

## Your Adventure Your Way

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YHA Members: Head to the member benefits area at [yha.org.uk/walk-os](https://yha.org.uk/walk-os) to find your discount code for an OS Maps Premium subscription

## Hazards

Road crossings. The old railway is shared with cyclists. In winter the route may become hazardous, especially if covered in snow and ice, and may require winter clothing and footwear.

## Accessibility

There are no stiles on the route. There are gates and paths less than one metre wide and steps in and out of Fitz Parks. Good track to the top of Latrigg. The route is mostly tarmac, smooth or crushed stone, but with small sections of beaten earth, rough grass or stones up to 4 cm in diameter. Some rain made gulleys on the ascent. There is a bench close to the top of Latrigg.

## Facilities

No facilities on the route. Food, drink and toilets available at the YHA and in Keswick.

## Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk ([metoffice.gov.uk](https://metoffice.gov.uk)).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at [yha.org.uk/walk-skills](https://yha.org.uk/walk-skills).
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit [relayuk.bt.com/emercencysms](https://relayuk.bt.com/emercencysms) or text 'register' to 999.
- For more information on staying safe in the outdoors visit [adventuresmart.uk](https://adventuresmart.uk).
- Complete a route notification card ([yha.org.uk/route-card](https://yha.org.uk/route-card)) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

## In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

For more walks or information on route grading and timings go to [yha.org.uk/map-guidance](https://yha.org.uk/map-guidance)

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Ludwik Michalek & Simon Ainley. Designed by HeylinSmith.com. Cover image: Simon Ainley



# Latrigg walk



204

**YHA Keswick**

Book your stay now [yha.org.uk/stay-204](https://yha.org.uk/stay-204)

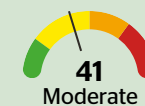
## Hill walk

A lovely walk on good paths to a single hilltop with stunning views of Keswick, Derwent Water and the Lake District beyond.

**Distance:** 6 miles (9.7km)

**Ascent:** 345m (1,132ft)

**Time:** Allow 3h 15m to 5h



Partnered with



## Route directions

**Map:** OS Explorer (OL4) English Lakes - North-western area

**Start/Finish:** Grid ref NY 267 235

**what3words** ///thankful.square.blogging

- 1 From the hostel head up the steps, turn left to cross the river, then turn left into Fitz Parks.
- 2 Turn right, pass to the right of the pavilion building and turn left after the pump track.
- 3 Turn right onto Brundholme Road.
- 4 Turn left onto Spoonygreen Lane and follow the well made path uphill on the Cumbria Way.
- 5 Turn right to head up the switch-back path and continue to the top.
- 6 Leave Latrigg to the east on the grass track, which becomes a farm track.
- 7 Turn right onto the road.
- 8 Turn left into Brundholme Wood and follow around the bend in the river.
- 9 Turn left, then turn right onto the old railway line.
- 10 Pass the old station, then turn left before the leisure centre.
- 11 Continue ahead onto Station Road, cross the bridge and to the hostel.

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