

Your Adventure Your Way

Explore the world around you with OS Maps. Routes, mapping and navigation across the UK whenever and wherever you need it.

Find out more at os.uk/osm



Scan to download the app:



YHA Members: Head to the member benefits area at yha.org.uk/walk-os to find your discount code for an OS Maps Premium subscription

Hazards

Some walking on lanes and narrow roads without pavements. Exposed cliff edges on the coast path with steep drops. Coast Path is exposed to the weather. Keep out of the MOD danger area. Steep coastal steps and descents may be slippery after rain.

Accessibility

There are stiles and steps on the route and gates and paths less than one metre wide. An undulating route with several steep ascents and descents. Mostly compact narrow rocky paths, with stones and ruts exceeding 10cm, which may be muddy after rain. Occasional loud bangs from MOD Manorbier.

Facilities

Food, drink and toilets available at YHA Manorbier and Manorbier Castle. Pub in Manorbier. Toilets at Manorbier beach car park.

Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk) and check tide times near you (easytide.admiralty.co.uk).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emergencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.
- Complete a route notification card (yha.org.uk/route-card) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Anita Lockie & Simon Ainley. Designed by HeylinSmith.com. Cover image: Anita Lockie.



Priest's Nose, Manorbier and Lydstep Point walk



YHA Manorbier

Book your stay now yha.org.uk/stay-255

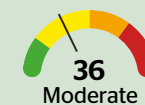
Coast walk

A beautiful and exhilarating triple loop coastal walk including soaring contorted red sandstone cliffs, rock stacks and caves. You may also see birds amongst the gorse and heather and seals close to the cliffs.

Distance: 6.1 miles (9.8km)

Ascent: 291m (955ft)

Time: Allow 3h to 4h 45m



Partnered with



Route directions

Map: OS Explorer 1:25k (OL36) South Pembrokeshire / De Sir Benfro

Start/Finish: Grid ref SS 080 976

what3words ///botanists.ordeals.spirit

- 1 From the hostel turn right.
- 2 At Manorbier Camp entrance turn right. Then turn left along the perimeter fence and follow the Wales Coast Path.
- 3 At the fence corner turn left and follow the fence towards the coast.
- 4 Go through the gate and continue on the Coast Path around Priest's Nose to Manorbier Bay.
- 5 Just before the small bridge over the stream, take the path on the right and follow alongside the stream.
- 6 Just before the road, bear right onto the path and continue to the car park.
- 7 Turn right onto the pavement and follow the road to pass the castle.
- 8 At the junction bear right, then immediately after the hotel turn right onto a small lane.
- 9 Take the left fork to remain on the footpath.
- 10 The right of way to Manorbier Camp is blocked, continue ahead and follow the path through a meadow. Then head around to the right, to reach the road.
- 11 At the road turn right towards Manorbier camp.
- 12 Turn left by the gates, then turn right along the perimeter fence.
- 13 After the wide section of concrete paving turn left and follow the path to the Coast Path.
- 14 Bear left onto the Coast Path and pass Skrinkle Haven.
- 15 Head up the tall steps and turn right. Follow the coast path around Lydstep Point and back down the steps to return to this point.
- 16 Take the steps up to the car park, continue to the road and to the hostel.



Scan or click to view this route on the OS Maps App – also a route profile and GPX

1km / 3/4 mile

Toilets

Pub

Steep gradient

over 15%

over 25%

OS map legend
- find out what the other symbols on this map mean
os.uk/explorerlegend

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.