

Your Adventure Your Way

Explore the world around you with OS Maps. Routes, mapping and navigation across the UK whenever and wherever you need it.

Find out more at os.uk/osm



Scan to download the app:



YHA Members: Head to the member benefits area at yha.org.uk/walk-os to find your discount code for an OS Maps Premium subscription

Hazards

Road crossings. Some walking on lanes and narrow roads without pavements. Short section along the busy B5289 without pavement. Deep water in the river. May be livestock in fields.

Accessibility

There are stiles and steps on the route and gates and paths less than one metre wide.

Navigation

Following obvious paths and roads or well trodden rights of way through fields. Rights of way are well signposted.

Terrain

Mostly good paths with some tarmac roads, grass and gravel. Includes some rough ground with ruts or stones exceeding 10cm.



Facilities (see map)

Seasonal tea rooms and toilets in Rosthwaite. Pub in Stonethwaite.



A few seats near bus stops (see map)



Not wheelchair accessible



Not a touch free route



Not pushchair accessible



Not stile free

Before you go:

- Check the local weather forecast and whether there is enough daylight to complete the walk (metoffice.gov.uk).
- Ensure you are wearing suitable clothing and footwear for the route and weather, and that you take the right kit – learn more at yha.org.uk/walk-skills.
- Download the OS Maps and what3words apps to your phone.
- To be able to contact emergency services by text visit relayuk.bt.com/emercencysms or text 'register' to 999.
- For more information on staying safe in the outdoors visit adventuresmart.uk.

In case of emergency:

- Contact 999 and use OS Maps or what3words to help pinpoint your location.

For more walks or information on route grading and timings go to yha.org.uk/map-guidance

If you encounter problems with this route contact walking@yha.org.uk

Walking has been at the heart of YHA since 1930, helping people access the great outdoors. Today, YHA continues to make adventures possible with mapped routes and affordable hostel stays across England and Wales. Our hostels are ideal for walkers, with drying rooms, self-catering kitchens, and great trails from the doorstep. We're committed to making adventure accessible to everyone, with walks for all abilities and guided walking events that connect people to nature, heritage, and each other.

Supported by

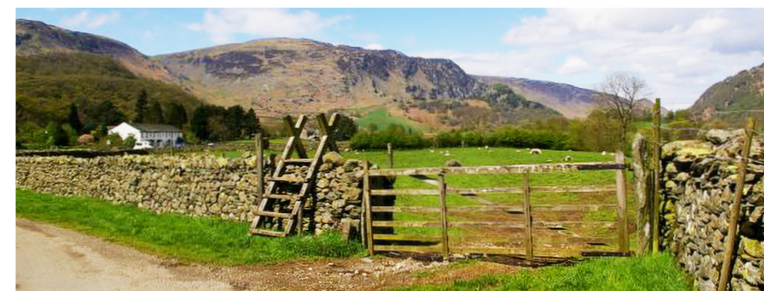
Share your walks



Produced by Matt Overd (<https://walkingpace.uk>). Contributions from Chris Edis, Aaron Jones, Andrew Turnbull & Simon Ainley. Designed by HeylinSmith.com. Cover image: © Charles Rispin (cc-by-sa/2.0) geograph.org.uk/p/238267



Rosthwaite and Stonethwaite Beck walk



YHA Borrowdale

Book your stay now yha.org.uk/stay-008

Village and riverside walk

A walk through Lake District villages providing great views of the surrounding hills and a peaceful riverside path.

Distance: 2.2 miles (3.6km)

Ascent: 42m (138ft)

Time: Allow 1h to 1h 30m



Partnered with



Route directions

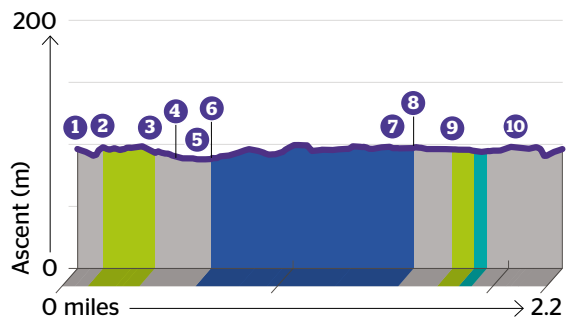
Map: OS Explorer (OL4) English Lakes - North-western area

Start/Finish: Grid ref NY 255 142

what3words ///octagon.puzzle.insist

- 1 From the hostel turn left, head along the driveway and follow the road across the bridge.
- 2 Take the footpath on the left between the houses and follow the path through fields.
- 3 Pass through the wall near the houses, turn right, then turn left onto the small road (Howe Lane) and head through the village.
- 4 At Oak Cottage bear left and turn right by the tea rooms.
- 5 At the main road turn left and take the road on the right between the bus stops.
- 6 Cross the bridge and immediately turn right onto the lower track to follow alongside the river.
- 7 Take the first path on the right to cross the river at Stonethwaite Bridge.
- 8 At the road turn right.
- 9 When the road bends to the left continue ahead to follow the path across the field and rejoin the road.
- 10 Cross over the main road and head along the driveway to the hostel.

● Paved
 ● Grass
 ● Rock/uneven
● Unpaved/flat



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