

Your Adventure Your Way

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YHA Members: Head to the member benefits area at yha.org.uk/walk-os to find your discount code for an OS Maps Premium subscription

Hazards

This is a high-level route so proper preparation and equipment is necessary. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation. In winter conditions the route will become slippery and dangerous in places, especially when covered in snow and ice – winter skills and equipment will be required. Rocky path along the ridge of Tal y Fan with steep drops above the crags. The ground between Tal y Fan and the North Wales Path can be deceptively boggy and may flood in places after rain. Sheer drops on the ascent of Mynydd y Dref in places. Road crossings. Some walking along lanes and narrow roads without pavements.

Accessibility

There are stiles and steps on the route and paths and gates less than one metre wide. The route includes steep, uneven and rocky paths, heavy and uneven vegetation and boggy areas which can lead to slow progress.

Facilities

No toilets, shops or cafés on the route. Pub in Capelulo.

Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk)
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emergencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.
- Complete a route notification card (yha.org.uk/route-card) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Ruth Newhouse, Andrew Bannister, Simon Lightowler & Simon Ainley. Designed by HeylinSmith.com. Cover image: © Chris Andrews (cc-by-sa/2.0) geograph.org.uk/p/5493800



Tal y Fan & Mynydd y Dref walk



036

YHA Conwy

Book your stay now yha.org.uk/stay-036

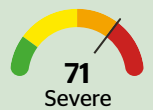
Hill and countryside walk

A long route with stunning panoramic views, popular peaks and remote areas requiring good navigation. Look out for stone circles near Cefn Coch and other antiquities near the summit of Mynydd y Dref.

Distance: 12.6 miles (20.2km)

Ascent: 885m (2,904ft)

Time: Allow 7h 15m to 11h 30m



Partnered with



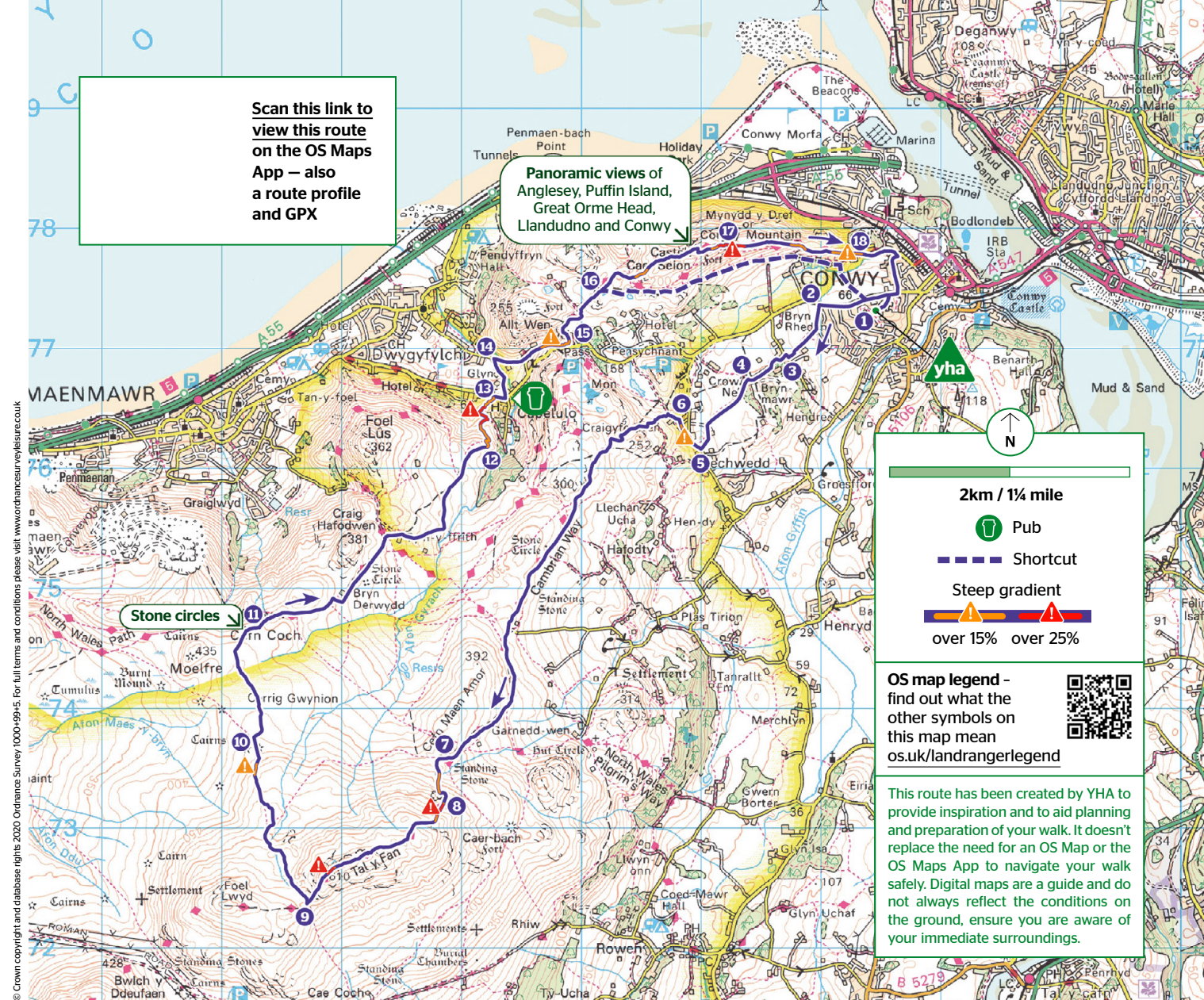
Route directions

Map: OS Explorer (OL17 Snowdon / Yr Wyddfa)

Start/Finish: Grid ref SH 774 773

what3words ///flushes.zeal.honeybees

- 1 From the hostel head down the driveway and turn left onto Sychnant Pass Road.
- 2 At the Snowdonia/Eryri National Park sign turn left to pass through the kissing gate. Continue ahead pass through another kissing gate into the field and head towards the trees in the distance.
- 3 At the road turn right, then left onto a tarmac lane. Follow the lane around at Middle House, bear right at Oakwood House.
- 4 Turn left at the footpath sign and follow the path through fields.
- 5 At the road turn right. At the first house bear left onto the footpath uphill.
- 6 When the path emerges in an open area near farm buildings, turn left and pass Craigyfedwen. Keep left to follow alongside the dry stone wall and join the Cambrian Way.
- 7 Pass the Maen Penddu standing stone and bear left to follow the path behind the mound at the disused quarry.
- 8 Pass a sheepfold, head uphill to the wall and follow it to traverse the ridge, passing the trig point on Tal y Fan.
- 9 When the slope begins to level turn right and follow a narrow and sometimes indistinct path into the valley. Careful navigation is required here as the area has few features. It may be boggy and overgrown, requiring small deviations from the path.
- 10 Head to the right of the small hill - Moelfre, join the clear path from it's summit and pass the stone circles.
- 11 Navigate carefully to the North Wales path and bear right to follow it past Bryn Derwydd and Ty'n-y-ffrith.
- 12 Head steeply downhill to Glyn-uchaf. Bear left at the buildings, then right and to the road in Capelulo.
- 13 Turn right and just before the pub take the footpath on the left.
- 14 At the road turn right, then as the road bends sharply, take the track ahead. Continue as the track narrows and bear left around the head of the valley.



- 15 After the steps turn left and follow the distinct path.
- 16 To avoid the climb over Conwy Mountain turn right to join the North Wales Path, continue to Mountain Road, then turn right to Sychnant Pass Road and to the hostel. Otherwise continue ahead and follow the most distinct path to the summit of Mynydd y Dref.

- 17 From the summit follow the undulating but clear descent heading in the direction of Conwy and the estuary.
- 18 Continue ahead onto Mountain Road, then bear right, turn right onto Cadnant Park, right onto Sychnant Pass Road and to the hostel.