

Your Adventure Your Way

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YHA Members: Head to the member benefits area at yha.org.uk/walk-os to find your discount code for an OS Maps Premium subscription

Hazards

Some walking on lanes and narrow roads without pavements. The Monsal Trail is shared with cyclists. Deep water close to the route. Do not walk this route if the river is flooded. The path after the stepping stones is very rocky and uneven in places, and requires scrambling on polished rocks above steep drops - which will be especially slippery after wet weather. Do not continue this way if you are not comfortable scrambling on exposed, slippery rocks - alternatives, with much flatter paths, are suggested.

Accessibility

There are lots of steps and steep and very uneven paths which require hands in a few places (alternatives available). There are gates and paths less than one metre wide. The Chee Tor tunnel on the Monsal Trail has lights, but is long and may cause anxiety for some people. The route can be shortened to 2.5 miles (4km), graded 20, by turning at the Millers Dale station.

Facilities

Toilets and café at the Millers Dale station and a pub in Millers Dale village.

Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emercencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.
- Complete a route notification card (yha.org.uk/route-card) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Jon Daniels & Simon Ainley. Designed by HeylinSmith.com. Cover image: © Matt Overd



Chee Dale Stepping Stones walk



076

YHA Ravenstor

Book your stay now yha.org.uk/stay-076

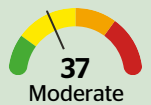
Old railway line and riverside walk

A stunning route on the Monsal Trail to the popular Chee Dale Stepping Stones, then back alongside the River Wye.

Distance: 4.9 miles (7.9km)

Ascent: 235m (771ft)

Time: Allow 2h 30m to 4h



Partnered with



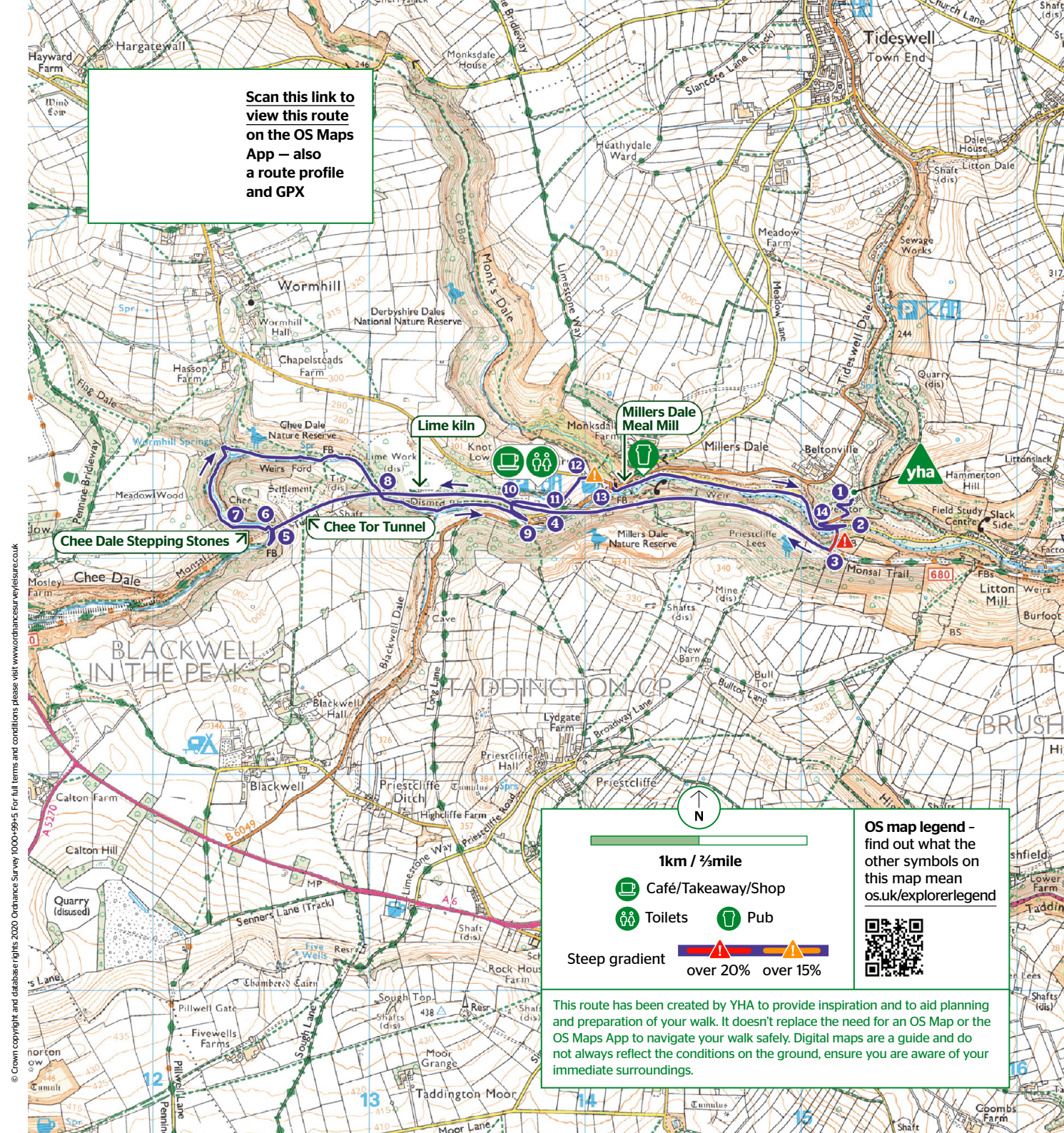
Route directions

Map: OS Explorer 1:25k (OL24) The Peak District – White Peak area

Start/Finish: Grid ref SK 152 732

what3words ///stores.coil.profile

- 1 From the hostel front steps walk straight ahead, cross a grass area and follow the zig zag path downhill.
- 2 At the road turn right, then turn left to cross the footbridge and head up the steps.
- 3 Turn right onto the Monsal Trail.
- 4 After the viaduct stay on the Monsal Trail and pass Millers Dale station.
- 5 After the Chee Tor Tunnel turn left immediately and head down to the river, then turn right to pass under the bridge.
- 6 Cross the footbridge and turn right, the Chee Dale Stepping Stones are just ahead.
- 7 From here the path alongside the river becomes very uneven and rocky. There are a few points where scrambling on polished stone above steep drops is required, which will be especially slippery after wet weather.
To avoid this section return to the Monsal Trail and either head through the tunnel, cross the bridge and take the path on the left down to the river to re-join the route at point 8, or retrace the route to the Millers Dale station and re-join the route at point 10.
- 8 Pass under the bridge and continue alongside the river.
- 9 Just before the gate to the road, turn left through the gap in the wall and head up the steps.
- 10 Cross the Monsal Trail, then bear right to head along the left hand platform at Millers Dale station.
- 11 Turn left to cross the car park to the road and turn left.
- 12 As the road bends to the left, take the footpath on the right. Head down a grassy slope to a gravel path and steps.
- 13 Cross the B6049 onto the smaller road signposted to Litton Mill (only).
- 14 Pass the footbridge on the right, then retrace the route to the hostel.



Scan this link to view this route on the OS Maps App – also a route profile and GPX

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OS map legend - find out what the other symbols on this map mean os.uk/explorerlegend

1km / 3/4 mile

Café/Takeaway/Shop
Toilets
Pub

Steep gradient
over 20% over 15%

This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.