

Your Adventure Your Way

Explore the world around you with OS Maps. Routes, mapping and navigation across the UK whenever and wherever you need it.

Find out more at os.uk/osm



Scan to download the app:



YHA Members: Head to the member benefits area at yha.org.uk/walk-os to find your discount code for an OS Maps Premium subscription

Hazards

Some walking on lanes and narrow roads without pavements. This is a high-level mountain route so proper preparation and equipment is necessary. The higher parts of the route regularly have low visibility, make sure you know where you are at all times and have a map and compass for navigation. In winter conditions the route will become slippery and dangerous, especially when covered in snow and ice – mountaineering skills and equipment will be required. The mountain paths are steep, rocky and uneven with loose rocks in places. The route passes along steep crags and crosses large boulder fields. Some scrambling using hands is required. Care is especially required on the boulder fields and scree sections on the final ascent of Scafell Pike, near Piers Gill and descending the Corridor Route. This is a long route and progress will be slowed by poor conditions – make sure you have enough daylight to complete the route.

Accessibility

This is a physical route with narrow, steep and rocky paths – hands are required in places.

Facilities

Toilets available at Seatoller and Seathwaite Farm. Snacks and hot drinks vending machines at Seathwaite Farm. Payphones at Seatoller and Seathwaite – mobile phone reception can be poor.

Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emercencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.
- Complete a route notification card (yha.org.uk/route-card) to provide essential information for the Emergency Services if you do not return when expected.
- Check all members of the group have the fitness and skills to complete the route.

In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.
- To attract attention shout or give six blasts on a whistle at regular intervals. In low light flash a torch six times at regular intervals.
- If you can send someone for help, they need to know your location, number of people in the group and the nature of the emergency.

For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Chris Edis, Aaron Jones, Andrew Turnbull, Simon Lightowler & Simon Ainley. Designed by HeylinSmith.com. Cover image: Nigel/AdobeStock



Scafell Pike walk



YHA Borrowdale

Book your stay now yha.org.uk/stay-010

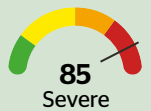
Mountain walk

An exhilarating walk to England's highest peak with amazing views and pretty gills and tarns.

Distance: 12.9 miles (20.7km)

Ascent: 1,095m (3,593ft)

Time: Allow 8h 15m to 12h 45m



Partnered with



Route directions

Map: OS Explorer (OL4) English Lakes - North-western area & OS Explorer (OL6) English Lakes - South-western area

Start/Finish: Grid ref NY 255 142

what3words ///octagon.puzzle.insist

- 1 From the hostel turn right and follow the track along the edge of Johnny Wood (use the chains to aid progress on the slippery slabs) to the Glaramara buildings.
- 2 At the road turn left, then turn right to cross Seatoller Bridge. Follow the road to the end, pass the car park and head through Seathwaite Farm.
- 3 Go through the gate and head uphill on the rough track.
- 4 Pass over Stockley Bridge, pass through the gate and turn left to continue alongside Grains Gill.
- 5 When the ground briefly plateaus bear left, then bear right and continue to Esk Hause.
- 6 At the crossroads turn right and follow the path and cairns over Ill Crag and Broad Crag.

Scan this link to view this route on the OS Maps App – also a route profile and GPX

Stockley Bridge, 18th Century packhorse bridge


1km / ½mile

Toilets Payphone

Café/Takeaway/Shop

Steep gradient
over 25% over 35%

OS map legend - find out what the other symbols on this map mean
os.uk/explorlegend



This route has been created by YHA to provide inspiration and to aid planning and preparation of your walk. It doesn't replace the need for an OS Map or the OS Maps App to navigate your walk safely. Digital maps are a guide and do not always reflect the conditions on the ground, ensure you are aware of your immediate surroundings.

- 7 Take care scrambling down into the gill, and again on the scramble up Scafell Pike.
- 8 Leave the summit to the west and follow the path until you reach Lingmell Coll. Bear right at the cairn, pass the top of Piers Gill and bear right to follow the Corridor Route downhill.
- 9 Pass Spout Head and up a brief scramble on good holds, then bear left uphill to Sty Head.
- 10 Turn Right at the Mountain Rescue post and follow the well trodden path past Styhead Tarn.
- 11 Cross the footbridge and continue down Styhead Gill. Pass through Greenhow Knott, cross Stockley Bridge and take the same path back to Seathwaite Farm.
- 12 Just before the farm turn right onto the public footpath and follow this along the valley floor. Pass Thorneythwaite Farm, cross the main road, follow the path over Folly's Bridge and retrace your steps to the hostel.