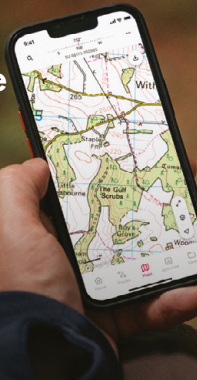


Your Adventure Your Way

Explore the world around you with OS Maps. Routes, mapping and navigation across the UK whenever and wherever you need it.

Find out more at os.uk/osm



Scan to download the app:



YHA Members: Head to the member benefits area at yha.org.uk/walk-os to find your discount code for an OS Maps Premium subscription

Hazards

Some walking on roads without pavements. Do not cross Galava Fort if the river is flooded, remain on Borrans Road. May be cattle grazing near the fort.

Accessibility

No stiles on the route. There are gates, including kissing gates, and paths less than one metre wide. To avoid the muddy section by the river and narrow gates use Borrans Road, though there are some narrow sections and a few absent dropped kerbs. Regular buses run from Ambleside to Waterhead.

Navigation

Following paths and roads. Grass paths around Galava Fort are less obvious.

Terrain

Mostly tarmac pavements and paths. Grass paths near the fort. May be muddy alongside the river.



Facilities (see map)

Toilets at YHA, Waterhead and in Ambleside. Shops – including walking shops in Ambleside. Food and drink at YHA and many options in Ambleside.



Seats on route



Not fully wheelchair accessible



Not a touch free route



Not fully pushchair accessible



Stile free

Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emercencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.

In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.

For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Ludwik Michalek & Simon Ainley. Designed by HeylinSmith.com. Cover image: David Matthew Lyons/AdobeStock



Galava Fort and Ambleside walk



182

YHA Ambleside

Book your stay now yha.org.uk/stay-182

Lakeside, riverside and town walk

An excellent walk and there is so much to see and do in and around Ambleside, including stunning views across the lake, the Roman Fort, a beautiful riverside path, sports and games facilities and museums, cafes and shops in the town.

Distance: 2.7 miles (4.4km)

Ascent: 34m (121ft)

Time: Allow 1h to 1h 45m



Partnered with



Route directions

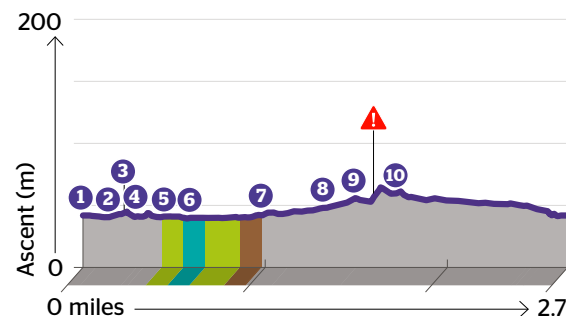
Map: OS Explorer 1:25k (OL7) English Lakes – South-eastern area

Start/Finish: Grid ref NY 376 030

what3words ///jots.feasts.cliff

- 1 From the hostel turn right, cross the car park and head alongside the lake.
- 2 Bear right to Borrans Road and turn left.
- 3 Turn left into Borrans Park and head towards the water.
- 4 Turn right to follow the path alongside the lake then head across the park to Galava Fort.
- 5 Cross the fort and bear left to a gravel path and gate in the corner of the grassed area, near the river. There are many paths leading from the fort and you may wish to explore for a while, if you move off the route then to continue the walk head to the river.
- 6 Follow the riverside path upstream and continue to the road.
- 7 Turn left, then bear right before the bridge onto Rothay Road (signposted Town Centre) and pass the playing fields.
- 8 Turn left onto Compston Road and follow it around to the right.
- 9 Turn left onto Rydal Road, cross the river, turn right onto Smithy Brow and right onto North Road.
- 10 Turn left onto Rydal Road, right onto Market Place, continue onto Lake Road and to the hostel.

Paved Grass
 Unpaved/flat Mud



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