

Your Adventure Your Way

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YHA Members: Head to the member benefits area at yha.org.uk/walk-os to find your discount code for an OS Maps Premium subscription

Hazards

This is a high-level mountain route so proper preparation and equipment is necessary. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation. In winter conditions the route will become slippery and dangerous, especially when covered in snow and ice — mountaineering skills and equipment will be required. The Glyders are rugged, scrambly and very exposed to winds and storms with no shelter. Take care on the path across and between the summits of Glyder Fawr and Glyder Fach, it is indistinct in places with a steep drop alongside. Careful navigation required from Glyder Fach to the Miner's Track. After rain the Miner's Track is likely to be waterlogged in places. Short section alongside the busy road at Pen-y-Gwryd.

Accessibility

This is a physical route with stiles and narrow, steep and rocky paths — hands may be required in places.

Facilities

No public toilets on the route. Toilets, food and drink available at the YHA and public bar at the Pen-y-Gwryd Hotel.

Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit — learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emercencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.
- Complete a route notification card (yha.org.uk/route-card) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Robert Priday Simon Lightowler & Simon Ainley. Designed by HeylinSmith.com. Cover image: © Chris Andrews (cc-by-sa/2.0) geograph.org.uk/p/4407231



Glyder Fawr and Glyder Fach walk



214

YHA Snowdon Pen-y-Pass

Book your stay now yha.org.uk/stay-214

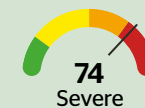
Mountain walk

A challenging route for experienced walkers through stunning mountain scenery. Excellent views across Snowdonia/ Eryri National Park throughout including Snowdon, Tryfan, Carneddi, Llanberis Pass and Ogwen.

Distance: 6.5 miles (10.5km)

Ascent: 860m (2,822ft)

Time: Allow 4h 45m to 7h



Partnered with



Route directions

Map: OS Explorer 1:25k (OL17) Snowdon / Yr Wyddfa

Start/Finish: Grid ref SH 647 556

what3words ///wage.rebel.mason

- 1 From the hostel turn right to the end of the building and cross the stile immediately on the right.
- 2 Pass through a gate, then onto the hill and follow a path which is indistinct in places.
- 3 Pass a small lake and continue, as the path steepens, through outcrops and rocky terrain to Glyder Fawr.
- 4 From the summit of Glyder Fawr follow the very rocky path and cairns down to the bwlch/col and then up past the cantilever stone to Glyder Fach.
- 5 Stay on the path over the summit of Glyder Fach.
- 6 Bear right to avoid the gully, staying on the Cambrian Way, then continue on the path above the edge.
- 7 A small cairn highlights a path dropping to the left, turn right at this point to reach the Miner's Track. The path is not always clear and passes through grass and boggy sections.
- 8 Descend towards trees near Pen-y-Gwryd Hotel.
- 9 At the road turn right and go straight ahead to pass the A4086 Llanberis road junction.
- 10 Follow the path on the right alongside the A498, then turn right and follow the path below and alongside the A4086 to Pen-y-Pass and to the hostel.

