

## Your Adventure Your Way

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YHA Members: Head to the member benefits area at [yha.org.uk/walk-os](https://yha.org.uk/walk-os) to find your discount code for an OS Maps Premium subscription

### Hazards

Road crossings. Some walking on lanes and narrow roads without pavements. Some paths are shared with cyclists. Deep water, strong tides, and mudflats close to the route. May be livestock in fields. Care required when descending the steeper sections of Conwy Mountain.

### Accessibility

There are stiles on the route, gates and paths less than one metre wide. The route includes crushed stone, grass paths and tarmac roads and paths. Exposed tree roots in places and sections of rough and uneven ground with large steps, deep ruts and large stones. Steps on the footbridge after Mountain Road. May be muddy in places after rain. Reduce the route to 5 miles (8km) by heading back to the hostel from Mountain Road and missing the town section.

### Facilities

Toilets and a variety of food and drink options in Conwy. No seats until Marine Drive by the Estuary, plenty of rocks to sit on Conwy Mountain.

### Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk ([metoffice.gov.uk](https://metoffice.gov.uk)) and check local tide times ([easytide.admiralty.co.uk](https://easytide.admiralty.co.uk)).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at [yha.org.uk/walk-skills](https://yha.org.uk/walk-skills).
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit [relayuk.bt.com/emergencysms](https://relayuk.bt.com/emergencysms) or text 'register' to 999.
- For more information on staying safe in the outdoors visit [adventuresmart.uk](https://adventuresmart.uk).
- Complete a route notification card ([yha.org.uk/route-card](https://yha.org.uk/route-card)) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

#### In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

For more walks or information on route grading and timings go to [yha.org.uk/map-guidance](https://yha.org.uk/map-guidance)

If you encounter problems with this route contact [walking@yha.org.uk](mailto:walking@yha.org.uk)

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Mathew Teasdale, Ruth Newhouse & Simon Ainley. Designed by HeylinSmith.com. Cover image: © Simon Ainley



# Mynydd y Dref (Conwy Mountain) walk



**YHA Conwy**

Book your stay now [yha.org.uk/stay-035](https://yha.org.uk/stay-035)

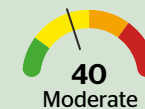
### Hill and countryside walk

A popular walk over Conwy Mountain, along the Estuary and through the town. Expect to see wild ponies, stunning panoramic views and historic buildings. Look out for evidence of Neolithic hut circles and an Iron Age hillfort near the summit of Mynydd y Dref.

**Distance:** 6.3 miles (10.1km)

**Ascent:** 361m (1,184ft)

**Time:** Allow 3h 15m to 5h



Partnered with





## Route directions

**Map:** OS Explorer (OL 17 Snowdon / Yr Wyddfa)

**Start/Finish:** Grid ref SH 774 773

**what3words** ///flushes.zeal.honeybees

- 1 From the hostel head down the driveway and turn left onto Sychnant Pass Road.
- 2 At the Snowdonia/Eryri National Park sign turn left to pass through the kissing gate. Continue ahead pass through another kissing gate into the field and head towards the trees in the distance.
- 3 At the road turn right, then left onto a tarmac lane. Follow the lane around at Middle House and bear right at Oakwood House.
- 4 Turn left onto the footpath and follow it through fields.
- 5 At the road turn right, then bear left onto the footpath uphill.
- 6 When the path emerges in an open area near farm buildings, bear right, then take the path on the left. Pass a small lake and bog at Gwern Engen and head towards the woodland.
- 7 Pass over a high stile and continue ahead with the woodland on your right. Keep right and emerge by a small car park.
- 8 Cross the road to the wide gravel track. Bear right and follow the most distinct path heading towards the summit.
- 9 From the summit follow the undulating but clear descent heading in the direction of Conwy and the estuary.
- 10 At Mountain Road bear left. Continue onto the path between Beechwood Court and the private road, cross the railway at the footbridge and cross Bangor Road onto Morfa Drive.
- 11 Turn right between the school and car park. Before reaching the woods take the narrow path on the left.
- 12 Turn right onto Marine Walk to follow alongside the estuary. When the path emerges onto a narrow road, bear left onto Lower Gate Street, through the town wall and along the quayside.
- 13 At the RNLI building head up the ramp and through the town wall.
- 14 Turn right onto Castle Street. At the Bluebell pub cross the road to the gates and pass through the churchyard.

