National Park Study Centre, Talybont-on-Usk, Brecon, LD3 7YS
Ratlinghope, Shrewsbury, Shropshire, SY5 OSP

Old Steine, Brighton, BN1 1NH
14 Narrow Quay, Bristol, BS1 4QA

Broad Haven, Haverfordwest, Pembrokeshire, SA62 3JH
Buttermere, Cockermouth, Cumbria, CA13 9XA

97 Tenison Road, Cambridge, Cambridgeshire, CB1 2DN
54 New Dover Road, Canterbury, CT1 3DT

Castleton, Hope Valley, Derbyshire, S33 8WB
Hillfield, Cheddar, Somerset, BS27 3HN

Ince Lane, Wimbolds Trafford, Chester, Cheshire CH2 4JP
Beacon House, Amesbury Road, Cholderton, Wiltshire, SP4 OEW

The Mill, Clun, Craven Arms, Shropshire, SY7 8NY
Coppermines House, Coniston, Cumbria, LA21 8HP

Holly How, Far End, Coniston, Cumbria, LA21 8DD
Larkhill, Sychnant Pass Road, Conwy, LL32 8AJ

New Brewery Arts, Cirencester, Gloucestershire, GL7 1JH
Parc Behan, School Hill, Coverack, Helston, Cornwall, TR12 6SA

Old School, Lockton, Pickering, North Yorkshire, YO18 7PY
Bellever, Postbridge, Devon, PL20 6TU

Dufton, Appleby, Cumbria, CA16 6DB
1 East Dean Road, Eastbourne, East Sussex, BN20 8ES

Rowland Cote, Nether Booth, Edale, Hope Valley, Derbyshire, S33 7ZH
Eden Project, Bodelva, Cornwall, PL24 2SG

Low House, Edmundbyers, Consett, Co Durham, DH8 9NL
Elmscott, Hartland, Bideford, Devon, EX39 6ES

Cat Crag, Ennerdale, Cleator, Cumbria, Lakes, CA23 3AX
Boot, Holmrook, Cumbria, CA19 1TH

Exe Mead, Exford, Minehead, Somerset, TA24 7PU
Hawkhill Road, Eyam, Hope Valley, Derbyshire, S32 5QP

Port Eynon, Swansea, SA3 1NN

YHA Grasmere Butharlyp Howe

YHA Grinton Lodge

YHA Hartington Hall

YHA Hathersage

YHA Hawes

YHA Hawkshead

YHA Haworth

YHA Hawse End

YHA Helmsley

YHA Helvellyn

YHA Holmbury

YHA Honister Hause

YHA Hunstanton

YHA Idwal Cottage

YHA Ilam Hall

YHA Ingleton

YHA Ironbridge Coalbrookdale

YHA Ironbridge Coalport

Isle of Wight Brighstone

YHA Jordans

YHA Keswick

YHA Kettlewell

YHA Kings

YHA Kington

YHA Lands End

YHA Langdale

YHA Langdon Beck

YHA Leominster

YHA Littlehampton

YHA Litton Cheney

YHA Liverpool Albert Dock

YHA Liverpool Central

YHA Lizard

YHA Llanddeusant

YHA Llangattock

YHA London Central

YHA London Earls Court

YHA London Lee Valley

YHA London Oxford Street

YHA London St Pancras

YHA London St Pauls

YHA London Thameside

YHA Lulworth Cove

YHA Malham

YHA Manchester

YHA Mankinholes

YHA Manorbier

YHA Medway

YHA Minehead

YHA National Forest

YHA New Forest

YHA Newcastle Central

YHA Newport Pembrokeshire**Easedale Road, Grasmere, Cumbria, LA22 9QG**

Grinton, Richmond, North Yorkshire, DL11 6HS

Hall Bank, Hartington, Buxton, Derbyshire, SK17 OAT

Castleton Road, Hathersage, Hope Valley, Derbyshire, S32 1EH

Lancaster Terrace, Hawes, North Yorkshire, DL8 3LQ

Hawkshead, Ambleside, Cumbria, LA22 0QD

Longlands Drive, Haworth, Keighley, West Yorkshire, BD22 8RT

Hawse End Cottage, Portinscale, Keswick, Cumbria, CA12 5UE

Carlton Lane, Helmsley, North Yorkshire, YO62 5HB

Greenside, Glenridding, Penrith, Cumbria, CA11 0QR

Radnor Lane, Dorking, Surrey, RH5 6NW

Seatoller, Keswick, Cumbria, CA12 5XN

15 Avenue Road, Hunstanton, Norfolk, PE36 5BW

Nant Ffrancon, Bethesda, Bangor, Gwynedd, LL57 3LZ

Ilam Hall, Ilam, Ashbourne, Derbyshire, DE6 2AZ

Greta Tower, Sammy Lane, Ingleton, North Yorkshire, LA6 3EG

1 Paradise, Coalbrookdale, Telford, Shropshire, TF8 7NR

John Rose Building, High Street, Coalport, Shropshire, TF8 7HT

North Street, Brighstone, Newport, PO30 4AX

Welders Lane, Jordans, Beaconsfield, Buckinghamshire, HP9 2SN

Station Road, Keswick, Cumbria, CA12 5LH

Kettlewell, Skipton, North Yorkshire, BD23 5QU

Kings, Penmaenpool, Dolgellau Gwynedd, Wales, LL40 1TB

Victoria Road, Kington, Herefordshire, HR5 3BX

Letcha Vean, St Just-in-Penwith, Penzance, Cornwall, TR19 7NT

High Close, Loughrigg, Ambleside, Cumbria, LA22 9HJ

Forest-in-Teesdale, Barnard Castle, Co Durham, DL12 0XN

The Old Priory, Leominster, Herefordshire, HR6 8EQ

63 Surrey Street, Littlehampton, West Sussex, BN17 5AW

Litton Cheney, Dorchester, Dorset, DT2 9AT

25 Tabley Street, off Wapping, Liverpool, Mersyside, L1 8EE

Kansas Building, Mathew Street, Liverpool L2 6RE

The Polbreen, Lizard Point, Cornwall, TR12 7NT

The Old Red Lion, Llanddeusant, Camarthenshire, SA19 9UL

Wern Watkin, Hillside, Llangattock, Crickhowell, NP8 1LG

104 Bolsover Street, London, W1W 5NU

38 Bolton Gardens, Earl's Court, London, SW5 0AQ

Windmill Lane, Cheshunt, Hertfordshire, EN8 9AJ

14 Noel Street, London, W1F 8GJ

79-81 Euston Road, London, NW1 2QE

36 Carter Lane, London, EC4V 5AB

20 Salter Road, Rotherhithe, London, SE16 5PR

School Lane, West Lulworth, Wareham, Dorset, BH20 5SA

Malham, Skipton, North Yorkshire, BD23 4DB

Potato Wharf, Castlefield, Manchester, M3 4NB

Mankinholes, Todmorden, Lancashire, OL14 6HR

Manorbier, nr Tenby, Pembrokeshire, SA70 7TT

351 Capstone Road, Gillingham, Kent, ME7 3JE

Alcombe Combe, Minehead, Somerset, TA24 6EW

48 Bath Lane, Moira, Swadlincote, Derbyshire, DE12 6BD

Cott Lane, Burley Ringwood, Hampshire, BH24 4BB

17 Carloliol Square, Newcastle Upon Tyne, Northumberland NE1 6UQ

Lower St Mary Street, Newport, Pembrokeshire, SA42 0TS

YHA Ninebanks	Orchard House, Mohope, Ninebanks, Hexham, NE47 8DQ
YHA Okehampton	Klondyke Road, Okehampton, Devon, EX20 1EW
YHA Okehampton Bracken Tor	Bracken Tor, Saxongate, Okehampton, Devon, EX20 1QW
YHA Osmotherley	Cote Ghyll, Osmotherley, Notherallerton, North Yorkshire, DL6 3AH
YHA Oxford	2a Botley Road, Oxford, Oxfordshire, OX2 0AB
YHA Patterdale	Patterdale, Penrith, Cumbria, CA11 ONW
YHA Penzance	Castle Horneck, Penzance, Cornwall, TR20 8TF
YHA Perranporth	Droskyn Point, Perranporth, Cornwall, TR6 OGS
YHA Poppit Sands	Sea View, Poppit, Cardigan, Pembroke, SA43 3LP
YHA Port Eynon	Old Lifeboat House, Port Eynon, Swansea, SA3 1NN
YHA Portreath	Nance Farm, Illogen, Redruth, Cornwall, TR16 4QX
YHA Pwll Deri	Castell Mawr, Trefasser, Goodwick, Pembrokeshire, SA64 OLR
YHA Ravenstor	Millers Dale, Buxton, Derbyshire, SK17 8SS
YHA Rhossili	Rhossili Middleton, Rhossili, Swansea, SA3 1PJ
YHA Rowen	Rhiw Farm, Rowen, Conwy, LL32 8YW
YHA Scarborough	Burniston Rd, Scarborough, North Yorkshire, YO13 ODA
YHA Sheen Bunkhouse	Peakstones, Sheen, Derbyshire, SK17 OES
YHA Sheringham	1 Cremer's Drift, Sheringham, Norfolk, NR26 8HX
YHA Sherwood Forest	Forest Corner, Edwinstowe, Nottinghamshire, NG21 9RN
YHA Skiddaw House	Bassenthwaite, Keswick, Cumbria, CA12 4QX
YHA Slaidburn	King's House, Slaidburn, Clitheroe, Lancashire, BB7 3ER
YHA Snowdon Bryn Gwynant	Nantgwynant, Caernarfon, Gwynedd, LL55 4NP
YHA Snowdon Llanberis	Llwyn Celyn, Llanberis, Caernarfon, Gwynedd, LL55 4SR
YHA Snowdon Pen-y-Pass	Pen-y-Pass, Nantgwynant, Caernarfon, Gwynedd, LL55 4NY
YHA Snowdon Ranger	Rhyd Ddu, Caernarfon, Gwynedd, LL54 7YS
YHA South Downs	Itford Farm, Beddingham, Lewes, East Sussex, BN8 6JS
YHA St Briavels Castle	St Briavels, Lydney, Gloucestershire, GL15 6RG
YHA St Davids	Llaethdy, Whitesands, St David's, Pembrokeshire, SA62 6PR
YHA Stratford	Hemmingford House, Alveston, Stratford-upon-Avon, CV37 7RG
YHA Streatley	Reading Road, Streatley, Berkshire, RG8 9JJ
YHA Street	The Chalet, Ivythorn Hill, Street, Somerset, BA16 0TZ
YHA Swanage	Cluny, Cluny Crescent, Swanage, Dorset, BH19 2BS
YHA The Sill at Hadrian's Wall	Military Road, Bardonia Mill, Northumberland, NE47 7AN
YHA Tanners Hatch	Off Ranmore Common Road, Dorking, Surrey, RH5 6BE
YHA Thurlby	16 High Street, Thurlby, Bourne, Lincolnshire, PE10 0EE
YHA Tintagel	Dunderhole Point, Tintagel, Cornwall, PL34 ODW
YHA Totland Bay	Hurst Hill, Totland Bay, Isle Of Wight, PO39 0HD
YHA Treyarnon Bay	Tregonnan, Treyarnon, Padstow, Cornwall, PL28 8JR
YHA Truleigh Hill	Tottington Barn, Shoreham-by-Sea, West Sussex, BN43 5FB
YHA Wasdale Hall	Wasdale Hall, Wasdale, Seascale, Cumbria, CA20 1ET
YHA Wells Next The Sea	Church Plain, Wells, Norfolk, NR23 1EQ
YHA Whitby	Abbey House, East Cliff, Whitby, North Yorkshire, YO22 4JT
YHA Wilderhope Manor	Manor, Longville in the Dale, Shropshire, TF13 6EG
YHA Windermere	Bridge Lane, Troutbeck, Windermere, Cumbria, LA23 1LA
YHA Wooler	30 Cheviot Street, Wooler, Northumberland, NE71 6LW
YHA Wye Valley	Near Goodrich, Ross-on-Wye, Herefordshire, HR9 6JJ
YHA York	Water End, Clifton, York, North Yorkshire, YO30 6LP
YHA Youlgrave	Fountain Square, Youlgrave, nr Bakewell, Derbyshire, DE45 1UR



Now that's a view

Each issue we print a reader's picture that's grabbed our attention.

Share your adventures with us by emailing magazine@yha.org.uk or tweet using the hashtag #LiveMoreYHA

This issue's picture comes from Anthony Carver-Smith, and is captioned "Good morning from YHA Wasdale Hall"

@PaulRadford22

Many thanks to @YHAOfficial Ambleside for the safe visit. First time here and both my daughter and I enjoyed it. Service throughout was superb and you cannot fault a room with a view like that!! The stamp collection continues! #YHA #Ambleside

@davidaglewis

@YHAOfficial had an amazing stay at Edale this weekend. The team were brilliant, and it felt very good to be back staying away safely

@fionaell

Today has been a day of three of my favourite things. Lakes, mountains and trains.
#snowdonia @YHAPenyPass

@normana1965

Basically, a cracking day and now a night courtesy of @YHAOfficial at Elmscott Bunkhouse @swcoastpath

@hostellingscot

Our #HOSTELLING doors are OPEN! So good to be back joining our hostelling partners in doing what we do best! @YHAOfficial @Hilreland @indiehostelsuk @ScottishHostels #GoHostelling #togetherwearestronger #staylocal #RespectProtectEnjoy #Travelsafely

@clairesturz

I've left the coast to explore the New Forest for a few days. I'm staying at @YHAOfficial YHA New Forest, in their new Airstream trailer which is sooo cool! It's the perfect place to go glamping in the New Forest, with everything you need to have...

@OutwardBoundUK

Did you know that young people who forge a connection with the outdoors are more likely to become conservationists? As one of the least diverse workforces in England, the environment sector needs a range of young people! #GenerationGreen

#LivemoreYHA



Name the coastal hostels

WIN Kora Outdoor base layers worth £190

Summer's here - and we have a whole host of hostels scattered along the choicest parts of the English and Welsh coast. We've jumbled up the names of five of them here. Worked out what they are? (The map on p34 might help.)

1. YHA HERMANSIGH
2. YHA GOGBEL OHLE
3. YHA THROB
4. YHA AMERROBIN
5. YHA ETNAGILT

To enter simply send us an email with your five answers to magazine@yha.org.uk by 13th September 2021. Feel free to share your thoughts on this magazine at the same time.



About the prize

Kora Outdoor pioneers the use of sustainable and premium grade yak wool to create super-soft and breathable activewear for year round adventures. Kora is giving away a set of men's and women's Shola top and bottom pure yak wool base layers. The Shola Collection uses the world's first and only 100% yak wool performance fabric, providing ultimate warmth for weight while offering the natural breathability and moisture management benefits of yak wool. koraoutdoor.com

(Subject to stock availability. If your size is out of stock we will offer you a similar piece to the same style and colour. No cash alternatives.)

Last issue: Congratulations to Helen Byrne, who won a Fjallraven Abisko Lite Trekking Jacket.



We are YHA.

We transform young lives forever through travel and real adventure.

Because where you go changes who you become.

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