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### **Hazards**

This is a reasonably high-level route so proper preparation and equipment is necessary. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation. In winter conditions the route will become slippery and dangerous, especially when covered in snow and ice — winter clothing and footwear will be required. Kinder Scout is very exposed to winds and storms with limited shelter. Steep and uneven ascents and descents. Sections of peat bog and muddy ground. Steep drops close to the path. The path from the edge to Grindsbrook Clough falls steeply through a narrow valley containing a stream and is strewn with boulders and bedrock that is polished and slippery when wet.

# Accessibility

Large stretches of rough, uneven ground with large boulders and exposed uneven bedrock, there are stiles, numerous gates less than one metre wide and two narrow bridges on route. The route can be reduced to 3.8 miles by coming off the edge at Ringing Roger, past The Nab and down the good zig-zag path to Edale.

#### **Facilities**

No facilities until the pub in Edale. Another pub, shop, café and toilets a short detour away towards the train station.

## Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit — learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emergencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.
- Complete a route notification card (yha.org.uk/route-card) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

#### In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

# For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

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# **Kinder Southern Edges walk**





#### Hill and moorland walk

A great walk along the southern edges of Kinder Scout with expansive views of the Peak District, returning to the hostel via Edale village. Look out for white mountain hares in the winter months and raven, rock pipet, ring ouzels (mountain blackbird), cuckoo, and wheatear in the summer.

Distance: 6.3 miles (10.1km) Ascent: 448m (1,470ft) Time: Allow 3h 30m to 5h 30m





#### **Route directions**

Map: OS Explorer 1:25k (OL1) Peak District — Dark Peak area

Start/Finish: Grid ref SK 139 865

what3words ///broadcast.glows.geek

- Head around to the back of the hostel, climb the steps, head to the two conifer trees, cross the stile and follow the path uphill.
- Bear left to walk alongside the collapsed wall.
- When the wall meets another, turn right and continue uphill.
- 4 When another wall joins from the left, turn left, cross the wall and continue on the path uphill.
- 5 As the path begins to level out bear left onto the obvious and undulating path and follow it along the edge.
- Remain on the most distinct path and head around the millstone grit rock formation, Ringing Roger, then continue along the edge of the plateau.
- Bear left to Nether Tor and, keeping clear of the steep drops and cliff edges to the left, continue past Upper Tor.
- 8 When the path heads north alongside a small steep sided valley containing a stream, head upstream to find a safe place to cross, then pick up the path heading downstream on the opposite side of the valley. Continue on the ridgeline path.
- Turn left to take obvious, steep and rocky path downhill to Grindsbrook Clough.
- 10 Stay on the path to Edale village.
- At the pub's rear beer garden bear left to cross an old packhorse bridge.
- Bear right onto a lane and follow the footpath signs to YHA.
- B Follow the path straight ahead through Ollerbrook.
- Bear left and uphill, pass Woodhouse Farm and to the hostel.

